



2021 SAN DIEGO STATE TRACK & FIELD

2021 Schedule

February

25 Utah Dual Meet 1st

March

25-27 Aztec Invitational 2nd

April

7 Mountain West Challenge 1st

9-10 Franson Classic Azusa, Calif. 1st

10 Triton Invitational 1st

16-17 Long Beach Invitational LBSU

30-May 1 UCR/LBSU Invite UCR & LBSU

May

11-15 MW Outdoor Champs Clovis, Calif.

27-29 NCAA West Prelims Texas A&M

June

9-12 NCAA Outdoor Champs Oregon

This Week's Entries

100m Dash

Alexus Alexander
Jada Moore
Aisha Watt

200m Dash

Sara Absten
Alexus Alexander
Danae Dyer
Jalyn Harris
Tai McDonald
Jada Moore
Vanessa Spizewski
Aisha Watt

400m Dash

Jalyn Harris
Nyari McNeil

800m Run

Lauren Harper
Alex Lomeli
Nyari McNeil

1500m Run

Emily Burd
Lauren Harper
Jessica Kain
Renee Phillips
Bailey Watts

5000m Run

Paige Comiso
Amber Elias
Carlene Masar
Renee Phillips
Naomi Smitham

100m Hurdles

Sara Absten
Danae Dyer
Ruthie Grant-Williams

400m Hurdles

Maya Brosch
Carina Clark
Rhea Hoyte

3000m Steeplechase

Isabelle Davis

4x400m Relay

Harris, Brosch, Hoyte,
McNeil, Watt

Pole Vault

Delaney Fields
Elizabeth Funk
Kaitlin Heri
Kaitlyn Swenson

Long Jump

Sara Absten
Ruthie Grant-Williams
Lauryn Moore
Vanessa Spizewski
Dejanae Thompson

High Jump

Jade Cany
Ruthie Grant-Williams
Asia Smith
Thaila Wilson

Triple Jump

Jade Cany
Simone Johnson
Lauryn Moore

Discus Throw

Cari Acosta
Onyi Anigbogu
Jordyn Bryant
Erica Grotegeer

Shot Put

Onyi Anigbogu
Jordyn Bryant
Felicia Crenshaw
Erica Grotegeer
Asia Smith

Hammer Throw

Cari Acosta
Felicia Crenshaw

Javelin Throw

Asia Smith
Thaila Wilson

Meet Week Preview

Long Beach Invitational - April 16-17 at Long Beach State

The Aztecs will be competing at the Long Beach Invitational this Friday and Saturday. SDSU will send 37 student-athletes to compete in the two-day meet that will feature USC, UC Irvine, UC San Diego, the Aztecs and the host school, Long Beach State. The Aztecs were originally scheduled to compete at Azusa Pacific's Bryan Clay Invitational.

Friday's competition will begin at 11 a.m. with the javelin throw. Other field events scheduled for Friday are the hammer throw (12:15), discus throw (1:45) and the shot put (3:00). Friday's first track event will be the 800 meters at 3:00 p.m. and will be followed by three distance events: the 3,000m steeplechase (3:40), the 1,500m (4:30) and the 5,000m (5:00).

Saturday will begin with the long jump at 10:30 a.m. and will be followed by the high jump (noon), pole vault (noon) and triple jump (1:30). The running events will kick off with the 4x100m relay at 3 and will wrap up with the 4x400m relay at 5:50 p.m.

Attendance is limited to the families of Long Beach State student-athletes.

Aztec Tidbits

- The Aztecs won the four-team Triton Invitational last Saturday, finishing with 99 points to top UCSD (70), UC Riverside (69) and CSUN (49).

- Competing in their second meet in four days, SDSU won all but two events.

- Kaitlin Heri was named the Mountain West Field Athlete of the Week on Tuesday. She took first place at both the Mountain West Challenge (14-00.00) and at the Triton Invitational (13-06.25) and became the fifth Aztec pole vaulter to clear 14 feet. She currently has the best mark in the Mountain West and is tied for the 10th best vault in the nation.

