



# 2021 SAN DIEGO STATE TRACK & FIELD

## 2021 Schedule

### February

25 Utah Dual Meet 1st

### March

25-27 Aztec Invitational 2nd

### April

7 Mountain West Challenge 1st

9-10 Franson Classic Azusa, Calif. 1st

10 Triton Invitational 1st

16-17 Long Beach Invitational LBSU

29-30 UCR Invitational (Track) UCR

30 May 1 LBSU Throws/Jumps Fest LBSU

### May

13-15 MW Outdoor Champs Clovis, Calif.

27 & 29 NCAA West Prelims Texas A&M

### June

10-12 NCAA Outdoor Champs Oregon

### This Week's Entries

#### 4x400m Relay

Brosch, Hoyte, Harris, McNeil, Watt, Moore

#### 100m Dash

Tai McDonald  
Jada Moore  
Aisha Watt

#### Pole Vault

Delaney Fields  
Elizabeth Funk  
Kaitlin Heri

#### 200m Dash

Danae Dyer  
Jalyn Harris  
Tai McDonald  
Jada Moore  
Aisha Watt

#### Long Jump

Vanessa Spizewski

#### 400m Dash

Jalyn Harris

#### High Jump

Sara Absten  
Jade Cany  
Ruthie Grant-Williams  
Asia Smith  
Thaila Wilson

#### 800m Run

Lauren Harper  
Nyjari McNeil

#### Triple Jump

Jade Cany  
Simone Johnson  
Lauryn Moore

#### 1,500m Run

Emily Burd  
Jessica Kain

#### Discus Throw

Cari Acosta  
Jordyn Bryant  
Felicia Crenshaw  
Erica Grotegeer

#### 5,000m Run

Emily Burd  
Lauren Harper  
Jessica Kain  
Carlene Masar

#### Shot Put

Jordyn Bryant  
Felicia Crenshaw  
Erica Grotegeer

#### 10,000m Run

Carlene Masar

#### 100m Hurdles

Sara Absten  
Danae Dyer  
Asia Smith

#### Hammer Throw

Cari Acosta  
Felicia Crenshaw

#### 400m Hurdles

Maya Brosch  
Carina Clark  
Rhea Hoyte

#### Javelin Throw

Thaila Wilson

#### 4x100m Relay

Moore, Harris, McDonald, Dyer, Watt

#### Heptathlon

Ruthie Grant-Williams  
Asia Smith  
Thaila Wilson

## Meet Week Preview

Mountain West Outdoor Championships – May 13-15

Clovis, Calif. – Veterans Memorial Stadium (Hosted by Fresno State)

The Aztecs will be competing in the Mountain West Outdoor Championships Thursday-Saturday. The meet has been condensed from four to three days and will be streamed on the Mountain West Network. It will take place at Veterans Memorial Stadium in Clovis, Calif. (hosted by Fresno State) for the fourth consecutive time.

The meet begins Thursday at 4 p.m. with the first four events of the heptathlon and the 10,000m which Carlene Masar will be running in. The heptathlon continues Friday beginning at 10:30 a.m. Also on Friday will be the finals for the hammer throw (3 p.m.), long jump (4 p.m.), pole vault (6 p.m.) and shot put (7 p.m.) in addition to the prelims for all track events where the top eight finishers will advance to Saturday's finals.

Finals for the javelin (1 p.m.), triple jump (5 p.m.), discus (6 p.m.) and high jump (7 p.m.) are on Saturday. The meet ends with the 4x400m relay at 9:55 p.m. which the Aztecs have won in the last two outdoor championships. SDSU will have an entry in every event except for the 3,000m steeplechase.

Fans will be allowed at the championships in a limited capacity. Institutions will submit a pass list to the Conference office. Further details concerning online ticket sales are still being finalized and are forthcoming per the conference.

## Aztec Tidbits

- The Aztecs have won four of the last seven Mountain West Outdoor Championships. Colorado State has won the other three.
- SDSU last won in 2018 and took second in 2019. The 2020 championships were canceled due to COVID-19 safety protocols.
- The Aztecs have finished third or higher in each of the last seven championships.
- SDSU has won three of the last four 4x100m relays and the last two 4x400m relays.
- Entering the championships, eight Aztecs have marks that would qualify them for the NCAA West Prelims May 27 & 29 at Texas A&M. Athletes must rank in the top 48 in their region to qualify and relays must be in the top 24. The top 24 heptathletes in the nation will be accepted directly into the NCAA Championships.
- The Aztecs are ranked in the top 15 nationally in the USTFCCA event squad rankings in three events: discus (10th), pole vault (10th) and 400m hurdles (11th).
- Eight Aztecs have recorded marks that put them in the top ten all-time in SDSU's outdoor history: Jessica Kain (4th 1,500m 4:23.83), Jordyn Bryant (4th in shot put 51-03.50 & 8th in discus throw 172-5), Kaitlin Heri (5th pole vault, 14-00.00), Simone Johnson (5th in triple jump, 42-03.50), Carlene Masar (5th 10,000m, 35:27.53), Maya Brosch (9th in 400m hurdles, 58.74) and Felicia Crenshaw (9th hammer throw, 165-4).

## Where the Aztecs Rank

Select Aztecs will head to Texas A&M for the NCAA West Prelims (May 27 & 29). The athletes listed below are currently ranked in the top 48 of the West region and would qualify for the prelims.

Athlete	Reg. Rank	Nat. Rank	MW Rank	Event	Time/Mark	Date
Kaitlin Heri	T-6	T-13	1	Pole vault	14-00.00	Apr. 7
Maya Brosch	20	41	1	400m hurdles	58.74	Mar. 25
Rhea Hoyte	23	48	2	400m hurdles	59.02	Apr. 30
Danae Dyer	27	55	1	100m hurdles	13.42	Apr. 7
Jada Moore	T-28	T-62	3	100m dash	11.50w	Mar. 25
Simone Johnson	30	T-50	2	Triple Jump	42-03.50	Apr. 16
Jordyn Bryant	30	59	2	Discus throw	172-5	Mar. 25
Erica Grotegeer	31	63	3	Discus throw	171-5	Apr. 7
Jordyn Bryant	45	88	5	Shot put	51-03.50	Apr. 30

## Roster Breakdown

### By Class

#### Seniors (12)

Cari Acosta, Anaya Alexander, Maya Brosch, Emily Burd, Callista Fletcher, Jalyn Harris, Kaitlin Heri, Lauryn Moore, Renee Phillips, Sakura Roberson, Molly Scharmann, Asia Smith

#### Juniors (21)

Sara Absten, Alysia Allen, Jordyn Bryant, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Kasey Ebb, Delaney Fields, Erica Grotegeer, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Quinn Wiley

#### Sophomores (12)

Alexus Alexander, Onyi Anigbogu, Corey Freidenbach, Elizabeth Funk, Izzy Gartner, Bella Goode, Ruthie Grant-Williams, Lauren Harper, Jessica Kain, Alex Lomeli, Jada Moore, Aisha Watt

#### Freshmen (7)

Amber Elias, Rhea Hoyte, Jazmin Jackson, Simone Johnson, Kaitlyn Swenson, Bailey Watts, Thaila Wilson

### By Home State/Country

**California (39)** - Cari Acosta, Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Maya Brosch, Jordyn Bryant, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Freidenbach, Elizabeth Funk, Bella Goode, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Carlene Masar, Tai McDonald, Lauryn Moore, Renee Phillips, Natalie Regalado, Sakura Roberson, Molly Scharmann, Asia Smith, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Kaitlyn Swenson, Dejanae Thompson, Bailey Watts

**Washington (3)** - Sara Absten, Aisha Watt, Quinn Wiley

**Maryland (2)** - Kasey Ebb, Nyjari McNeil

**Florida (1)** - Carina Clark

**Minnesota (1)** - Izzy Gartner

**Missouri (1)** - Jada Moore

**Nevada (1)** - Alysia Allen

**Oregon (1)** - Delaney Fields

**Pennsylvania (1)** - Emily Burd

**Barbados (1)** - Rhea Hoyte

**Jamaica (1)** - Thaila Wilson

### By Event Group

#### Distance (8)

Emily Burd, Paige Comiso, Isabelle Davis, Amber Elias, Carlene Masar, Renee Phillips, Naomi Smitham, Bailey Watts

#### Hurdles (7)

Maya Brosch, Carina Clark, Danae Dyer, Rhea Hoyte, Jazmin Jackson, Asia Smith, Quinn Wiley

#### Jumps (10)

Jade Cany, Izzy Gartner, Jazmin Jackson, Simone Johnson, Lauryn Moore, Asia Smith, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Thaila Wilson

