



# 2021 SAN DIEGO STATE TRACK & FIELD

## 2021 Schedule

<b>February</b>		
25	Utah Dual Meet	1st
<b>March</b>		
25-27	Aztec Invitational	2nd
<b>April</b>		
7	Mountain West Challenge	1st
9-10	<b>Franson Classic</b> Azusa, Calif.	
10	<b>Triton Invitational</b> La Jolla, Calif.	
16-17	Bryan Clay Invite	Azusa, Calif.
30-May 1	Steve Scott Invite	Irvine, Calif.
<b>May</b>		
11-15	MW Outdoor Champs	Clovis, Calif.
27-29	NCAA West Prelims	Texas A&M
<b>June</b>		
9-12	NCAA Outdoor Champs	Oregon

### This Week's Entries

#### 100m Dash

Alexus Alexander  
Tai McDonald  
Jada Moore  
Vanessa Spizewski  
Aisha Watt

#### 200m Dash

Jalyn Harris  
Rhea Hoyte  
Tai McDonald  
Jada Moore  
Lauryn Moore  
Vanessa Spizewski  
Aisha Watt

#### 800m Run

Nyari McNeil

#### 3000m Run

Natalie Regalado

#### 100m Hurdles

Danae Dyer

#### 400m Hurdles

Maya Brosch  
Carina Clark  
Rhea Hoyte  
Quinn Wiley

#### 4x100m Relay

A - Alexander, McDonald, Moore, Dyer, Harris

#### 4x400m Relay

Hoyte, Brosch, McNeil, Harris, Watt

#### Pole Vault

Delaney Fields  
Elizabeth Funk  
Kaitlin Heri  
Kaitlyn Swenson

#### Long Jump

Vanessa Spizewski  
Dejanae Thompson

#### High Jump

Jade Cany  
Thaila Wilson

#### Triple Jump

Simone Johnson  
Lauryn Moore  
Alanna Stein

#### Discus Throw

Cari Acosta  
Onyi Anigbogu  
Jordyn Bryant  
Felicia Crenshaw  
Erica Grotegeer

#### Shot Put

Onyi Anigbogu  
Jordyn Bryant  
Felicia Crenshaw  
Erica Grotegeer  
Thaila Wilson

#### Hammer Throw

Cari Acosta

#### Javelin Throw

Thaila Wilson

#### Heptathlon (at APU)

Sara Absten  
Ruthie Grant-Williams  
Asia Smith

## Meet Week Preview

Franson Classic (Heptathlon) - April 9-10 at Asuza Pacific  
Triton Invitational - April 10 at UC San Diego

For the first time this season, the San Diego State track and field team will be competing off campus. The majority of the team will be competing at the Triton Invitational at UC San Diego on Saturday. Three heptathletes (Sara Absten, Ruthie Grant-Williams and Asia Smith) will be competing at the Franson Classic hosted by Asuza Pacific Friday and Saturday. Former Aztec Allison (Reaser) Halverson will be competing as well.

The heptathlon will begin at 2 p.m. Friday with the 200 meter dash. Saturday's events will kick off at 2 p.m. as well with the long jump. Asia Smith won the pentathlon at the 2020 Mountain West Indoor Championships and took third at the 2019 MW Outdoor Championships.

SDSU will have 30 athletes competing at UCSD's Triton Invitational on Saturday. The first event is the javelin at 1 p.m. The first running event will be the 4x100m relay at 2 p.m. Per current COVID-19 safety guidelines and protocols implemented by UC San Diego, spectators are not permitted to attend the Triton Invitational.

## Aztec Tidbits

- The Aztecs hosted Nevada, Oregon State and UNLV for the Mountain West Challenge on Wednesday and took first place with 179 points.
- SDSU took first place in nine events and had eight other athletes earn top three finishes.
- Kaitlin Heri won the pole vault with a personal best mark of 14 feet to become just the fifth Aztec to ever clear 14'. She currently is tied for seventh in the nation and leads the Mountain West.
- Other Aztecs that took first place Wednesday: Jada Moore (200m, 24.00), Jalyn Harris (400m, 54.15), Jessica Kain (3,000m, 10:01.50), Danae Dyer (100m hurdles, 13.42), Maya Brosch (400m hurdles, 58.99), Jordyn Bryant (shot put, 48-10.25) and Erica Grotegeer (discus throw, 171-5). SDSU also took first in the 4x100m relay with the group of Alexis Alexander, Aisha Watt, Rhea Hoyte and Vanessa Spizewski finishing in 46.54.
- Entering the weekend eight Aztecs are ranked in the top three in the conference and would qualify for the NCAA Regionals (top 32): Kaitlin Heri (pole vault), Maya Brosch (400m hurdles), Jada Moore (100m), Jordyn Bryant (discus), Erica Grotegeer (discus), Danae Dyer (100m hurdles), Jalyn Harris (400m) and Elizabeth Funk (pole vault).
- Through three meets, all of which were team competitions, the Aztecs have taken first twice and second.
- 1.18, 1500m), Jordyn Bryant (172-5, discus throw) and Maya Brosch (58.74, 400m hurdles) all entered the top ten all-time with their marks.
- The Aztecs, joined by the majority of the Mountain West, did not compete in the indoor season.