- Other Aztecs that took first place at UCSD's Triton Invitational: Jalyn Harris (100m, 11.97), Jada Moore (200m, 24.63), Nyari McNeil (800m, 2:10.46), Danae Dyer (100m hurdles, 13.57), Rhea Hoyte (400m hurdles, 1:02.04), Jade Cany (high jump, 5-07.00), Vanessa Spizewski (long jump, 18-02.50), Jordyn Bryant (shot put, 47-07.00) and Erica Grotegeer (discus throw, 165-11) and Thaila Wilson (javelin, 128-1). SDSU also took first in the 4x100m relay with the group of Alexis Alexander, Tai McDonald, Jada Moore and Danae Dyer finishing in 45.99

- Entering the weekend six Aztecs are ranked in the top three in the conference and would qualify for the NCAA West Prelims (top 32): Kaitlin Heri (pole vault), Maya Brosch (400m hurdles), Jada Moore (100m), Jordyn Bryant (discus), Erica Grotegeer (discus) and Danae Dyer (100m hurdles).

- Through four meets, all of which were team competitions, the Aztecs have taken first three times and second once.

1.18, 1500m), Jordyn Bryant (172-5, discus throw) and Maya Brosch (58.74, 400m hurdles) all entered the top ten all-time with their marks.

Where the Aztecs Rank

Select Aztecs will head to Texas A&M for the NCAA West Prelims (May 27-29). The athletes listed below are currently ranked in the top 32 of the West region and would qualify for the prelims. The Aztecs also would currently qualify for the 4x100m relay (45.20, 18th in the region).

Athlete	Reg. Rank	Nat. Rank	MW Rank	Event	Time/Mark	Date
Kaitlin Heri	6	T-10	1	Pole vault	14-00.00	Apr. 7
Maya Brosch	13	29	1	400m hurdles	58.74	Mar. 25
Jada Moore	21	T-48	3	100m dash	11.50w	Mar. 25
Jordyn Bryant	23	42	2	Discus throw	172-5	Mar. 25
Danae Dyer	24	T-46	1	100m hurdles	13.42	Apr. 7
Erica Grotegeer	25	47	3	Discus throw	171-5	Apr. 7

Roster Breakdown

By Class

Seniors (12)

Cari Acosta, Anaya Alexander, Maya Brosch, Emily Burd, Callista Fletcher, Jalyn Harris, Kaitlin Heri, Lauryn Moore, Renee Phillips, Sakura Roberson, Molly Scharmann, Asia Smith

Juniors (21)

Sara Absten, Alysia Allen, Jordyn Bryant, Jade Cany, Carina Clark, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Kasey Ebb, Delaney Fields, Erica Grotegeer, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Quinn Wiley

Sophomores (12)

Alexus Alexander, Onyi Anigbogu, Corey Freidenbach, Elizabeth Funk, Izzy Gartner, Bella Goode, Ruthie Grant-Williams, Lauren Harper, Jessica Kain, Alex Lomeli, Jada Moore, Aisha Watt

Freshmen (7)

Amber Elias, Rhea Hoyte, Jazmin Jackson, Simone Johnson, Kaitlyn Swenson, Bailey Watts, Thaila Wilson

By Home State/Country

California (39) - Cari Acosta, Alexis Alexander, Anaya Alexander, Onyi Anigbogu, Maya Brosch, Jordyn Bryant, Jade Cany, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Amber Elias, Corey Freidenbach, Elizabeth Funk, Bella Goode, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jazmin Jackson, Simone Johnson, Jessica Kain, Alex Lomeli, Carlene Masar, Tai McDonald, Lauryn Moore, Renee Phillips, Natalie Regalado, Sakura Roberson, Molly Scharmann, Asia Smith, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Kaitlyn Swenson, Dejanae Thompson, Bailey Watts

Washington (3) - Sara Absten, Aisha Watt, Quinn Wiley

Maryland (2) - Kasey Ebb, Nyjari McNeil

Florida (1) - Carina Clark

Minnesota (1) - Izzy Gartner

Missouri (1) - Jada Moore

Nevada (1) - Alysia Allen

Oregon (1) - Delaney Fields

Pennsylvania (1) - Emily Burd

Barbados (1) - Rhea Hoyte,

Jamaica (1) - Thaila Wilson

By Event Group

Distance (8)