#### Mid-Distance (10)

Emily Burd, Bella Goode, Lauren Harper, Jessica Kain, Alex Lomeli, Nyjari McNeil, Renee Phillips, Sakura Roberson, Naomi Smitham, Bailey Watts

#### Multi's (4)

Sara Absten, Ruthie Grant-Williams, Asia Smith, Thaila Wilson

#### Pole Vault (6)

Alysia Allen, Corey Freidenbach, Elizabeth Funk, Kaitlin Heri, Molly Scharmann, Kaitlyn Swenson

#### Sprints (13)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Kasey Ebb, Callista Fletcher, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Quinn Wiley, Aisha Watt

#### Throws (5)

Cari Acosta, Onyi Anigbogu, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

## 2021 SDSU Track and Field Alphabetical Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Jr.	Burlington, Wash. (IMG Academy)
Cari Acosta	Throws	Sr.	Clovis, Calif. (Buchanan High)
Alexus Alexander	Sprints	So.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Long Beach, Calif. (Iowa)
Alysia Allen	Pole Vault	Jr.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	So.	Corona, Calif. (Santiago HS)
Maya Brosch	Hurdles	Sr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	Jr.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Sr.	Havertown, Pa. (Pittsburgh)
Jade Cany	Jumps	Jr.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	Jr.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	Jr.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	Jr.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	Jr.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	Jr.	Temecula, Calif. (Temecula Valley High)
Kasey Ebb	Sprints	Jr.	Accokeek, Md. (Bullis High)
Amber Elias	Distance	Fr.	Napa, Calif. (Vintage HS)
Delaney Fields	Pole Vault	Jr.	Eugene, Ore. (Lane CC)
Callista Fletcher	Sprints	Sr.	San Diego, Calif. (Scripps Ranch HS)
Corey Freidenbach	Pole Vault	So.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	So.	Fresno, Calif. (Clovis West High)
Izzy Gartner	Jumps	So.	Byron, Minn. (Byron High)
Bella Goode	Mid-Distance	So.	Tustin, Calif. (Foothill High)
Ruthie Grant-Williams	Multi's	So.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	Jr.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	So.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Sr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	Fr.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	Fr.	Thousand Oaks, Calif. (Chaminade College Prep)
Simone Johnson	Sprints/Jumps	Fr.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	So.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	So.	Los Angeles, Calif. (Notre Dame Academy High)
Carlene Masar	Distance	Jr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Jr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Jr.	Reistertown, Md. (Franklin High)
Jada Moore	Sprints	So.	St. Louis, Mo. (Pattonville High)
Lauryn Moore	Sprints/Jumps	Sr.	Oakland, Calif. (Bishop O'Dowd High)
Renee Phillips	Mid-Distance/Distance	Sr.	San Diego, Calif. (Coronado High)
Natalie Regalado	Mid-Distance	Jr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Sr.	San Diego, Calif. (La Jolla High)
Molly Scharmann	Pole Vault	Sr.	Trabuco Canyon, Calif. (Washington State)
Asia Smith	Multi's	Sr.	Escondido, Calif. (Mission Hills High)
Naomi Smitham	Distance	Jr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Jr.	San Diego, Calif. (Rancho Buena Vista High)
Alanna Stein	Jumps	Jr.	Temecula, Calif. (Sacramento State)
Kaitlyn Swenson	Pole Vault	Fr.	Temecula, Calif. (Great Oak High)
Dejanae Thompson	Jumps	Jr.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	So.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	Fr.	Foothill Ranch, Calif. (Trabuco Hills HS)
Quinn Wiley	Sprints/Hurdles	Jr.	Seattle, Wash. (Chief Sealth High)
Thaila Wilson	Multi's/Jumps	Fr.	St. Catherine, Jamaica (Hydel High)

### Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 12th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Eighth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), First season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fourth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 26th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fourth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), First season





## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

### 100-Meter Hurdles (PR: 13.35 (April 17, 2021))

13.87	1st	Utah Dual Meet	Feb. 25
13.68	4th	Aztec Invitational	March 27
13.42	1st	Mountain West Challenge	April 7
13.57	1st	Triton Invitational	April 10
13.35	4th	Long Beach Invitational	April 17

### 4x100-Meter Relay

45.36	1st	Utah Dual Meet	Feb. 25
45.20	4th	Aztec Invitational	March 27
45.99	1st	Triton Invitational	April 10

### Kasey Ebb

5-5 | Jr. | Accokeek, Md. | Bullis HS  
**200 Meters (PR: 25.01 (March 30, 2019))**  
**400 Meters (PR: 55.77 (March 30, 2019))**

### Amber Elias

5-4 | Fr. | Napa, Calif. | Napa HS  
**3,000 Meters (PR: 10:33.67 (April 7, 2021))**  
 10:37.85 5th Utah Dual Meet Feb. 25  
 10:33.67 4th Mountain West Challenge April 7  
**5,000 Meters (PR: 17:56.32 (April 29, 2021))**  
 18:16.58 12th Aztec Invitational March 27  
 17:56.32 6th UCR Distance Invitational April 29  
**10,000 Meters (PR: 38:39.92 (April 17, 2021))**  
 38:39.92 16th Bryan Clay Invitational April 17

### Delaney Fields

5-11 | Jr. | Eugene, Ore. | Churchill HS (Lane CC)  
**Pole Vault (PR: 12-02.00 (April 10, 2021))**  
 11-10.50 10th Aztec Invitational March 27  
 12-00.50 5th Mountain West Challenge April 7  
 12-02.00 T-2nd Triton Invitational April 10  
 11-05.75 T-4th Long Beach Invitational April 17  
 11-05.75 8th LBSU Throws/Jumps Fest May 1

### Corey Freidenbach

5-10 | So. | Santa Cruz Calif. | Pacific Collegiate School (Air Force)  
**Pole Vault (PR: 11-11.25 (May 11, 2019))**

### Elizabeth Funk

5-7 | So. | Fresno, Calif. | Clovis West HS  
**Pole Vault (PR: 13-00.25 (Feb. 25, 2021))**  
 13-00.25 2nd Utah Dual Meet Feb. 25  
 12-10.25 8th Aztec Invitational March 27  
 13-00.25 2nd Mountain West Challenge April 7  
 12-02.00 T-2nd Triton Invitational April 10  
 12-11.50 2nd Long Beach Invitational April 17  
 12-05.50 4th LBSU Throws/Jumps Fest May 1

### Izzy Gartner

6-0 | So. | Byron, Minn. | Byron HS  
**High Jump (PR: 5-01.25 (Feb. 25, 2021))**  
 5-01.25 4th Utah Dual Meet Feb. 25

### Bella Goode

5-5 | So. | Tustin, Calif. | Foothill HS

### Ruthie Grant-Williams

5-9 | So. | Coronado, Calif. | Coronado HS  
**200 Meter Dash**  
 26.74 (w, hp) 4th Aztec Invitational March 25  
 25.93 (w, hp) 2nd Franson Classic April 9  
**100-Meter Hurdles (PR: 14.96 (April 9, 2021))**  
 15.18 5th Utah Dual Meet Feb. 25  
 14.86 (w, hp) 3rd Aztec Invitational March 25  
 14.95 (hp) 7th Franson Classic April 9  
**Long Jump (PR: 17-07.00 (March 25, 2021))**  
 17-07.00 (hp) 3rd Aztec Invitational March 26  
 17-09.00 (w, hp) 6th Franson Classic April 10  
 17-01.50 7th Long Beach Invitational April 17  
 17-03.25 6th LBSU Throws/Jumps Fest May 1

### High Jump (PR: 5-07.25 (Feb. 25, 2021))

5-07.25	1st	Utah Dual Meet	Feb. 25
5-05.75 (hp)	T-1st	Aztec Invitational	March 25
5-03.00	11th	Aztec Invitational	March 27
5-05.00 (hp)	T-1st	Franson Classic	April 9
5-03.00	6th	Long Beach Invitational	April 17

### Shot Put (PR: 35-03.00 (April 7, 2021))

32-09.00	6th	Utah Dual Meet	Feb. 25
33-09.25 (hp)	5th	Aztec Invitational	March 25
35-03.00	12th	Mountain West Challenge	April 7
33-04.00 (hp)	7th	Franson Classic	April 9
34-02.00	11th	Long Beach Invitational	April 16

### Javelin Throw (PR: 97-9 (April 10, 2021))

93-6 (hp)	4th	Aztec Invitational	March 25
90-0	9th	Mountain West Challenge	April 7
97-9 (hp)	6th	Franson Classic	April 10

### Heptathlon (PR: 4,687 points (April 10, 2021))

4,687	6th	Franson Classic	April 10
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### Erica Grotegeer