## Where the Aztecs Rank

Select Aztecs will head to Texas A&M for the NCAA West Prelims (May 27-29). The athletes listed below are currently ranked in the top 32 of the West region and would qualify for the prelims. The Aztecs also would currently qualify for the 4x100m relay (45.20, 13th in the region).

Athlete	Reg. Rank	Nat. Rank	MW Rank	Event	Time/Mark	Date
Kaitlin Heri	5	T-7	1	Pole vault	14-00.00	Apr. 7
Maya Brosch	8	23	1	400m hurdles	58.74	Mar. 25
Jada Moore	18	43	3	100m dash	11.50w	Mar. 25
Jordyn Bryant	19	32	1	Discus throw	172-5	Mar. 25
Erica Grotegeer	21	36	2	Discus throw	171-5	Apr. 7
Danae Dyer	21	T-40	1	100m hurdles	13.42	Apr. 7
Jalyn Harris	30	45	3	400m	54.09	Mar. 25
Elizabeth Funk	T-30	T-62	T-2	Pole vault	13-00.25	Apr. 7

## Roster Breakdown

### By Class

#### Seniors (12)

Cari Acosta, Anaya Alexander, Maya Brosch, Emily Burd, Callista Fletcher, Jalyn Harris, Kaitlin Heri, Lauryn Moore, Renee Phillips, Sakura Roberson, Molly Scharmann, Asia Smith

#### Juniors (21)

Sara Absten, Alysia Allen, Jordyn Bryant, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Kasey Ebb, Delaney Fields, Erica Grotegeer, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Quinn Wiley

#### Sophomores (12)

Alexus Alexander, Onyi Anigbogu, Corey Freidenbach, Elizabeth Funk, Izzy Gartner, Bella Goode, Ruthie Grant-Williams, Lauren Harper, Jessica Kain, Alex Lomeli, Jada Moore, Aisha Watt

#### Freshmen (7)

Amber Elias, Rhea Hoyte, Jazmin Jackson, Simone Johnson, Kaitlyn Swenson, Bailey Watts, Thaila Wilson

### By Home State/Country

**California (39)** - Cari Acosta, Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Maya Brosch, Jordyn Bryant, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Freidenbach, Elizabeth Funk, Bella Goode, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Carlene Masar, Tai McDonald, Lauryn Moore, Renee Phillips, Natalie Regalado, Sakura Roberson, Molly Scharmann, Asia Smith, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Kaitlyn Swenson, Dejanae Thompson, Bailey Watts

**Washington (3)** - Sara Absten, Aisha Watt, Quinn Wiley

**Maryland (2)** - Kasey Ebb, Nyjari McNeil

**Florida (1)** - Carina Clark

**Minnesota (1)** - Izzy Gartner

**Missouri (1)** - Jada Moore

**Nevada (1)** - Alysia Allen

**Oregon (1)** - Delaney Fields

**Pennsylvania (1)** - Emily Burd

**Barbados (1)** - Rhea Hoyte,

**Jamaica (1)** - Thaila Wilson

### By Event Group

#### Distance (8)

Emily Burd, Paige Comiso, Isabelle Davis, Amber Elias, Carlene Masar, Renee Phillips, Naomi Smitham, Bailey Watts

#### Hurdles (7)

Maya Brosch, Carina Clark, Danae Dyer, Rhea Hoyte, Jazmin Jackson, Asia Smith, Quinn Wiley

#### Jumps (10)

Jade Cany, Izzy Gartner, Jazmin Jackson, Simone Johnson, Lauryn Moore, Asia Smith, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Thaila Wilson

#### Mid-Distance (10)

Emily Burd, Bella Goode, Lauren Harper, Jessica Kain, Alex Lomeli, Nyjari McNeil, Renee Phillips, Sakura Roberson, Naomi Smitham, Bailey Watts

#### Multi's (4)

Sara Absten, Ruthie Grant-Williams, Asia Smith, Thaila Wilson

#### Pole Vault (6)

Alysia Allen, Corey Freidenbach, Elizabeth Funk, Kaitlin Heri, Molly Scharmann, Kaitlyn Swenson

#### Sprints (13)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Kasey Ebb, Callista Fletcher, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Quinn Wiley, Aisha Watt