Emily Burd, Paige Comiso, Isabelle Davis, Amber Elias, Carlene Masar, Renee Phillips, Naomi Smitham, Bailey Watts

Hurdles (7)

Maya Brosch, Carina Clark, Danae Dyer, Rhea Hoyte, Jazmin Jackson, Asia Smith, Quinn Wiley

Jumps (10)

Jade Cany, Izzy Gartner, Jazmin Jackson, Simone Johnson, Lauryn Moore, Asia Smith, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Thaila Wilson

Mid-Distance (10)

Emily Burd, Bella Goode, Lauren Harper, Jessica Kain, Alex Lomeli, Nyjari McNeil, Renee Phillips, Sakura Roberson, Naomi Smitham, Bailey Watts

Multi's (4)

Sara Absten, Ruthie Grant-Williams, Asia Smith, Thaila Wilson

Pole Vault (6)

Alysia Allen, Corey Freidenbach, Elizabeth Funk, Kaitlin Heri, Molly Scharmann, Kaitlyn Swenson

Sprints (13)

Alexus Alexander, Anaya Alexander, Carina Clark, Danae Dyer, Kasey Ebb, Callista Fletcher, Jalyn Harris, Rhea Hoyte, Simone Johnson, Tai McDonald, Jada Moore, Vanessa Spizewski, Quinn Wiley, Aisha Watt

Throws (5)

Cari Acosta, Onyi Anigbogu, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

2021 SDSU Track and Field Alphabetical Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Jr.	Burlington, Wash. (IMG Academy)
Cari Acosta	Throws	Sr.	Clovis, Calif. (Buchanan High)
Alexus Alexander	Sprints	So.	Compton, Calif. (Lakewood High)
Anaya Alexander	Sprints	Sr.	Long Beach, Calif. (Iowa)
Alysia Allen	Pole Vault	Jr.	Reno, Nev. (Reed High)
Onyi Anigbogu	Throws	So.	Corona, Calif. (Santiago HS)
Maya Brosch	Hurdles	Sr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	Jr.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Sr.	Havertown, Pa. (Pittsburgh)
Jade Cany	Jumps	Jr.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	Jr.	Winter Springs, Fla. (Winter Springs High)
Paige Comiso	Distance	Jr.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	Jr.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	Jr.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	Jr.	Temecula, Calif. (Temecula Valley High)
Kasey Ebb	Sprints	Jr.	Accokeek, Md. (Bullis High)
Amber Elias	Distance	Fr.	Napa, Calif. (Vintage HS)
Delaney Fields	Pole Vault	Jr.	Eugene, Ore. (Lane CC)
Callista Fletcher	Sprints	Sr.	San Diego, Calif. (Scripps Ranch HS)
Corey Freidenbach	Pole Vault	So.	Santa Cruz, Calif. (Air Force)
Elizabeth Funk	Pole Vault	So.	Fresno, Calif. (Clovis West High)
Izzy Gartner	Jumps	So.	Byron, Minn. (Byron High)
Bella Goode	Mid-Distance	So.	Tustin, Calif. (Foothill High)
Ruthie Grant-Williams	Multi's	So.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	Jr.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	So.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Sr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Sr.	Redondo Beach, Calif. (Redondo Union High)
Rhea Hoyte	Sprints/Hurdles	Fr.	St. Michael, Barbados (The St. Michael School)
Jazmin Jackson	Hurdles/Jumps	Fr.	Thousand Oaks, Calif. (Chaminade College Prep)
Simone Johnson	Sprints/Jumps	Fr.	Fresno, Calif. (Central High)
Jessica Kain	Mid-Distance	So.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	So.	Los Angeles, Calif. (Notre Dame Academy High)
Carlene Masar	Distance	Jr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Jr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Jr.	Reistertown, Md. (Franklin High)
Jada Moore	Sprints	So.	St. Louis, Mo. (Pattonville High)
Lauryn Moore	Sprints/Jumps	Sr.	Oakland, Calif. (Bishop O'Dowd High)
Renee Phillips	Mid-Distance/Distance	Sr.	San Diego, Calif. (Coronado High)
Natalie Regalado	Mid-Distance	Jr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Sr.	San Diego, Calif. (La Jolla High)
Molly Scharmann	Pole Vault	Sr.	Trabuco Canyon, Calif. (Washington State)
Asia Smith	Multi's	Sr.	Escondido, Calif. (Mission Hills High)
Naomi Smitham	Distance	Jr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Jr.	San Diego, Calif. (Rancho Buena Vista High)
Alanna Stein	Jumps	Jr.	Temecula, Calif. (Sacramento State)
Kaitlyn Swenson	Pole Vault	Fr.	Temecula, Calif. (Great Oak High)
Dejanae Thompson	Jumps	Jr.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	So.	Seattle, Wash. (Seattle Prep)
Bailey Watts	Mid-Distance/Distance	Fr.	Foothill Ranch, Calif. (Trabuco Hills HS)
Quinn Wiley	Sprints/Hurdles	Jr.	Seattle, Wash. (Chief Sealth High)
Thaila Wilson	Multi's/Jumps	Fr.	St. Catherine, Jamaica (Hydel High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 12th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Eighth season