5-7 | Jr. | Plumas Lake, Calif. | Wheatland Union HS  
**Shot Put (PR: 44-09.00 (Feb. 25, 2021))**  
 44-09.00 2nd Utah Dual Meet Feb. 25  
 40-09.50 6th Mountain West Challenge April 7  
 42-05.50 3rd Triton Invitational April 10  
 39-10.50 9th Long Beach Invitational April 16  
 38-07.50 11th LBSU Throws/Jumps Fest April 30  
**Discus Throw (PR: 175-0 (May 11, 2019))**  
 165-8 1st Utah Dual Meet Feb. 25  
 171-5 1st Mountain West Challenge April 7  
 165-11 1st Triton Invitational April 10  
 158-8 3rd Long Beach Invitational April 16  
 155-3 2nd LBSU Throws/Jumps Fest April 30

### Lauren Harper

5-11 | So. | Weaverville, Calif. | Trinity HS  
**800 Meters (PR: 2:12.87 (April 16, 2021))**  
 2:19.38 4th Utah Dual Meet Feb. 25  
 2:16.01 6th Mountain West Challenge April 7  
 2:12.87 2nd Long Beach Invitational April 16  
 2:13.42 1st UCR Distance Invitational April 29  
**1,500 Meters (PR: 4:36.64 (Feb. 25, 2021))**  
 4:36.64 3rd Utah Dual Meet Feb. 25  
 5:06.11 10th Long Beach Invitational April 16  
**4x400 Meter Relay**  
 4:07.47 4th Mountain West Challenge April 7

### Jalyn Harris

5-10 | Sr. | Rancho Cucamonga, Calif. | Rancho Cucamonga HS  
**100 Meters (PR: 11.97 (April 10, 2021))**  
 11.97 1st Triton Invitational April 10  
**200 Meters (PR: 23.82 (May 12, 2018))**  
 24.42 1st Utah Dual Meet Feb. 25  
 24.08 2nd Mountain West Challenge April 7  
 24.26 9th Long Beach Invitational April 17  
**400 Meters (PR: 53.59 (May 12, 2018))**  
 54.09 3rd Aztec Invitational March 27  
 54.15 1st Mountain West Challenge April 7  
 54.21 8th Long Beach Invitational April 17  
 54.84 1st UCR Sprints Invitational April 30  
**4x100 Meter Relay**  
 45.20 4th Aztec Invitational March 27  
**4x400-Meter Relay**  
 3:42.44 1st Utah Dual Meet Feb. 25  
 3:41.35 1st UCR Sprints Invitational April 30

### Kaitlin Heri

5-6 | Sr. | Redondo Beach, Calif. | Redondo Union  
**Pole Vault (PR: 14-00.00 (April 7, 2021))**  
 13-04.25 1st Utah Dual Meet Feb. 25  
 13-06.25 2nd Aztec Invitational March 27  
 14-00.00 1st Mountain West Challenge April 7  
 13-06.25 1st Triton Invitational April 10

13-03.50	1st	Long Beach Invitational	April 17
13-01.50	1st	LBSU Throws/Jumps Fest	May 1

### Rhea Hoyte

5-7 | Fr. | St. Michael, Barbados | The St. Michael School  
**200 Meter Dash (PR: 24.87 (March 27, 2021))**  
 24.87 20th Aztec Invitational March 27

### 400 Meters (PR: 56.96 (Feb. 25, 2021))

56.86	4th	Utah Dual Meet	Feb. 25
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### 400 Meter Hurdles (59.02 (April 30, 2021))

1:01.85	3rd	Mountain West Challenge	April 7
1:02.04	1st	Triton Invitational	April 10
1:01.84	2nd	Long Beach Invitational	April 17
59.02	1st	UCR Sprints Invitational	April 30

### 4x100-Meter Relay

48.19	3rd	Utah Dual Meet	Feb. 25
46.54	1st	Mountain West Challenge	April 7

### 4x400-Meter Relay

3:42.44	1st	Utah Dual Meet	Feb. 25
3:42.83	4th	Aztec Invitational	March 27

### Jazmin Jackson

5-7 | Fr. | Thousand Oaks, Calif. | Chaminade College Prep

### Simone Johnson

5-7 | Fr. | Fresno, Calif. | Central HS  
**Long Jump (PR: 17-00.00 (Feb. 25, 2021))**  
 17-00.00 3rd Utah Dual Meet Feb. 25  
**Triple Jump (PR: 42-03.50 (April 17, 2021))**  
 38-09.75 3rd Utah Dual Meet Feb. 25  
 37-10.75 7th Aztec Invitational March 27  
 39-02.25 2nd Triton Invitational April 10  
 42-03.50 (5) 2nd Long Beach Invitational April 17  
 FOUL LBSU Throws/Jumps Fest May 1

### Jessica Kain

5-7 | So. | Scotts Valley, Calif. | Scotts Valley HS  
**800 Meter (PR: 2:20.17 (Feb. 25, 2021))**  
 2:20.17 6th Utah Dual Meet Feb. 25  
**1,500 Meters (PR: 4:23.83 (April 29, 2021))**  
 4:35.09 1st Utah Dual Meet Feb. 25  
 4:31.18 4th Aztec Invitational March 27  
 4:31.33 1st Long Beach Invitational April 16  
 4:23.83 (4) 2nd UCR Distance Invitational April 29  
**3,000 Meters (PR: 10:01.50 (April 7, 2021))**  
 10:01.50 1st Mountain West Challenge April 7

### Alex Lomeli

5-3 | So. | Los Angeles, Calif. | Notre Dame Academy HS  
**800 Meters (PR: 2:14.71 (April 16, 2021))**  
 2:19.74 5th Utah Dual Meet Feb. 25  
 2:16.11 6th Aztec Invitational March 27  
 2:14.71 6th Long Beach Invitational April 16  
 2:17.53 5th UCR Distance Invitational April 29  
**1,500 Meters (PR: 4:41.77 (April 7, 2021))**  
 4:41.77 5th Mountain West Challenge April 7  
**4x400 Meter Relay**  
 4:07.47 4th Mountain West Challenge April 7

### Carlene Masar

5-7 | Jr. | Jamul, Calif. | Steele Canyon HS  
**1,500 Meters (PR: 4:37.98 (April 7, 2021))**  
 4:37.98 3rd Mountain West Challenge April 7  
**3,000 Meters (PR: 10:15.02 (Feb. 25, 2021))**  
 10:15.02 3rd Utah Dual Meet Feb. 25  
**5,000 Meters (PR: 17:34.01 (March 27, 2021))**  
 17:34.01 3rd Aztec Invitational March 27  
**10,000 Meters (PR: 35:27.53 (April 17, 2021))**  
 35:27.53 (5) 6th Bryan Clay Invitational April 17

### Tai McDonald

5-4 | Jr. | Sacramento, Calif. | Sheldon HS  
**100 Meters (PR: 12.09 (March 27, 2021))**

## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

12.26	3rd	Utah Dual Meet	Feb. 25
12.09	13th	Aztec Invitational	March 27
12.13	5th	UCR Sprints Invitational	April 30
<b>200 Meters (PR: 24.69 (April 19, 2019))</b>			
25.01	21st	Aztec Invitational	March 27
<b>4x100-Meter Relay</b>			
45.36	1st	Utah Dual Meet	Feb. 25
45.20	4th	Aztec Invitational	March 27
45.99	1st	Triton Invitational	April 10
<b>4x400-Meter Relay</b>			
3:49.87	3rd	Utah Dual Meet	Feb. 25

### Nyjari McNeil

<b>5-8   Jr.   Reisterstown, Md.   Franklin HS</b>			
<b>200 Meters (PR: 25.53 (April 7, 2021))</b>			
25.53	9th	Mountain West Challenge	April 7
<b>400 Meters (PR: 53.52 (May 11, 2019))</b>			
55.88	1st	Utah Dual Meet	Feb. 25
55.36	9th	Long Beach Invitational	April 17
<b>800 Meters (PR: 2:05.27 (May 11, 2019))</b>			
2:12.82	5th	Aztec Invitational	March 27
2:10.46	1st	Triton Invitational	April 10
2:10.00	1st	Long Beach Invitational	April 16
2:08.58	1st	UCR Sprints Invitational	April 30
<b>1,500 Meters (PR: 4:43.35 (Apr. 12, 2019))</b>			
4:53.83	10th	Mountain West Challenge	April 7
<b>4x400-Meter Relay</b>			
3:42.44	1st	Utah Dual Meet	Feb. 25
3:41.35	1st	UCR Sprints Invitational	April 30