#### Throws (5)

Cari Acosta, Onyi Anigbogu, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

## 2021 SDSU Track and Field Alphabetical Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Jr.	Burlington, Wash. (IMG Academy)
Cari Acosta	Throws	Sr.	Clovis, Calif. (Buchanan High)
Alexus Alexander	Sprints	So.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Long Beach, Calif. (Iowa)
Alysia Allen	Pole Vault	Jr.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	So.	Corona, Calif. (Santiago HS)
Maya Brosch	Hurdles	Sr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	Jr.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Sr.	Havertown, Pa. (Pittsburgh)
Jade Cany	Jumps	Jr.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	Jr.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	Jr.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	Jr.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	Jr.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	Jr.	Temecula, Calif. (Temecula Valley High)
Kasey Ebb	Sprints	Jr.	Accokeek, Md. (Bullis High)
Amber Elias	Distance	Fr.	Napa, Calif. (Vintage HS)
Delaney Fields	Pole Vault	Jr.	Eugene, Ore. (Lane CC)
Callista Fletcher	Sprints	Sr.	San Diego, Calif. (Scripps Ranch HS)
Corey Freidenbach	Pole Vault	So.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	So.	Fresno, Calif. (Clovis West High)
Izzy Gartner	Jumps	So.	Byron, Minn. (Byron High)
Bella Goode	Mid-Distance	So.	Tustin, Calif. (Foothill High)
Ruthie Grant-Williams	Multi's	So.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	Jr.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	So.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Sr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	Fr.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	Fr.	Thousand Oaks, Calif. (Chaminade College Prep)
Simone Johnson	Sprints/Jumps	Fr.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	So.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	So.	Los Angeles, Calif. (Notre Dame Academy High)
Carlene Masar	Distance	Jr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Jr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Jr.	Reistertown, Md. (Franklin High)
Jada Moore	Sprints	So.	St. Louis, Mo. (Pattonville High)
Lauryn Moore	Sprints/Jumps	Sr.	Oakland, Calif. (Bishop O'Dowd High)
Renee Phillips	Mid-Distance/Distance	Sr.	San Diego, Calif. (Coronado High)
Natalie Regalado	Mid-Distance	Jr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Sr.	San Diego, Calif. (La Jolla High)
Molly Scharmann	Pole Vault	Sr.	Trabuco Canyon, Calif. (Washington State)
Asia Smith	Multi's	Sr.	Escondido, Calif. (Mission Hills High)
Naomi Smitham	Distance	Jr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Jr.	San Diego, Calif. (Rancho Buena Vista High)
Alanna Stein	Jumps	Jr.	Temecula, Calif. (Sacramento State)
Kaitlyn Swenson	Pole Vault	Fr.	Temecula, Calif. (Great Oak High)
Dejanae Thompson	Jumps	Jr.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	So.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	Fr.	Foothill Ranch, Calif. (Trabuco Hills HS)
Quinn Wiley	Sprints/Hurdles	Jr.	Seattle, Wash. (Chief Sealth High)
Thaila Wilson	Multi's/Jumps	Fr.	St. Catherine, Jamaica (Hydel High)

### Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 12th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Eighth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), First season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fourth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 26th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fourth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), First season

# 2021 SDSU TRACK & FIELD PERFORMANCE LIST

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay); Note that all personal records (PR) are collegiate personal records

## Sara Absten

5-7 | Jr. | Burlington, Wash. | IMG Academy

**200 Meter (PR: 24.75 (May 8, 2019))**

**800 Meter (PR: 2:23.67 (Jan. 31, 2020))**

**100-Meter Hurdles (PR: 14.50 (Feb. 25, 2021))**

14.50 4th Utah Dual Meet Feb. 25

14.50 (w, hp) 2nd Aztec Invitational March 25

16.18 17th Aztec Invitational March 27

**High Jump (PR: 5-05.75 (March 25, 2021))**

5-05.75 (hp) T-1st Aztec Invitational March 25

**Long Jump (PR: 18-10.50 (April 27, 2019))**

17-06.75 (hp) 4th Aztec Invitational March 26

18-06.00 3rd Aztec Invitational March 27

**Shot Put (PR: 35-03.75 (April 7, 2021))**

31-02.75 (hp) T-7th Aztec Invitational March 25

35-03.75 11th Mountain West Challenge April 7

**Javelin Throw (PR: 73-3 (March 21, 2019))**

70-11 (hp) 9th Aztec Invitational March 26

60-11 10th Mountain West Challenge April 7

**Heptathlon: (PR: 4,937 (May 9, 2019))**

## Cari Acosta

5-10 | Sr. | Clovis, Calif. | Buchanan HS

**Hammer Throw (PR: 150-11 (May 10, 2019))**

**Shot Put (PR: 39-09.25 (April 13, 2018))**

**Discus Throw (PR: 148-2 (May 10, 2019))**

142-09 4th Utah Dual Meet Feb. 25

144-2 10th Aztec Invitational March 27

143-10 6th Mountain West Challenge April 7

## Alexus Alexander

5-7 | So. | Compton, Calif. | Lakewood HS

**100 Meter Dash (PR: 12.00 (March 27, 2021))**

12.232 2nd Utah Dual Meet Feb. 25

12.00 12th Aztec Invitational March 27

12.12 5th Mountain West Challenge April 7

**200 Meter Dash (PR: 25.46 (March 27, 2021))**

25.46 28th Aztec Invitational March 27

**4x100-Meter Relay**

46.54 1st Mountain West Challenge April 7

## Anaya Alexander

Sr. | Long Beach, Calif. | Las Lomas HS (Iowa)