Assistant Coach (Throws)/Director of Operations: Jesse Chapman (UConn, 2014), First season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Fourth season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 26th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Fourth season

Assistant Coach: Brad Johnson

Assistant Coach (Throws): Jasmine Burrell (San Diego State, 2015), First season

2021 SDSU TRACK & FIELD PERFORMANCE LIST

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

Sara Absten

5-7 | Jr. | Burlington, Wash. | IMG Academy

200 Meter (PR: 24.75 (May 8, 2019))

24.96 (hp)	2nd	Franson Classic	April 9
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800 Meter (PR: 2:23.67 (Jan. 31, 2020))

2:25.77 (hp)	4th	Franson Classic	April 10
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100-Meter Hurdles (PR: 14.50 (Feb. 25, 2021))

14.50	4th	Utah Dual Meet	Feb. 25
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14.50 (w, hp)	2nd	Aztec Invitational	March 25
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16.18	17th	Aztec Invitational	March 27
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14.64 (hp)	4th	Franson Classic	April 9
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High Jump (PR: 5-05.75 (March 25, 2021))

5-05.75 (hp)	T-1st	Aztec Invitational	March 25
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5-02.50 (hp)	T-3rd	Franson Classic	April 9
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Long Jump (PR: 18-10.50 (April 27, 2019))

17-06.75 (hp)	4th	Aztec Invitational	March 26
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18-06.00	3rd	Aztec Invitational	March 27
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18-02.25 (hp)	3rd	Franson Classic	April 10
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Shot Put (PR: 35-03.75 (April 7, 2021))

31-02.75 (hp)	T-7th	Aztec Invitational	March 25
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35-03.75	11th	Mountain West Challenge	April 7
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33-04.00 (hp)	7th	Franson Classic	April 9
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Javelin Throw (PR: 73-3 (March 21, 2019))

70-11 (hp)	9th	Aztec Invitational	March 26
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60-11	10th	Mountain West Challenge	April 7
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63-6 (hp)	8th	Franson Classic	April 10
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Heptathlon: (PR: 4,937 (May 9, 2019))

4,780	5th	Franson Classic	April 10
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Cari Acosta

5-10 | Sr. | Clovis, Calif. | Buchanan HS

Hammer Throw (PR: 150-11 (May 10, 2019))

141-8	9th	Aztec Invitational	March 25
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145-6	4th	Triton Invitational	April 10
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Shot Put (PR: 39-09.25 (April 13, 2018))

Discus Throw (PR: 148-7 (April 10, 2021))

142-09	4th	Utah Dual Meet	Feb. 25
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144-2	10th	Aztec Invitational	March 27
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143-10	6th	Mountain West Challenge	April 7
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148-7	4th	Triton Invitational	April 10
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Alexus Alexander

5-7 | So. | Compton, Calif. | Lakewood HS

100 Meter Dash (PR: 12.00 (March 27, 2021))

12.232	2nd	Utah Dual Meet	Feb. 25
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12.00	12th	Aztec Invitational	March 27
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12.12	5th	Mountain West Challenge	April 7
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12.19	3rd	Triton Invitational	April 10
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200 Meter Dash (PR: 25.46 (March 27, 2021))