### Jada Moore

<b>5-4   So.   St. Louis, Mo.   Pattonville HS</b>			
<b>100 Meters (PR: 11.72 (April 30, 2021))</b>			
11.50 (w)	4th	Aztec Invitational	March 27
11.83	2nd	Mountain West Challenge	April 7
11.85	3rd	Long Beach Invitational	April 17
11.72	1st	UCR Sprints Invitational	April 30
<b>200 Meters (PR: 23.96 (March 27, 2021))</b>			
24.54	2nd	Utah Dual Meet	Feb. 25
23.96	11th	Aztec Invitational	March 27
24.00	1st	Mountain West Challenge	April 7
24.63	1st	Triton Invitational	April 10
24.17	8th	Long Beach Invitational	April 17
<b>4x100-Meter Relay</b>			
45.36	1st	Utah Dual Meet	Feb. 25
45.20	4th	Aztec Invitational	March 27
45.99	1st	Triton Invitational	April 10
<b>4x400-Meter Relay</b>			
3:49.87	3rd	Utah Dual Meet	Feb. 25
3:42.83	4th	Aztec Invitational	March 27
3:41.35	1st	UCR Sprints Invitational	April 30

### Laury Moore

<b>5-8   Sr.   Oakland, Calif.   Bishop O'Dowd HS</b>			
<b>Long Jump (PR: 17-02.00 (Feb. 25, 2021))</b>			
17-02.00	1st	Utah Dual Meet	Feb. 25
16-03.25	9th	Triton Invitational	April 10
<b>Triple Jump (PR: 37-10.50 (April 17, 2021))</b>			
35-05.00	3rd	Utah Dual Meet	Feb. 25
36-09.00 (wind)	4th	Triton Invitational	April 10
37-10.50	4th	Long Beach Invitational	April 17
FOUL LBSU Throws/Jumps Fest May 1			

### Renee Phillips

<b>5-4   Sr.   San Diego, Calif.   Coronado HS</b>			
<b>1,500 Meters (PR: 4:43.18 (April 7, 2021))</b>			
4:43.18	6th	Mountain West Challenge	April 7
4:48.98	6th	Long Beach Invitational	April 16
<b>3,000 Meters (PR: 10:43.24 (Feb. 25, 2021))</b>			
10:43.24	6th	Utah Dual Meet	Feb. 25
<b>5,000 Meters (PR: 18:01.68 (April 29, 2021))</b>			
18:05.19	7th	Aztec Invitational	March 27
18:01.68	10th	UCR Distance Invitational	April 29

### Natalie Regalado

<b>5-4   Jr.   Lake Forest, Calif.   Trabuco Hills HS</b>			
<b>1,500 Meters (PR: 5:01.77 (April 5, 2019))</b>			
<b>3,000 Meters (PR: 11:49.05 (Feb. 25, 2021))</b>			
11:49.05	9th	Utah Dual Meet	Feb. 25
<b>5,000 Meters (PR: 18:19.17 (April 27, 2019))</b>			
<b>3,000m Steeplechase 11:56.99 (April 12, 2019)</b>			

### Sakura Roberson

<b>5-11   Sr.   San Diego, Calif.   La Jolla HS</b>			
<b>400 Meters (PR: 54.86 (April 5 2019))</b>			
<b>800 Meters (PR: 2:08.30 (May 11, 2019))</b>			
<b>1,500 Meters (PR: 5:00.28 (March 9, 2019))</b>			

### Molly Scharmann

<b>5-9   R-Sr.   Trabuco Canyon, Calif.   Tesoro HS (Washington State)</b>			
<b>Pole Vault (PR: 13-08.25 (May, 13, 2018))</b>			

### Asia Smith

<b>5-9   Sr.   Escondido, Calif. (Mission Hills HS)</b>			
<b>200 Meters (PR: 25.26 (May 8, 2019))</b>			
26.49 (hp)	7th	Franson Classic	April 9
<b>800 Meters (PR: 2:33.78 (May 10, 2018))</b>			
<b>100-Meter Hurdles (PR: 14.06 (May 8, 2019))</b>			
14.40	2nd	Utah Dual Meet	Feb. 25
14.37 (hp)	2nd	Franson Classic	April 9
14.50	2nd	UCR Sprints Invitational	April 30
<b>High Jump (PR: 5-07.25 (May 10, 2019))</b>			
5-05.00	3rd	Utah Dual Meet	Feb. 25
5-05.00 (hp)	T-1st	Franson Classic	April 9
5-05.00	5th	Long Beach Invitational	April 17
<b>Long Jump (PR: 19-03.50 (April 27, 2019))</b>			
18-01.75	3rd	Long Beach Invitational	April 17
18-03.00 (w)	3rd	LBSU Throws/Jumps Fest	May 1
<b>Shot Put (PR: 43-07.25 (May 8, 2019))</b>			
38-11.00	4th	Utah Dual Meet	Feb. 25
37-08.75 (hp)	3rd	Aztec Invitational	March 25
39-08.50	12th	Aztec Invitational	March 27
40-06.25	7th	Mountain West Challenge	April 7
40-01.50 (hp)	1st	Franson Classic	April 9
41-04.50	7th	Long Beach Invitational	April 16
<b>Javelin Throw (PR: 108-4 (March 30, 2019))</b>			
91-2 (hp)	5th	Aztec Invitational	March 26
91-5	14th	Aztec Invitational	March 27
99-8	7th	Mountain West Challenge	April 7
85-3 (hp)	7th	Franson Classic	April 10
<b>Heptathlon (PR: 5,309 (May 9, 2019))</b>			
<b>4x400-Meter Relay</b>			
4:02.23	4th	Utah Dual Meet	Feb. 25

### Naomi Smitham

<b>5-8   Jr.   San Diego, Calif.   Canyon Crest Academy</b>			
<b>3000 Meters (PR: 11:01.16 (March 7, 2020))</b>			
11:06.33	7th	Utah Dual Meet	Feb. 25
<b>5000 Meters (PR: 18:45.32 (March 27, 2021))</b>			
18:45.32	17th	Aztec Invitational	March 27
18:57.85	15th	UCR Distance Invitational	April 29
<b>10,000 Meters (PR: 39:32.43 (April 17, 2021))</b>			
39:32.43	20th	Bryan Clay Invitational	April 17

### Vanessa Spizewski

<b>5-9   Jr.   San Diego, Calif.   Rancho Buena Vista HS</b>			
<b>100 Meters (PR: 12.65 (April 30, 2021))</b>			
12.85	4th	Triton Invitational	April 10
12.65	12th	UCR Sprints Invitational	April 30
<b>Long Jump (PR: 18-08.00 (March 27, 2021))</b>			
18-08.00	2nd	Aztec Invitational	March 27
18-03.00	5th	Mountain West Challenge	April 7
18-02.50	1st	Triton Invitational	April 10
17-08.75	5th	Long Beach Invitational	April 17
<b>4x100-Meter Relay</b>			
46.54	1st	Mountain West Challenge	April 7

### Alanna Stein

<b>5-6   Jr.   Temecula, Calif.   Great Oak HS (Sacramento State)</b>			
<b>High Jump (PR: 4-11.00 (April 26, 2019))</b>			
<b>Long Jump (PR: 16-03.00 (Feb. 25, 2021))</b>			
16-03.00	4th	Utah Dual Meet	Feb. 25
<b>Triple Jump (PR: 35-03.75 (March 7, 2020))</b>			
33-09.50	6th	Utah Dual Meet	Feb. 25

### Kaitlyn Swenson

<b>5-7   Fr.   Temecula, Calif.   Great Oak HS</b>			
<b>Pole Vault (PR: 12-10.50 (March 27, 2021))</b>			
12-00.50	3rd	Utah Dual Meet	Feb. 25
12-10.25	4th	Aztec Invitational	March 27
12-06.25	4th	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10
12-05.50	3rd	Long Beach Invitational	April 17

### Dejanae Thompson

<b>5-6   Jr.   San Diego, Calif.   Morse HS</b>			
<b>Long Jump (PR: 17-06.00 (March 7, 2020))</b>			
16-07.25	10th	Mountain West Challenge	April 7
17-05.50	3rd	Triton Invitational	April 10
<b>Triple Jump (PR: 35-03.00 (March 7, 2020))</b>			