## Alysia Allen

5-7 | So. | Reno, Nev. | Reed HS

**Pole Vault (PR: 13-04.25 (May 24, 2019))**

NH -- Utah Dual Meet Feb. 25

## Onyi Anigbogu

6-2 | So. | Corona, Calif. | Santiago HS

**Shot Put (PR: 43-00.25 (Feb. 25, 2021))**

43-00.25 3rd Utah Dual Meet Feb. 25

41-03.25 11th Aztec Invitational March 27

40-04.75 8th Mountain West Challenge April 7

**Discus Throw (PR: 125-6 (March 27, 2021))**

125-6 16th Aztec Invitational March 27

112-10 8th Mountain West Challenge April 7

## Maya Brosch

5-7 | Sr. | South Lake Tahoe, Calif. | South Tahoe HS

**400 Meter Hurdles (PR: 58.74 (March 27, 2021))**

1:02.05 1st Utah Dual Meet Feb. 25

58.74 (9) 1st Aztec Invitational March 27

58.99 1st Mountain West Challenge April 7

**4x100-Meter Relay**

48.19 2nd Utah Dual Meet Feb. 25

**4x400-Meter Relay**

3:49.87 3rd Utah Dual Meet Feb. 25

3:42.83 4th Aztec Invitational March 27

## Jordyn Bryant

5-10 | JR. | Oakland, Calif. | Miramonte HS

**Shot Put (PR: 49-09.25 (April 5, 2019))**

45-07.75 1st Utah Dual Meet Feb. 25

49-05.00 3rd Aztec Invitational March 27

48-10.25 1st Mountain West Challenge April 7

**Discus Throw (PR: 172-5 (March 27, 2021))**

149-05 1st Utah Dual Meet Feb. 25

172-5 2nd Aztec Invitational March 27

167-2 2nd Mountain West Challenge April 7

**Javelin Throw (PR: 129-5 (March 23, 2019))**

## Emily Burd

5-6 | Sr. | Havertown, Pa. | Friends' Central School (Pittsburgh)

**800 Meter (PR: 2:18.15 (April 13, 2019))**

2:20.70 7th Utah Dual Meet Feb. 25

**1,500 Meters (PR: 4:36.58 (April 7, 2021))**

4:38.07 4th Utah Dual Meet Feb. 25

4:39.05 9th Aztec Invitational March 27

4:36.58 2nd Mountain West Challenge April 7

**5,000 Meters (PR: 17:55.39 (March 30, 2019))**

**4x400 Meter Relay**

4:07.47 4th Mountain West Challenge April 7

## Jade Cany

5-11 | Jr. | San Diego, Calif. | Torrey Pines HS

(Sacramento St.)

**High Jump (PR: 5-07.00 (Feb. 29, 2020))**

5-05.00 7th Aztec Invitational March 27

5-07.00 2nd Mountain West Challenge April 7

**Triple Jump (PR: 36-05.50 (March 16, 2019))**

36-04.00 6th Mountain West Challenge April 7

## Carina Clark

5-6 | Jr. | Winter Springs, Fla. | Winter Springs HS

**400-Meter Hurdles (PR: 1:04.63 (April 7, 2021))**

1:04.87 3rd Utah Dual Meet Feb. 25

1:05.32 10th Aztec Invitational March 27

1:04.63 6th Mountain West Challenge April 7

## Paige Comiso

5-4 | Jr. | San Jose, Calif. | Presentation HS

**3,000 Meters (PR: 10:58.32 (March 7, 2020))**

11:01.29 6th Mountain West Challenge April 7

**5,000 Meters (PR: 18:19.17 (April 27, 2019))**

19:26.73 21st Aztec Invitational March 27

## Felicia Crenshaw

5-7 | Jr. | Costa Mesa, Calif. | Costa Mesa HS

**Shot Put (PR: 40-02.00 (April 7, 2021))**

40-02.00 9th Mountain West Challenge April 7

**Hammer Throw (PR: 151-10 (March 7, 2020))**

**Discus Throw (PR: 157-10 (March 7, 2020))**

155-04 2nd Utah Dual Meet Feb. 25

147-9 7th Aztec Invitational March 27

148-4 4th Mountain West Challenge April 7

## Isabelle Davis

5-2 | Jr. | San Diego, Calif. | Del Norte HS

**3,000 Meters (PR: 11:20.87 (April 5, 2019))**

11:26.41 8th Utah Dual Meet Feb. 25

11:29.85 10th Mountain West Challenge April 7

**5,000 Meters (PR: 19:09.85 (March 9, 2019))**

**3,000m Steeplechase (PR: 11:39.29 (March 27, 2021))**

11:39.29 4th Aztec Invitational March 27

## Danae Dyer

5-9 | Jr. | Temecula, Calif. | Temecula Valley HS

**100 Meters (PR: 12.02 (March 30, 2019))**

**200 Meters (PR: 23.09 (May 11, 2019))**

**100-Meter Hurdles (PR: 13.42 (April 7, 2021))**

13.87 1st Utah Dual Meet Feb. 25

13.68 4th Aztec Invitational March 27

13.42 1st Mountain West Challenge April 7

**4x100-Meter Relay**

45.36 1st Utah Dual Meet Feb. 25

45.20 4th Aztec Invitational March 27

## Kasey Ebb

5-5 | Jr. | Accokeek, Md. | Bullis HS

**200 Meters (PR: 25.01 (March 30, 2019))**

**400 Meters (PR: 55.77 (March 30, 2019))**

## Amber Elias

5-4 | Fr. | Napa, Calif. | Napa HS

**3,000 Meters (PR: 10:33.67 (April 7, 2021))**

10:37.85 5th Utah Dual Meet Feb. 25

10:33.67 4th Mountain West Challenge April 7

**5,000 Meters (PR: 18:16.58 (March 27, 2021))**

18:16.58 12th Aztec Invitational March 27

## Delaney Fields

5-11 | Jr. | Eugene, Ore. | Churchill HS (Lane CC)

**Pole Vault (PR: 12-01.50 (May 21, 2019))**

11-10.50 10th Aztec Invitational March 27

12-00.50 5th Mountain West Challenge April 7

## Corey Freidenbach

5-10 | So. | Santa Cruz Calif. | Pacific Collegiate School

(Air Force)