25.46	28th	Aztec Invitational	March 27
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4x100-Meter Relay

46.54	1st	Mountain West Challenge	April 7
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45.99	1st	Triton Invitational	April 10
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Anaya Alexander

Sr. | Long Beach, Calif. | Las Lomas HS (Iowa)

Alysia Allen

5-7 | So. | Reno, Nev. | Reed HS

Pole Vault (PR: 13-04.25 (May 24, 2019))

NH	--	Utah Dual Meet	Feb. 25
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Onyi Anigbogu

6-2 | So. | Corona, Calif. | Santiago HS

Shot Put (PR: 43-00.25 (Feb. 25, 2021))

43-00.25	3rd	Utah Dual Meet	Feb. 25
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41-03.25	11th	Aztec Invitational	March 27
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40-04.75	8th	Mountain West Challenge	April 7
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40-10.25	4th	Triton Invitational	April 10
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Discus Throw (PR: 125-6 (March 27, 2021))

125-6	16th	Aztec Invitational	March 27
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112-10	8th	Mountain West Challenge	April 7
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124-1	7th	Triton Invitational	April 10
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Maya Brosch

5-7 | Sr. | South Lake Tahoe, Calif. | South Tahoe HS

200 Meter Dash (PR: 25.39 (April 10, 2021))

25.39	3rd	Triton Invitational	April 10
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400 Meter Hurdles (PR: 58.74 (March 27, 2021))

1:02.05	1st	Utah Dual Meet	Feb. 25
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58.74 (9)	1st	Aztec Invitational	March 27
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58.99	1st	Mountain West Challenge	April 7
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4x100-Meter Relay

48.19	2nd	Utah Dual Meet	Feb. 25
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4x400-Meter Relay

3:49.87	3rd	Utah Dual Meet	Feb. 25
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3:42.83	4th	Aztec Invitational	March 27
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Jordyn Bryant

5-10 | JR. | Oakland, Calif. | Miramonte HS

Shot Put (PR: 49-09.25 (April 5, 2019))

45-07.75	1st	Utah Dual Meet	Feb. 25
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49-05.00	3rd	Aztec Invitational	March 27
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48-10.25	1st	Mountain West Challenge	April 7
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47-07.00	1st	Triton Invitational	April 10
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Discus Throw (PR: 172-5 (March 27, 2021))

149-05	1st	Utah Dual Meet	Feb. 25
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172-5	2nd	Aztec Invitational	March 27
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167-2	2nd	Mountain West Challenge	April 7
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160-3	3rd	Triton Invitational	April 10
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Javelin Throw (PR: 129-5 (March 23, 2019))

Emily Burd

5-6 | Sr. | Havertown, Pa. | Friends' Central School

(Pittsburgh)

800 Meter (PR: 2:18.15 (April 13, 2019))

2:20.70	7th	Utah Dual Meet	Feb. 25
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1,500 Meters (PR: 4:36.58 (April 7, 2021))

4:38.07	4th	Utah Dual Meet	Feb. 25
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4:39.05	9th	Aztec Invitational	March 27
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4:36.58	2nd	Mountain West Challenge	April 7
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5,000 Meters (PR: 17:55.39 (March 30, 2019))

4x400 Meter Relay

4:07.47	4th	Mountain West Challenge	April 7
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Jade Cany

5-11 | Jr. | San Diego, Calif. | Torrey Pines HS

(Sacramento St.)