### Aisha Watt

<b>5-4   So.   Seattle, Wash.   Seattle Prep</b>			
<b>100 Meters (PR: 12:05 (April 10, 2021))</b>			
12.05	2nd	Triton Invitational	April 10
12.11	4th	UCR Sprints Invitational	April 30
<b>200 Meters (PR: 24.14 (April 30, 2021))</b>			
25.00	3rd	Utah Dual Meet	Feb. 25
25.12	24th	Aztec Invitational	March 27
24.57	3rd	Mountain West Challenge	April 7
24.71	2nd	Triton Invitational	April 10
24.71	11th	Long Beach Invitational	April 17
24.14	2nd	UCR Sprints Invitational	April 30
<b>4x100-Meter Relay</b>			
48.19	3rd	Utah Dual Meet	Feb. 25
46.54	1st	Mountain West Challenge	April 7
<b>4x400-Meter Relay</b>			
3:42.83	4th	Aztec Invitational	March 27
4:07.47	4th	Mountain West Challenge	April 7

### Bailey Watts

<b>5-4   Fr.   Foothill Ranch, Calif.   Trabuco Hills HS</b>			
<b>1,500 Meters (PR: 4:44.28 (April 7, 2021))</b>			
4:48.07	15th	Aztec Invitational	March 27
4:44.28	7th	Mountain West Challenge	April 7
4:53.10	7th	Long Beach Invitational	April 16

### Quinn Wiley

<b>5-3   Jr.   Seattle, Wash.   Chief Sealth HS</b>			
<b>400-Meter Hurdles (PR: 1:03.63 (March 7, 2020))</b>			
1:05.09	4th	Utah Dual Meet	Feb. 25
<b>4x100-Meter Relay</b>			
48.19	3rd	Utah Dual Meet	Feb. 25

### Thaila Wilson

<b>5-3   Fr.   St. Catherine, Jamaica   Hydell HS</b>			
<b>High Jump (PR: 5-07.00 (May 1, 2021))</b>			
5-03.25 (hp)	T-4th	Aztec Invitational	March 25
5-05.00	T-2nd	Long Beach Invitational	April 17
5-07.00	3rd	LBSU Throws/Jumps Fest	May 1
<b>Long Jump (PR: 5-03.00 (March 27, 2021))</b>			
5-03.00	10th	Aztec Invitational	March 27
<b>Triple Jump (PR: 36-06.75 (Feb. 25, 2021))</b>			
36-06.75	2nd	Utah Dual Meet	Feb. 25
<b>Shot Put (PR: 38-03.25 (Feb. 25, 2021))</b>			
38-03.25	5th	Utah Dual Meet	Feb. 25
38-00.25 (hp)	2nd	Aztec Invitational	March 25
37-11.50	14th	Aztec Invitational	March 27
37-10.00	10th	Mountain West Challenge	April 7

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36-11.75	8th	Triton Invitational	April 10
<b>Javelin Throw (PR: 132-6 (Feb. 25, 2021))</b>			
132-6	1st	Utah Dual Meet	Feb. 25
128-10	6th	Aztec Invitational	March 27
126-9	4th	Mountain West Challenge	April 7
<hr/>			
128-1	1st	Triton Invitational	April 10

*KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay;*  
**Note that all personal records (PR) are collegiate personal records**

# OUTDOOR

# 2021 SDSU TRACK & FIELD PERFORMANCE LIST

## 100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
11.50	Jada Moore	4th	Wind	Aztec Invitational	Mar. 27
<b>11.72</b>	<b>Jada Moore</b>	<b>1st</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
11.83	Jada Moore	2nd		Mountain West Challenge	Apr. 7
11.85	Jada Moore	3rd		Long Beach Invitational	Apr. 17
<b>11.97</b>	<b>Jalyn Harris</b>	<b>1st</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
<b>12.00</b>	<b>Alexus Alexander</b>	<b>12th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>12.05</b>	<b>Aisha Watt</b>	<b>2nd</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
<b>12.09</b>	<b>Tai McDonald</b>	<b>13th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
12.11	Aisha Watt	4th		UCR Sprints Invitational	Apr. 30
12.12	Alexus Alexander	5th		Mountain West Challenge	Apr. 7
12.13	Tai McDonald	5th		UCR Sprints Invitational	Apr. 30
12.19	Alexus Alexander	3rd		Triton Invitational	Apr. 10
12.23	Alexus Alexander	2nd		Utah Dual Meet	Feb. 25
12.26	Alexus Alexander	9th		UCR Sprints Invitational	Apr. 30
12.26	Tai McDonald	3rd		Utah Dual Meet	Feb. 25
12.33	Alexus Alexander	4th		Long Beach Invitational	Apr. 17
12.40	Aisha Watt	5th		Long Beach Invitational	Apr. 17
<b>12.65</b>	<b>Vanessa Spizewski</b>	<b>12th</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
12.85	Vanessa Spizewski	4th		Triton Invitational	Apr. 10

## 200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>23.96</b>	<b>Jada Moore</b>	<b>11th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
24.00	Jada Moore	1st		Mountain West Challenge	Apr. 7
<b>24.08</b>	<b>Jalyn Harris</b>	<b>2nd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>24.11</b>	<b>Danae Dyer</b>	<b>7th</b>		<b>Long Beach Invitational</b>	<b>Apr. 17</b>
<b>24.14</b>	<b>Aisha Watt</b>	<b>2nd</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
24.17	Jada Moore	8th		Long Beach Invitational	Apr. 17
24.26	Jalyn Harris	9th		Long Beach Invitational	Apr. 17
24.42	Jalyn Harris	1st		Utah Dual Meet	Feb. 25
24.54	Jada Moore	2nd		Utah Dual Meet	Feb. 25
24.57	Aisha Watt	3rd		Mountain West Challenge	Apr. 7
24.63	Jada Moore	1st		Triton Invitational	Apr. 10
24.71	Aisha Watt	11th		Long Beach Invitational	Apr. 17
24.71	Aisha Watt	2nd		Triton Invitational	Apr. 10
<b>24.87</b>	<b>Rhea Hoyte</b>	<b>20th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>24.96</b>	<b>Sara Absten</b>	<b>2nd</b>	heptathlon	<b>Franson Classic</b>	<b>Apr. 9</b>
<b>25.01</b>	<b>Tai McDonald</b>	<b>21st</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
25.00	Aisha Watt	3rd		Utah Dual Meet	Feb. 25
<b>25.04</b>	<b>Alexus Alexander</b>	<b>4th</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
25.12	Aisha Watt	24th		Aztec Invitational	Mar. 27
25.37	Sara Absten	7th		UCR Sprints Invitational	Apr. 30
<b>25.39</b>	<b>Maya Brosch</b>	<b>3rd</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
25.45	Alexus Alexander	12th		Long Beach Invitational	Apr. 17
25.46	Alexus Alexander	28th		Aztec Invitational	Mar. 27
<b>25.53</b>	<b>Nyjarl McNeil</b>	<b>9th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>25.93</b>	<b>Ruthie Grant-Williams</b>	<b>5th</b>	wind, heptathlon	<b>Franson Classic</b>	<b>Apr. 9</b>
25.97	Sara Absten	15th		Long Beach Invitational	Apr. 17
<b>26.49</b>	<b>Asia Smith</b>	<b>7th</b>	heptathlon	<b>Franson Classic</b>	<b>Apr. 9</b>
26.74	Ruthie Grant-Williams	4th	wind, heptathlon	Aztec Invitational	Mar. 25

## 400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>54.09</b>	<b>Jalyn Harris</b>	<b>3rd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
54.15	Jalyn Harris	1st		Mountain West Challenge	Apr. 7
54.21	Jalyn Harris	8th		Long Beach Invitational	Apr. 17
54.84	Jalyn Harris	1st		UCR Sprints Invitational	Apr. 30
<b>55.36</b>	<b>Nyjarl McNeil</b>	<b>9th</b>		<b>Long Beach Invitational</b>	<b>Apr. 17</b>
55.88	Nyjarl McNeil	1st		Utah Dual Meet	Feb. 25
<b>56.96</b>	<b>Rhea Hoyte</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

## 800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

Time	Athlete	Place	Notes	Meet	Date
<b>2:08.58</b>	<b>Nyjarl McNeil</b>	<b>1st</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
2:10.00	Nyjarl McNeil	1st		Long Beach Invitational	Apr. 16
2:10.46	Nyjarl McNeil	1st		Triton Invitational	Apr. 10
2:12.82	Nyjarl McNeil	5th		Aztec Invitational	Mar. 27