**Pole Vault (PR: 11-11.25 (May 11, 2019))**

## Elizabeth Funk

5-7 | So. | Fresno, Calif. | Clovis West HS

**Pole Vault (PR: 13-00.25 (Feb. 25, 2021))**

13-00.25 2nd Utah Dual Meet Feb. 25

12-10.25 8th Aztec Invitational March 27

13-00.25 2nd Mountain West Challenge April 7

## Izzy Gartner

6-0 | So. | Byron, Minn. | Byron HS

**High Jump (PR: 5-01.25 (Feb. 25, 2021))**

5-01.25 4th Utah Dual Meet Feb. 25

## Bella Goode

5-5 | So. | Tustin, Calif. | Foothill HS

## Ruthie Grant-Williams

5-9 | So. | Coronado, Calif. | Coronado HS

**200 Meter Dash**

26.74 (w, hp) 4th Aztec Invitational March 25

**100-Meter Hurdles (PR: 15.18 (Feb. 25, 2021))**

15.18 5th Utah Dual Meet Feb. 25

14.86 (w, hp) 3rd Aztec Invitational March 25

**Long Jump (PR: 17-07.00 (March 25, 2021))**

17-07.00 (hp) 3rd Aztec Invitational March 26



## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

11:06.33	7th	Utah Dual Meet	Feb. 25
<b>5000 Meters (PR: 18:45.32 (March 27, 2021))</b>			
18:45.32	17th	Aztec Invitational	March 27

### Vanessa Spizewski

5-9 | Jr. | San Diego, Calif. | Rancho Buena Vista HS

**100 Meters (PR: 12.88 (March 7, 2020))**

**Long Jump (PR: 18-08.00 (March 27, 2021))**

18-08.00	2nd	Aztec Invitational	March 27
18-03.00	5th	Mountain West Challenge	April 7

**4x100-Meter Relay**

46.54	1st	Mountain West Challenge	April 7
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### Alanna Stein

5-6 | Jr. | Temecula, Calif. | Great Oak HS

(Sacramento State)

**High Jump (PR: 4-11.00 (April 26, 2019))**

**Long Jump (PR: 16-03.00 (Feb. 25, 2021))**

16-03.00	4th	Utah Dual Meet	Feb. 25
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**Triple Jump (PR: 35-03.75 (March 7, 2020))**

33-09.50	6th	Utah Dual Meet	Feb. 25
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### Kaitlyn Swenson

5-7 | Fr. | Temecula, Calif. | Great Oak HS

**Pole Vault (PR: 12-10.50 (March 27, 2021))**

12-00.50	3rd	Utah Dual Meet	Feb. 25
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12-10.25	4th	Aztec Invitational	March 27
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12-06.25	4th	Mountain West Challenge	April 7
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### Dejanae Thompson

5-6 | Jr. | San Diego, Calif. | Morse HS

**Long Jump (PR: 17-06.00 (March 7, 2020))**

16-07.25	10th	Mountain West Challenge	April 7
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**Triple Jump (PR: 35-03.00 (March 7, 2020))**

### Aisha Watt

5-4 | So. | Seattle, Wash. | Seattle Prep

**200 Meters (PR: 24.57 (Apr. 7, 2021))**

25.00	3rd	Utah Dual Meet	Feb. 25
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25.12	24th	Aztec Invitational	March 27
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24.57	3rd	Mountain West Challenge	April 7
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**4x100-Meter Relay**

48.19	3rd	Utah Dual Meet	Feb. 25
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46.54	1st	Mountain West Challenge	April 7
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**4x400-Meter Relay**

3:42.83	4th	Aztec Invitational	March 27
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4:07.47	4th	Mountain West Challenge	April 7
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### Bailey Watts

5-4 | Fr. | Foothill Ranch, Calif. | Trabuco Hills HS

**1,500 Meters (PR: 4:44.28 (April 7, 2021))**

4:48.07	15th	Aztec Invitational	March 27
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4:44.28	7th	Mountain West Challenge	April 7
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### Quinn Wiley

5-3 | Jr. | Seattle, Wash. | Chief Sealth HS

**400-Meter Hurdles (PR: 1:03.63 (March 7, 2020))**

1:05.09	4th	Utah Dual Meet	Feb. 25
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**4x100-Meter Relay**

48.19	3rd	Utah Dual Meet	Feb. 25
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### Thaila Wilson

5-3 | Fr. | St. Catherine, Jamaica | Hydel HS

**High Jump (PR: 5-03.25 (March 25, 2021))**

5-03.25 (hp)	T-4th	Aztec Invitational	March 25
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**Long Jump (PR: 5-03.00 (March 27, 2021))**

5-03.00	10th	Aztec Invitational	March 27
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**Triple Jump (PR: 36-06.75 (Feb. 25, 2021))**

36-06.75	2nd	Utah Dual Meet	Feb. 25
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**Shot Put (PR: 38-03.25 (Feb. 25, 2021))**

38-03.25	5th	Utah Dual Meet	Feb. 25
38-00.25 (hp)	2nd	Aztec Invitational	March 25
37-11.50	14th	Aztec Invitational	March 27
37-10.00	10th	Mountain West Challenge	April 7

**Javelin Throw (PR: 132-6 (Feb. 25, 2021))**

132-6	1st	Utah Dual Meet	Feb. 25
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128-10	6th	Aztec Invitational	March 27
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126-9	4th	Mountain West Challenge	April 7
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*KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay); **Note that all personal records (PR) are collegiate personal records***