High Jump (PR: 5-07.00 (April 7, 2021))

5-05.00	7th	Aztec Invitational	March 27
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5-07.00	2nd	Mountain West Challenge	April 7
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5-07.00	T-1st	Triton Invitational	April 10
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Triple Jump (PR: 36-05.50 (March 16, 2019))

36-04.00	6th	Mountain West Challenge	April 7
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Carina Clark

5-6 | Jr. | Winter Springs, Fla. | Winter Springs HS

400-Meter Hurdles (PR: 1:04.63 (April 7, 2021))

1:04.87	3rd	Utah Dual Meet	Feb. 25
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1:05.32	10th	Aztec Invitational	March 27
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1:04.63	6th	Mountain West Challenge	April 7
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1:03.27	3rd	Triton Invitational	April 10
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Paige Comiso

5-4 | Jr. | San Jose, Calif. | Presentation HS

3,000 Meters (PR: 10:58.32 (March 7, 2020))

11:01.29	6th	Mountain West Challenge	April 7
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5,000 Meters (PR: 18:19.17 (April 27, 2019))

19:26.73	21st	Aztec Invitational	March 27
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Felicia Crenshaw

5-7 | Jr. | Costa Mesa, Calif. | Costa Mesa HS

Shot Put (PR: 40-02.00 (April 7, 2021))

40-02.00	9th	Mountain West Challenge	April 7
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39-06.75	5th	Triton Invitational	April 10
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Hammer Throw (PR: 151-10 (March 7, 2020))

139-2	12th	Aztec Invitational	March 25
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151-2	3rd	Triton Invitational	April 10
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Discus Throw (PR: 160-7 (April 10, 2021))

155-04	2nd	Utah Dual Meet	Feb. 25
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147-9	7th	Aztec Invitational	March 27
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148-4	4th	Mountain West Challenge	April 7
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160-7	2nd	Triton Invitational	April 10
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Isabelle Davis

5-2 | Jr. | San Diego, Calif. | Del Norte HS

3,000 Meters (PR: 11:20.87 (April 5, 2019))

11:26.41	8th	Utah Dual Meet	Feb. 25
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11:29.85	10th	Mountain West Challenge	April 7
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5,000 Meters (PR: 19:09.85 (March 9, 2019))

3,000m Steeplechase (PR: 11:39.29 (March 27, 2021))

11:39.29	4th	Aztec Invitational	March 27
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Danae Dyer

5-9 | Jr. | Temecula, Calif. | Temecula Valley HS

100 Meters (PR: 12.02 (March 30, 2019))

200 Meters (PR: 23.09 (May 11, 2019))

100-Meter Hurdles (PR: 13.42 (April 7, 2021))

13.87	1st	Utah Dual Meet	Feb. 25
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13.68	4th	Aztec Invitational	March 27
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13.42	1st	Mountain West Challenge	April 7
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13.57	1st	Triton Invitational	April 10
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4x100-Meter Relay

45.36	1st	Utah Dual Meet	Feb. 25
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45.20	4th	Aztec Invitational	March 27
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45.99	1st	Triton Invitational	April 10
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Kasey Ebb

5-5 | Jr. | Accokeek, Md. | Bullis HS

200 Meters (PR: 25.01 (March 30, 2019))

2021 SDSU TRACK & FIELD PERFORMANCE LIST

12-10.25	8th	Aztec Invitational	March 27
13-00.25	2nd	Mountain West Challenge	April 7
12-02.00	T-2nd	Triton Invitational	April 10

Izzy Gartner

6-0 | So. | Byron, Minn. | Byron HS
High Jump (PR: 5-01.25 (Feb. 25, 2021))

5-01.25	4th	Utah Dual Meet	Feb. 25
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Bella Goode

5-5 | So. | Tustin, Calif. | Foothill HS

Ruthie Grant-Williams

5-9 | So. | Coronado, Calif. | Coronado HS

200 Meter Dash

26.74 (w, hp)	4th	Aztec Invitational	March 25
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25.93 (w, hp)	2nd	Franson Classic	April 9
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100-Meter Hurdles (PR: 14.96 (April 9, 2021))

15.18	5th	Utah Dual Meet	Feb. 25
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14.86 (w, hp)	3rd	Aztec Invitational	March 25
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14.95 (hp)	7th	Franson Classic	April 9
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Long Jump (PR: 17-07.00 (March 25, 2021))

17-07.00 (hp)	3rd	Aztec Invitational	March 26
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17-09.00 (w, hp)	6th	Franson Classic	April 10
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High Jump (PR: 5-07.25 (Feb. 25, 2021))