<b>2:12.87</b>	<b>Lauren Harper</b>	<b>2nd</b>		<b>Long Beach Invitational</b>	<b>Apr. 16</b>
2:13.42	Lauren Harper	1st		UCR Distance Invitational	Apr. 29
<b>2:14.71</b>	<b>Alex Lomeli</b>	<b>6th</b>		<b>Long Beach Invitational</b>	<b>Apr. 16</b>
2:16.01	Lauren Harper	6th		Mountain West Challenge	Apr. 7
2:16.11	Alex Lomeli	6th		Aztec Invitational	Mar. 27
2:17.53	Alex Lomeli	5th		UCR Distance Invitational	Apr. 29
2:19.39	Lauren Harper	4th		Utah Dual Meet	Feb. 25
2:19.74	Alex Lomeli	5th		Utah Dual Meet	Feb. 25
<b>2:20.17</b>	<b>Jessica Kain</b>	<b>6th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>2:20.70</b>	<b>Emily Burd</b>	<b>7th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>2:25.77</b>	<b>Sara Absten</b>	<b>4th</b>	heptathlon	<b>Franson Classic</b>	<b>Apr. 10</b>
<b>2:41.90</b>	<b>Ruthie Grant-Williams</b>	<b>7th</b>	heptathlon	<b>Franson Classic</b>	<b>Apr. 10</b>

## 1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
<b>4:23.83</b>	<b>Jessica Kain</b>	<b>2nd</b>	<b>No. 4 all-time</b>	<b>UCR Distance Invitational</b>	<b>Apr. 29</b>
4:31.18	Jessica Kain	4th		Aztec Invitational	Mar. 27
4:31.33	Jessica Kain	1st		Long Beach Invitational	Apr. 16
4:35.09	Jessica Kain	1st		Utah Dual Meet	Feb. 25
<b>4:35.79</b>	<b>Emily Burd</b>	<b>2nd</b>		<b>Long Beach Invitational</b>	<b>Apr. 16</b>
4:36.58	Emily Burd	2nd		Mountain West Challenge	Apr. 7
<b>4:36.64</b>	<b>Lauren Harper</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>4:37.98</b>	<b>Carlene Masar</b>	<b>3rd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
4:38.07	Emily Burd	4th		Utah Dual Meet	Feb. 25
4:39.05	Emily Burd	9th		Aztec Invitational	Mar. 27
<b>4:41.77</b>	<b>Alex Lomeli</b>	<b>5th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>4:43.18</b>	<b>Renee Phillips</b>	<b>6th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>4:44.28</b>	<b>Bailey Watts</b>	<b>7th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
4:46.53	Bailey Watts	9th		UCR Distance Invitational	Apr. 29
4:48.07	Bailey Watts	15th		Aztec Invitational	Mar. 27
4:48.98	Renee Phillips	6th		Long Beach Invitational	Apr. 16
4:53.10	Bailey Watts	7th		Long Beach Invitational	Apr. 16
<b>4:53.83</b>	<b>Nyjarl McNeil</b>	<b>10th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
5:06.11	Lauren Harper	10th		Long Beach Invitational	Apr. 16

## 3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
<b>10:01.50</b>	<b>Jessica Kain</b>	<b>1st</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>10:15.02</b>	<b>Carlene Masar</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>10:33.67</b>	<b>Amber Elias</b>	<b>4th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
10:37.85	Amber Elias	5th		Utah Dual Meet	Feb. 25
<b>10:43.24</b>	<b>Renee Phillips</b>	<b>6th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>11:01.29</b>	<b>Paige Comiso</b>	<b>6th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>11:06.33</b>	<b>Naomi Smitham</b>	<b>7th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
11:10.19	Naomi Smitham	7th		Mountain West Challenge	Apr. 7
<b>11:26.41</b>	<b>Isabelle Davis</b>	<b>8th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
11:29.85	Isabelle Davis	10th		Mountain West Challenge	Apr. 7
<b>11:49.05</b>	<b>Natalie Regaldo</b>	<b>9th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

## 5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
<b>17:34.01</b>	<b>Carlene Masar</b>	<b>3rd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>17:53.71</b>	<b>Emily Burd</b>	<b>4th</b>		<b>UCR Distance Invitational</b>	<b>Apr. 29</b>
<b>17:56.32</b>	<b>Amber Elias</b>	<b>6th</b>		<b>UCR Distance Invitational</b>	<b>Apr. 29</b>
<b>18:01.68</b>	<b>Renee Phillips</b>	<b>10th</b>		<b>UCR Distance Invitational</b>	<b>Apr. 29</b>
18:05.19	Renee Phillips	7th		Aztec Invitational	Mar. 27
18:16.58	Amber Elias	12th		Aztec Invitational	Mar. 27
<b>18:45.32</b>	<b>Naomi Smitham</b>	<b>17th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
18:57.85	Naomi Smitham	15th		UCR Distance Invitational	Apr. 29
<b>19:02.89</b>	<b>Paige Comiso</b>	<b>16th</b>		<b>UCR Distance Invitational</b>	<b>Apr. 29</b>
19:26.73	Paige Comiso	21st		Aztec Invitational	Mar. 27

## 10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
<b>35:27.53</b>	<b>Carlene Masar</b>	<b>6th</b>	<b>No. 5 all-time</b>	<b>Bryan Clay Invitational</b>	<b>Apr. 17</b>
<b>38:39.92</b>	<b>Amber Elias</b>	<b>16th</b>		<b>Bryan Clay Invitational</b>	<b>Apr. 17</b>
<b>39:32.43</b>	<b>Naomi Smitham</b>	<b>20th</b>		<b>Bryan Clay Invitational</b>	<b>Apr. 17</b>
<b>40:14.38</b>	<b>Paige Comison</b>	<b>23rd</b>		<b>Bryan Clay Invitational</b>	<b>Apr. 17</b>



## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

### 100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
<b>13.35</b>	<b>Danae Dyer</b>	<b>4th</b>		<b>Long Beach Invitational</b>	<b>Apr. 17</b>
13.42	Danae Dyer	1st		Mountain West Challenge	Apr. 7
13.57	Danae Dyer	1st		Triton Invitational	Apr. 10
13.68	Danae Dyer	4th		Aztec Invitational	Mar. 27
13.87	Danae Dyer	1st		Utah Dual Meet	Feb. 25
<b>14.37</b>	<b>Asia Smith</b>	<b>2nd</b>	<b>heptathlon</b>	<b>Franson Classic</b>	<b>Apr. 9</b>
14.40	Asia Smith	2nd		Utah Dual Meet	Feb. 25
14.50	Asia Smith	2nd		UCR Sprints Invitational	Apr. 30
<b>14.50</b>	<b>Sara Absten</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
14.50	Sara Absten	2nd	wind, heptathlon	Aztec Invitational	Mar. 25
14.64	Sara Absten	4th	heptathlon	Franson Classic	Apr. 9
14.70	Sara Absten	6th		Long Beach Invitational	Apr. 17
14.86	Ruthie Grant-Williams	3rd	wind, heptathlon	Aztec Invitational	Mar. 25
14.95	Ruthie Grant-Williams	7th	wind, heptathlon	Franson Classic	Apr. 9
<b>15.18</b>	<b>Ruthie Grant-Williams</b>	<b>5th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
15.37	Ruthie Grant-Williams	9th		Long Beach Invitational	Apr. 17
16.18	Sara Absten	17th		Aztec Invitational	Mar. 27

### 400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
<b>58.74</b>	<b>Maya Brosch</b>	<b>1st</b>	<b>No. 9 all-time</b>	<b>Aztec Invitational</b>	<b>Mar. 27</b>
58.99	Maya Brosch	1st		Mountain West Challenge	Apr. 7
<b>59.02</b>	<b>Rhea Hoyte</b>	<b>1st</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
1:00.25	Maya Brosch	1st		Long Beach Invitational	Apr. 17
1:00.34	Maya Brosch	2nd		UCR Sprints Invitational	Apr. 30
1:01.84	Rhea Hoyte	2nd		Long Beach Invitational	Apr. 17
1:01.85	Rhea Hoyte	3rd		Mountain West Challenge	Apr. 7
1:02.04	Rhea Hoyte	1st		Triton Invitational	Apr. 10
1:02.05	Maya Brosch	1st		Utah Dual Meet	Feb. 25
<b>1:03.27</b>	<b>Carina Clark</b>	<b>3rd</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
1:04.63	Carina Clark	6th		Mountain West Challenge	Apr. 7
1:04.87	Carina Clark	3rd		Utah Dual Meet	Feb. 25
<b>1:05.09</b>	<b>Quinn Wiley</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
1:05.27	Carina Clark	10th		UCR Sprints Invitational	Apr. 30
1:05.32	Carina Clark	10th		Aztec Invitational	Mar. 27
1:07.59	Carina Clark	8th		Long Beach Invitational	Apr. 17

### 3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>11:39.3</b>	<b>Isabelle Davis</b>	<b>4th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
11:57.09	Isabelle Davis	3rd		Long Beach Invitational	Apr. 16