## OUTDOOR

## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

### 100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
11.50	Jada Moore	4th	Wind	Aztec Invitational	Mar. 27
<b>11.83</b>	<b>Jada Moore</b>	<b>2nd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>12.00</b>	<b>Alexus Alexander</b>	<b>12th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
12.12	Alexus Alexander	5th		Mountain West Challenge	Apr. 7
<b>12.09</b>	<b>Tai McDonald</b>	<b>13th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
12.23	Alexus Alexander	2nd		Utah Dual Meet	Feb. 25
12.26	Tai McDonald	3rd		Utah Dual Meet	Feb. 25

### 200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>23.96</b>	<b>Jada Moore</b>	<b>11th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
24.00	Jada Moore	1st		Mountain West Challenge	Apr. 7
<b>24.08</b>	<b>Jalyn Harris</b>	<b>2nd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
24.42	Jalyn Harris	1st		Utah Dual Meet	Feb. 25
24.54	Jada Moore	2nd		Utah Dual Meet	Feb. 25
<b>24.57</b>	<b>Aisha Watt</b>	<b>3rd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>24.87</b>	<b>Rhea Hoyte</b>	<b>20th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>25.01</b>	<b>Tai McDonald</b>	<b>21st</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
25.00	Aisha Watt	3rd		Utah Dual Meet	Feb. 25
25.12	Aisha Watt	24th		Aztec Invitational	Mar. 27
<b>25.46</b>	<b>Alexus Alexander</b>	<b>28th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>25.53</b>	<b>Nyari McNeil</b>	<b>9th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>26.74</b>	<b>Ruthie Grant-Williams</b>	<b>4th</b>	wind, heptathlon	<b>Aztec Invitational</b>	<b>Mar. 25</b>

### 400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>54.09</b>	<b>Jalyn Harris</b>	<b>3rd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
54.15	Jalyn Harris	1st		Mountain West Challenge	Apr. 7
<b>55.88</b>	<b>Nyari McNeil</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>56.96</b>	<b>Rhea Hoyte</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### 800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

Time	Athlete	Place	Notes	Meet	Date
<b>2:12.82</b>	<b>Nyari McNeil</b>	<b>5th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>2:16.01</b>	<b>Lauren Harper</b>	<b>6th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>2:16.11</b>	<b>Alex Lomeli</b>	<b>6th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
2:19.39	Lauren Harper	4th		Utah Dual Meet	Feb. 25
2:19.74	Alex Lomeli	5th		Utah Dual Meet	Feb. 25
<b>2:20.17</b>	<b>Jessica Kain</b>	<b>6th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>2:20.70</b>	<b>Emily Burd</b>	<b>7th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### 1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
<b>4:31.18</b>	<b>Jessica Kain</b>	<b>4th</b>	No. 7 all-time	<b>Aztec Invitational</b>	<b>Mar. 27</b>
4:35.09	Jessica Kain	1st		Utah Dual Meet	Feb. 25
<b>4:36.58</b>	<b>Emily Burd</b>	<b>2nd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>4:36.64</b>	<b>Lauren Harper</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>4:37.98</b>	<b>Carlene Masar</b>	<b>3rd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
4:38.07	Emily Burd	4th		Utah Dual Meet	Feb. 25
4:39.05	Emily Burd	9th		Aztec Invitational	Mar. 27
<b>4:41.77</b>	<b>Alex Lomeli</b>	<b>5th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>4:43.18</b>	<b>Renee Phillips</b>	<b>6th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>4:48.07</b>	<b>Bailey Watts</b>	<b>15th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>4:53.83</b>	<b>Nyari McNeil</b>	<b>10th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>

### 3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
<b>10:01.50</b>	<b>Jessica Kain</b>	<b>1st</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>10:15.02</b>	<b>Carlene Masar</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>10:33.67</b>	<b>Amber Elias</b>	<b>4th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
10:37.85	Amber Elias	5th		Utah Dual Meet	Feb. 25

<b>10:43.24</b>	<b>Renee Phillips</b>	<b>6th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>11:01.29</b>	<b>Paige Comiso</b>	<b>6th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>11:06.33</b>	<b>Naomi Smitham</b>	<b>7th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
11:10.19	Naomi Smitham	7th		Mountain West Challenge	Apr. 7
<b>11:26.41</b>	<b>Isabelle Davis</b>	<b>8th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
11:29.85	Isabelle Davis	10th		Mountain West Challenge	Apr. 7
<b>11:49.05</b>	<b>Natalie Regaldo</b>	<b>9th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### 5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
<b>17:34.01</b>	<b>Carlene Masar</b>	<b>3rd</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>18:05.19</b>	<b>Renee Phillips</b>	<b>7th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>18:16.58</b>	<b>Amber Elias</b>	<b>12th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>18:45.32</b>	<b>Naomi Smitham</b>	<b>17th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>19:26.73</b>	<b>Paige Comiso</b>	<b>21st</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>