### 4x100-METER RELAY

School Record: 42.99 (Auzenne, Glenn, Smith, Henderson, 2017)

Time	Team	Place	Notes	Meet	Date
<b>45.20</b>	<b>Moore, Harris, McDonald, Dyer</b>	<b>4th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>45.36</b>	<b>Alexander, McDonald, Moore, Dyer</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
45.99	Alexander, McDonald, Moore, Dyer	1st		Triton Invitational	Apr. 10
<b>46.54</b>	<b>Alexander, Watt, Hoyte, Spizewski</b>	<b>1st</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>48.19</b>	<b>Watt, Hoyte, Brosch, Wiley</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### 4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
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### 4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
<b>3:41.35</b>	<b>Brosch, Harris, Moore, McNeil</b>	<b>1st</b>		<b>UCR Sprints Invitational</b>	<b>Apr. 30</b>
<b>3:42.44</b>	<b>Hoyte, Dyer, McNeil, Harris</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>3:42.83</b>	<b>Brosch, Hoyte, Watt, McNeil</b>	<b>4th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>3:49.87</b>	<b>Brosch, Moore, McDonald, Alexander</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>4:02.23</b>	<b>Absten, Grant-Williams, Smith, Clark</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>4:07.47</b>	<b>Harper, Burd, Watts, Lomeli</b>	<b>4th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>

### SHUTTLE HURDLES RELAY

School Record: 54.34 (Brabham-Lawrence, Auzenne, Knight, Ellis, 2017)

Mark	Athlete	Place	Notes	Meet	Date
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### POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
<b>14-00.00</b>	<b>Kaitlin Heri</b>	<b>1st</b>	<b>No. 5 all-time</b>	<b>Mountain West Challenge</b>	<b>Apr. 7</b>
13-06.25	Kaitlin Heri	1st		Triton Invitational	Apr. 10
13-06.25	Kaitlin Heri	2nd		Aztec Invitational	Mar. 27
13-04.25	Kaitlin Heri	1st		Utah Dual Meet	Feb. 25
13-03.50	Kaitlin Heri	1st		Long Beach Invitational	Apr. 17
13-01.50	Kaitlin Heri	1st		LBSU Jumps/Throws Fest	May 1
<b>13-00.25</b>	<b>Elizabeth Funk</b>	<b>2nd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
13-00.25	Elizabeth Funk	2nd		Utah Dual Meet	Feb. 25
12-11.50	Elizabeth Funk	2nd		Long Beach Invitational	Apr. 17
<b>12-10.25</b>	<b>Kaitlyn Swenson</b>	<b>4th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
12-10.25	Elizabeth Funk	8th		Aztec Invitational	Mar. 27
12-06.25	Kaitlyn Swenson	4th		Mountain West Challenge	Apr. 7
12-05.50	Elizabeth Funk	4th		LBSU Jumps/Throws Fest	May 1
12-05.50	Kaitlyn Swenson	3rd		Long Beach Invitational	Apr. 17
12-02.00	Kaitlyn Swenson	T-2nd		Triton Invitational	Apr. 10
12-02.00	Elizabeth Funk	T-2nd		Triton Invitational	Apr. 10
<b>12-02.00</b>	<b>Delaney Fields</b>	<b>T-2nd</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
12-00.50	Kaitlyn Swenson	3rd		Utah Dual Meet	Feb. 25
12-00.50	Delaney Fields	5th		Mountain West Challenge	Apr. 7
11-10.50	Delaney Fields	10th		Aztec Invitational	Mar. 27
11-05.75	Delaney Fields	8th		LBSU Jumps/Throws Fest	May 1
11-05.75	Delaney Fields	T-4th		Long Beach Invitational	Apr. 17
NH	<b>Alysia Allen</b>	--		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
<b>5-07.25</b>	<b>Ruthie Grant-Williams</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>5-07.00</b>	<b>Thaila Wilson</b>	<b>3rd</b>		<b>LBSU Jumps/Throws Fest</b>	<b>May 1</b>
<b>5-07.00</b>	<b>Jade Cany</b>	<b>T-1st</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
5-07.00	Jade Cany	2nd		Mountain West Challenge	Apr. 7
<b>5-05.75</b>	<b>Sara Absten</b>	<b>T-1st</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>Mar. 25</b>
5-05.75	Ruthie Grant-Williams	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.00	Jade Cany	4th		LBSU Jumps/Throws Fest	May 1
<b>5-05.00</b>	<b>Asia Smith</b>	<b>T-1st</b>	<b>heptathlon</b>	<b>Franson Classic</b>	<b>Apr. 9</b>
5-05.00	Jade Cany	T-2nd		Long Beach Invitational	Apr. 17
<b>5-05.00</b>	<b>Thaila Wilson</b>	<b>T-2nd</b>		<b>Long Beach Invitational</b>	<b>Apr. 17</b>
5-05.00	Asia Smith	5th		Long Beach Invitational	Apr. 17
5-05.00	Ruthie Grant-Williams	T-1st	heptathlon	Franson Classic	Apr. 9
5-05.00	Jade Cany	7th		Aztec Invitational	Mar. 27
5-05.00	Sara Absten	2nd		Utah Dual Meet	Feb. 25
5-05.00	Asia Smith	3rd		Utah Dual Meet	Feb. 25
5-03.25	Thaila Wilson	T-4th	heptathlon	Aztec Invitational	Mar. 25
5-03.00	Ruthie Grant-Williams	6th		Long Beach Invitational	Apr. 17
5-03.00	Thaila Wilson	10th		Aztec Invitational	Mar. 27
5-03.00	Ruthie Grant-Williams	11th		Aztec Invitational	Mar. 27
5-02.50	Sara Absten	T-3rd	heptathlon	Franson Classic	Apr. 9
<b>5-01.25</b>	<b>Isabelle Gartner</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
<b>18-08.00</b>	<b>Vanessa Spizewski</b>	<b>2nd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>18-06.00</b>	<b>Sara Absten</b>	<b>3rd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
18-03.00	Asia Smith	3rd	wind	LBSU Jumps/Throws Fest	May 1
18-03.00	Vanessa Spizewski	5th		Mountain West Challenge	Apr. 7
18-02.50	Vanessa Spizewski	1st		Triton Invitational	Apr. 10
18-02.25	Sara Absten	3rd	heptathlon	Franson Classic	Apr. 10
<b>18-01.75</b>	<b>Asia Smith</b>	<b>3rd</b>		<b>Long Beach Invitational</b>	<b>Apr. 17</b>
17-10.25	Sara Absten	4th		Long Beach Invitational	Apr. 17
17-09.00	Ruthie Grant-Williams	6th	heptathlon, wind	Franson Classic	Apr. 10
17-08.75	Vanessa Spizewski	5th		Long Beach Invitational	Apr. 17
<b>17-07.00</b>	<b>Ruthie Grant-Williams</b>	<b>3rd</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>Mar. 26</b>
<b>17-06.75</b>	<b>Sara Absten</b>	<b>4th</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>Mar. 26</b>
<b>17-05.50</b>	<b>Dejanae Thompson</b>	<b>3rd</b>		<b>Triton Invitational</b>	<b>Apr. 10</b>
17-03.25	Ruthie Grant-Williams	3rd		LBSU Jumps/Throws Fest	May 1



## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

17-02.00	Lauryn Moore	1st		Utah Dual Meet	Feb. 25
17-01.50	Ruthie Grant-Williams	7th		Long Beach Invitational	Apr. 17
17-00.00	Simone Johnson	3rd		Utah Dual Meet	Feb. 25
16-07.25	Dejanae Thompson	10th		Mountain West Challenge	Apr. 7
16-03.25	Lauryn Moore	9th		Triton Invitational	Apr. 10
16-03.00	Alanna Stein	4th		Utah Dual Meet	Feb. 25

### TRIPLE JUMP

School Record: 46-05.00 (Shanika Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
42-03.50	Simone Johnson	2nd	No. 5 all-time	Long Beach Invitational	Apr. 17
39-02.25	Jade Cany	4th		LBSU Throws/Throws Fest	May 1
39-02.25	Simone Johnson	2nd		Triton Invitational	Apr. 10
38-09.75	Simone Johnson	1st		Utah Dual Meet	Feb. 25
37-10.75	Simone Johnson	7th		Aztec Invitational	Mar. 27
37-10.50	Lauryn Moore	4th		Long Beach Invitational	Apr. 17
37-03.75	Jade Cany	7th		Long Beach Invitational	Apr. 17
36-09.00	Lauryn Moore	4th	wind	Triton Invitational	Apr. 10
36-06.75	Thaila Wilson	2nd		Utah Dual Meet	Feb. 25
36-04.00	Jade Cany	6th		Mountain West Challenge	Apr. 7
35-05.00	Lauryn Moore	3rd		Utah Dual Meet	Feb. 25
34-11.75	Jade Cany	4th		Utah Dual Meet	Feb. 25
33-09.50	Alanna Stein	6th		Utah Dual Meet	Feb. 25

### SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
51-03.50	Jordyn Bryant	1st	No. 4 all-time	LBSU Throws/Jumps Fest	Apr. 30
49-05.00	Jordyn Bryant	3rd		Aztec Invitational	Mar. 27
48-10.25	Jordyn Bryant	1st		Mountain West Challenge	Apr. 7
47-11.75	Jordyn Bryant	1st		Long Beach Invitational	Apr. 16
47-07.00	Jordyn Bryant	1st		Triton Invitational	Apr. 10
45-07.75	Jordyn Bryant	1st		Utah Dual Meet	Feb. 25
44-09.00	Erica Grotegeer	2nd		Utah Dual Meet	Feb. 25
43-10.50	Felicia Crenshaw	4th		LBSU Throws/Jumps Fest	Apr. 30
43-05.25	Onyi Anigbogu	5th		LBSU Throws/Jumps Fest	Apr. 30
43-00.25	Onyi Anigbogu	3rd		Utah Dual Meet	Feb. 25
42-05.50	Erica Grotegeer	3rd		Triton Invitational	Apr. 10
41-11.25	Felicia Crenshaw	5th		Long Beach Invitational	Apr. 16
41-05.00	Onyi Anigbogu	6th		Long Beach Invitational	Apr. 16
41-04.50	Asia Smith	7th		Long Beach Invitational	Apr. 16
41-03.25	Onyi Anigbogu	11th		Aztec Invitational	Mar. 27
40-10.25	Onyi Anigbogu	4th		Triton Invitational	Apr. 10
40-09.50	Erica Grotegeer	6th		Mountain West Challenge	Apr. 7
40-06.25	Asia Smith	7th		Mountain West Challenge	Apr. 7
40-04.75	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7
40-02.00	Felicia Crenshaw	9th		Mountain West Challenge	Apr. 7
40-01.50	Asia Smith	1st	heptathlon	Franson Classic	Apr. 9
39-10.50	Erica Grotegeer	9th		Long Beach Invitational	Apr. 16
39-08.50	Asia Smith	12th		Aztec Invitational	Mar. 27
39-06.75	Felicia Crenshaw	5th		Triton Invitational	Apr. 10
38-11.00	Asia Smith	4th		Utah Dual Meet	Feb. 25
38-07.50	Erica Grotegeer	11th		LBSU Throws/Jumps Fest	Apr. 30
38-03.25	Thaila Wilson	5th		Utah Dual Meet	Feb. 25
38-00.25	Thaila Wilson	2nd	heptathlon	Aztec Invitational	Mar. 25
37-10.00	Thaila Wilson	10th		Mountain West Challenge	Apr. 7
37-08.75	Asia Smith	3rd	heptathlon	Aztec Invitational	Mar. 25
37-11.50	Thaila Wilson	14th		Aztec Invitational	Mar. 27
36-11.75	Thaila Wilson	8th		Triton Invitational	Apr. 10
35-03.75	Sara Absten	11th		Mountain West Challenge	Apr. 7
35-03.00	Ruthie Grant-Williams	12th		Mountain West Challenge	Apr. 7
34-05.75	Sara Absten	10th		Long Beach Invitational	Apr. 16
34-02.00	Ruthie Grant-Williams	11th		Long Beach Invitational	Apr. 16
33-09.25	Ruthie Grant-Williams	5th	heptathlon	Aztec Invitational	Mar. 25
33-06.00	Ruthie Grant-Williams	6th	heptathlon	Franson Classic	Apr. 9
33-04.00	Sara Absten	7th	heptathlon	Franson Classic	Apr. 9
32-09.00	Ruthie Grant-Williams	6th		Utah Dual Meet	Feb. 25
31-04.50	Sara Absten	7th		Utah Dual Meet	Feb. 25
31-02.75	Sara Absten	T-7th	heptathlon	Aztec Invitational	Mar. 25

### DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
172-5	Jordyn Bryant	2nd	No. 8 all-time	Aztec Invitational	Mar. 27
171-5	Erica Grotegeer	1st		Mountain West Challenge	Apr. 7
171-4	Jordyn Bryant	1st		Long Beach Invitational	Apr. 16
167-2	Jordyn Bryant	2nd		Mountain West Challenge	Apr. 7
166-11	Jordyn Bryant	1st		LBSU Throws/Jumps Fest	Apr. 30
165-11	Erica Grotegeer	1st		Triton Invitational	Apr. 10
165-8	Erica Grotegeer	1st		Utah Dual Meet	Feb. 25
160-7	Felicia Crenshaw	2nd		Triton Invitational	Apr. 10
160-3	Jordyn Bryant	3rd		Triton Invitational	Apr. 10
158-8	Erica Grotegeer	3rd		Long Beach Invitational	Apr. 16
158-4	Felicia Crenshaw	5th		Long Beach Invitational	Apr. 16
155-4	Felicia Crenshaw	2nd		Utah Dual Meet	Feb. 25
155-3	Erica Grotegeer	2nd		LBSU Throws/Jumps Fest	Apr. 30
152-10	Felicia Crenshaw	3rd		LBSU Throws/Jumps Fest	Apr. 30
149-5	Jordyn Bryant	3rd		Utah Dual Meet	Feb. 25
148-7	Cari Acosta	4th		Triton Invitational	Apr. 10
148-4	Felicia Crenshaw	4th		Mountain West Challenge	Apr. 7
147-10	Cari Acosta	6th		Long Beach Invitational	Apr. 16
147-9	Felicia Crenshaw	7th		Aztec Invitational	Mar. 27
144-2	Cari Acosta	10th		Aztec Invitational	Mar. 27
143-10	Cari Acosta	6th		Mountain West Challenge	Apr. 7
142-09	Cari Acosta	4th		Utah Dual Meet	Feb. 25
137-10	Cari Acosta	10th		LBSU Throws/Jumps Fest	Apr. 30
131-8	Onyi Anigbogu	12th		LBSU Throws/Jumps Fest	Apr. 30
125-6	Onyi Anigbogu	16th		Aztec Invitational	Mar. 27
124-1	Onyi Anigbogu	11th		Long Beach Invitational	Apr. 16
124-1	Onyi Anigbogu	7th		Triton Invitational	Apr. 10
113-7	Onyi Anigbogu	5th		Utah Dual Meet	Feb. 25
112-10	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7

### HAMMER THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
165-4	Felicia Crenshaw	6th	No. 9 all-time	Long Beach Invitational	Apr. 16
155-5	Felicia Crenshaw	5th		LBSU Throws/Jumps Fest	Apr. 30
152-0	Cari Acosta	7th		LBSU Throws/Jumps Fest	Apr. 30
151-7	Cari Acosta	7th		Long Beach Invitational	Apr. 16
141-8	Cari Acosta	9th		Aztec Invitational	Mar. 26
139-2	Felicia Crenshaw	12th		Aztec Invitational	Mar. 25

### JAVELIN THROW

School Record: 160-05.25 (Niki Oudenaarden, 2014)

Mark	Athlete	Place	Notes	Meet	Date
132-06	Thaila Wilson	1st		Utah Dual Meet	Feb. 25
128-10	Thaila Wilson	6th		Aztec Invitational	Mar. 27
128-1	Thaila Wilson	1st		Triton Invitational	Apr. 10
126-9	Thaila Wilson	4th		Mountain West Challenge	Apr. 7
97-9	Ruthie Grant-Williams	6th	heptathlon	Franson Classic	Apr. 10
93-6	Ruthie Grant-Williams	4th	heptathlon	Aztec Invitational	Mar. 26
91-5	Asia Smith	14th		Aztec Invitational	Mar. 27
91-2	Asia Smith	5th	heptathlon	Aztec Invitational	Mar. 26
85-3	Asia Smith	7th	heptathlon	Franson Classic	Apr. 10
70-11	Sara Absten	9th	heptathlon	Aztec Invitational	Mar. 25
63-6	Sara Absten	8th	heptathlon	Franson Classic	Apr. 10

### HEPTATHLON

School Record: 5,917 (Allison Reaser, 2014)

Points	Athlete	Place	Notes	Meet	Date
4,780	Sara Absten	5th		Franson Classic	Apr. 10
4,687	Ruthie Grant-Williams	6th		Franson Classic	Apr. 10
3,554	Asia Smith	DNF	Competed in 5 events	Franson Classic	Apr. 10