### 100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
<b>13.42</b>	<b>Danae Duer</b>	<b>1st</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
13.68	Danae Dyer	4th		Aztec Invitational	Mar. 27
13.87	Danae Dyer	1st		Utah Dual Meet	Feb. 25
<b>14.40</b>	<b>Asia Smith</b>	<b>2nd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>14.50</b>	<b>Sara Absten</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
14.50	Sara Absten	2nd	wind, heptathlon	Aztec Invitational	Mar. 25
14.86	Ruthie Grant-Williams	3rd	wind, heptathlon	Aztec Invitational	Mar. 25
<b>15.18</b>	<b>Ruthie Grant-Williams</b>	<b>5th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
16.18	Sara Absten	17th		Aztec Invitational	Mar. 27

### 400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
<b>58.74</b>	<b>Maya Brosch</b>	<b>1st</b>	No. 9 all-time	<b>Aztec Invitational</b>	<b>Mar. 27</b>
58.99	Maya Brosch	1st		Mountain West Challenge	Apr. 7
<b>1:01.85</b>	<b>Rhea Hoyte</b>	<b>3rd</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
1:02.05	Maya Brosch	1st		Utah Dual Meet	Feb. 25
<b>1:04.63</b>	<b>Carina Clark</b>	<b>6th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
1:04.87	Carina Clark	3rd		Utah Dual Meet	Feb. 25
<b>1:05.09</b>	<b>Quinn Wiley</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
1:05.32	Carina Clark	10th		Aztec Invitational	Mar. 27

### 3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
<b>11:39.3</b>	<b>Isabelle Davis</b>	<b>4th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>

### 4x100-METER RELAY

School Record: 42.99 (Auzenne, Glenn, Smith, Henderson, 2017)

Time	Team	Place	Notes	Meet	Date
<b>45.20</b>	<b>Moore, Harris, McDonald, Dyer</b>	<b>4th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>45.36</b>	<b>Alexander, McDonald, Moore, Dyer</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>46.54</b>	<b>Alexander, Watt, Hoyte, Spizewski</b>	<b>1st</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>
<b>48.19</b>	<b>Watt, Hoyte, Brosch, Wiley</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>

### 4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
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### 4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
<b>3:42.44</b>	<b>Hoyte, Dyer, McNeil, Harris</b>	<b>1st</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>3:42.83</b>	<b>Brosch, Hoyte, Watt, McNeil</b>	<b>4th</b>		<b>Aztec Invitational</b>	<b>Mar. 27</b>
<b>3:49.87</b>	<b>Brosch, Moore, McDonald, Alexander</b>	<b>3rd</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>4:02.23</b>	<b>Absten, Grant-Williams, Smith, Clark</b>	<b>4th</b>		<b>Utah Dual Meet</b>	<b>Feb. 25</b>
<b>4:07.47</b>	<b>Harper, Burd, Watts, Lomeli</b>	<b>4th</b>		<b>Mountain West Challenge</b>	<b>Apr. 7</b>

## 2021 SDSU TRACK & FIELD PERFORMANCE LIST

### SHUTTLE HURDLES RELAY

School Record: 54.34 (Brabham-Lawrence, Auzenne, Knight, Ellis, 2017)

Mark	Athlete	Place	Notes	Meet	Date
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### HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-07.25	Ruthie Grant-Williams	1st		Utah Dual Meet	Feb. 25
5-07.00	Jade Cany	2nd		Mountain West Challenge	Apr. 7
5-05.75	Sara Absten	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.75	Ruthie Grant-Williams	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.00	Jade Cany	7th		Aztec Invitational	Mar. 27
5-05.00	Sara Absten	2nd		Utah Dual Meet	Feb. 25
5-05.00	Asia Smith	3rd		Utah Dual Meet	Feb. 25
5-03.25	Thaila Wilson	T-4th	heptathlon	Aztec Invitational	Mar. 25
5-03.00	Thaila Wilson	10th		Aztec Invitational	Mar. 27
5-03.00	Ruthie Grant-Williams	11th		Aztec Invitational	Mar. 27
5-01.25	Isabelle Gartner	4th		Utah Dual Meet	Feb. 25

### LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
18-08.00	Vanessa Spizewski	2nd		Aztec Invitational	Mar. 27
18-06.00	Sara Absten	3rd		Aztec Invitational	Mar. 27
18-03.00	Vanessa Spizewski	5th		Mountain West Challenge	Apr. 7
17-0.00	Ruthie Grant-Williams	3rd	heptathlon	Aztec Invitational	Mar. 26
17-06.75	Sara Absten	4th	heptathlon	Aztec Invitational	Mar. 26
17-02.00	Lauryn Moore	1st		Utah Dual Meet	Feb. 25
17-00.00	Simone Johnson	3rd		Utah Dual Meet	Feb. 25
16-07.25	Dejanae Thompson	10th		Mountain West Challenge	Apr. 7
16-03.00	Alanna Stein	4th		Utah Dual Meet	Feb. 25

### TRIPLE JUMP

School Record: 46-05.00 (Shanika Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
38-09.75	Simone Johnson	1st		Utah Dual Meet	Feb. 25
37-10.75	Simone Johnson	7th		Aztec Invitational	Mar. 27
36-06.75	Thaila Wilson	2nd		Utah Dual Meet	Feb. 25
36-04.00	Jade Cany	6th		Mountain West Challenge	Apr. 7
35-05.00	Lauryn Moore	3rd		Utah Dual Meet	Feb. 25
34-11.75	Jade Cany	4th		Utah Dual Meet	Feb. 25
33-09.50	Alanna Stein	6th		Utah Dual Meet	Feb. 25

### POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
14-00.00	Kaitlin Heri	1st	No. 5 all-time	Mountain West Challenge	Apr. 7
13-06.25	Kaitlin Heri	2nd		Aztec Invitational	Mar. 27
13-04.25	Kaitlin Heri	1st		Utah Dual Meet	Feb. 25
13-00.25	Elizabeth Funk	2nd		Mountain West Challenge	Apr. 7
13-00.25	Elizabeth Funk	2nd		Utah Dual Meet	Feb. 25
12-10.25	Kaitlyn Swenson	4th		Aztec Invitational	Mar. 27
12-10.25	Elizabeth Funk	8th		Aztec Invitational	Mar. 27
12-06.25	Kaitlyn Swenson	4th		Mountain West Challenge	Apr. 7
12-00.50	Kaitlyn Swenson	3rd		Utah Dual Meet	Feb. 25
12-00.50	Delaney Fields	5th		Mountain West Challenge	Apr. 7
11-10.50	Delaney Fields	10th		Aztec Invitational	Mar. 27
NH	Alysia Allen	--		Utah Dual Meet	Feb. 25

### SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
49-05.00	Jordyn Bryant	3rd		Aztec Invitational	Mar. 27
48-10.25	Jordyn Bryant	1st		Mountain West Challenge	Apr. 7
45-07.75	Jordyn Bryant	1st		Utah Dual Meet	Feb. 25
44-09.00	Erica Grotegeer	2nd		Utah Dual Meet	Feb. 25
43-00.25	Onyi Anigbogu	3rd		Utah Dual Meet	Feb. 25
41-03.25	Onyi Anigbogu	11th		Aztec Invitational	Mar. 27
40-09.50	Erica Grotegeer	6th		Mountain West Challenge	Apr. 7

40-06.25	Asia Smith	7th		Mountain West Challenge	Apr. 7
40-04.75	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7
40-02.00	Felicia Crenshaw	9th		Mountain West Challenge	Apr. 7
39-08.50	Asia Smith	12th		Aztec Invitational	Mar. 27
38-11.00	Asia Smith	4th		Utah Dual Meet	Feb. 25
38-03.25	Thaila Wilson	5th		Utah Dual Meet	Feb. 25
38-00.25	Thaila Wilson	2nd	heptathlon	Aztec Invitational	Mar. 25
37-10.00	Thaila Wilson	10th		Mountain West Challenge	Apr. 7
37-08.75	Asia Smith	3rd	heptathlon	Aztec Invitational	Mar. 25
37-11.50	Thaila Wilson	14th		Aztec Invitational	Mar. 27
35-03.75	Sara Absten	11th		Mountain West Challenge	Apr. 7
35-03.00	Ruthie Grant-Williams	12th		Mountain West Challenge	Apr. 7
33-09.25	Ruthie Grant-Williams	5th	heptathlon	Aztec Invitational	Mar. 25
32-09.00	Ruthie Grant-Williams	6th		Utah Dual Meet	Feb. 25
31-04.50	Sara Absten	7th		Utah Dual Meet	Feb. 25
31-02.75	Sara Absten	T-7th	heptathlon	Aztec Invitational	Mar. 25

### DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
172-5	Jordan Bryant	2nd	No. 8 all-time	Aztec Invitational	Mar. 27
171-5	Erica Grotegeer	1st		Mountain West Challenge	Apr. 7
167-2	Jordyn Bryant	2nd		Mountain West Challenge	Apr. 7
165-8	Erica Grotegeer	1st		Utah Dual Meet	Feb. 25
155-4	Felicia Crenshaw	2nd		Utah Dual Meet	Feb. 25
149-5	Jordyn Bryant	3rd		Utah Dual Meet	Feb. 25
148-4	Felicia Crenshaw	4th		Mountain West Challenge	Apr. 7
147-9	Felicia Crenshaw	7th		Aztec Invitational	Mar. 27
144-2	Cari Acosta	10th		Aztec Invitational	Mar. 27
143-10	Cari Acosta	6th		Mountain West Challenge	Apr. 7
142-09	Cari Acosta	4th		Utah Dual Meet	Feb. 25
125-6	Onyi Anigbogu	16th		Aztec Invitational	Mar. 27
113-7	Onyi Anigbogu	5th		Utah Dual Meet	Feb. 25
112-10	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7

### HAMMER THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
141-8	Cari Acosta	9th		Aztec Invitational	Mar. 26
139-2	Felicia Crenshaw	12th		Aztec Invitational	Mar. 25

### JAVELIN THROW

School Record: 160-05.25 (Niki Oudenaarden, 2014)

Mark	Athlete	Place	Notes	Meet	Date
132-06	Thaila Wilson	1st		Utah Dual Meet	Feb. 25
128-10	Thaila Wilson	6th		Aztec Invitational	Mar. 27
126-9	Thaila Wilson	4th		Mountain West Challenge	Apr. 7
93-6	Ruthie Grant-Williams	4th	heptathlon	Aztec Invitational	Mar. 26
91-5	Asia Smith	14th		Aztec Invitational	Mar. 27
91-2	Asia Smith	5th	heptathlon	Aztec Invitational	Mar. 26
70-11	Sara Absten	9th	heptathlon	Aztec Invitational	Mar. 25

### HEPTATHLON

School Record: 5,917 (Allison Reaser, 2014)

Points	Athlete	Place	Notes	Meet	Date
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