5-07.25	1st	Utah Dual Meet	Feb. 25
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5-05.75 (hp)	T-1st	Aztec Invitational	March 25
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5-03.00	11th	Aztec Invitational	March 27
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5-05.00 (hp)	T-1st	Franson Classic	April 9
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Shot Put (PR: 35-03.00 (April 7, 2021))

32-09.00	6th	Utah Dual Meet	Feb. 25
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33-09.25 (hp)	5th	Aztec Invitational	March 25
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35-03.00	12th	Mountain West Challenge	April 7
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33-04.00 (hp)	7th	Franson Classic	April 9
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Javelin Throw (PR: 97-9 (April 10, 2021))

93-6 (hp)	4th	Aztec Invitational	March 25
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90-0	9th	Mountain West Challenge	April 7
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97-9 (hp)	6th	Franson Classic	April 10
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Heptathlon (PR: 4,687 points (April 10, 2021))

4,687	6th	Franson Classic	April 10
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Erica Grotegeer

5-7 | Jr. | Plumas Lake, Calif. | Wheatland Union HS

Shot Put (PR: 44-09.00 (Feb. 25, 2021))

44-09.00	2nd	Utah Dual Meet	Feb. 25
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40-09.50	6th	Mountain West Challenge	April 7
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42-05.50	3rd	Triton Invitational	April 10
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Discus Throw (PR: 175-0 (May 11, 2019))

165-08	1st	Utah Dual Meet	Feb. 25
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171-5	1st	Mountain West Challenge	April 7
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165-11	1st	Triton Invitational	April 10
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Lauren Harper

5-11 | So. | Weaverville, Calif. | Trinity HS

800 Meters (PR: 2:16.01 (Feb. 25, 2021))

2:19.38	4th	Utah Dual Meet	Feb. 25
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2:16.01	6th	Mountain West Challenge	April 7
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1,500 Meters (PR: 4:36.64 (Feb. 25, 2021))

4:36.64	3rd	Utah Dual Meet	Feb. 25
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4x400 Meter Relay

4:07.47	4th	Mountain West Challenge	April 7
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Jalyn Harris

5-10 | Sr. | Rancho Cucamonga, Calif. | Rancho Cucamonga HS

100 Meters (PR: 11.97 (April 10, 2021))

11.97	1st	Triton Invitational	April 10
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200 Meters (PR: 23.82 (May 12, 2018))

24.42	1st	Utah Dual Meet	Feb. 25
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24.08	2nd	Mountain West Challenge	April 7
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400 Meters (PR: 53.59 (May 12, 2018))

54.09	3rd	Aztec Invitational	March 27
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54.15	1st	Mountain West Challenge	April 7
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4x100 Meter Relay

45.20	4th	Aztec Invitational	March 27
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4x400-Meter Relay

3:42.44	1st	Utah Dual Meet	Feb. 25
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Kaitlin Heri

5-6 | Sr. | Redondo Beach, Calif. | Redondo Union

Pole Vault (PR: 14-00.00 (April 7, 2021))

13-04.25	1st	Utah Dual Meet	Feb. 25
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13-06.25	2nd	Aztec Invitational	March 27
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14-00.00	1st	Mountain West Challenge	April 7
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13-06.25	1st	Triton Invitational	April 10
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Rhea Hoyte

5-7 | Fr. | St. Michael, Barbados | The St. Michael School

200 Meter Dash (PR: 24.87 (March 27, 2021))

24.87	20th	Aztec Invitational	March 27
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400 Meters (PR: 56.96 (Feb. 25, 2021))

56.86	4th	Utah Dual Meet	Feb. 25
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400 Meter Hurdles (1:01.85 (April 7, 2021))

1:01.85	3rd	Mountain West Challenge	April 7
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1:02.04	1st	Triton Invitational	April 10
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4x100-Meter Relay

48.19	3rd	Utah Dual Meet	Feb. 25
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46.54	1st	Mountain West Challenge	April 7
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4x400-Meter Relay

3:42.44	1st	Utah Dual Meet	Feb. 25
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3:42.83	4th	Aztec Invitational	March 27
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Jazmin Jackson

5-7 | Fr. | Thousand Oaks, Calif. | Chaminade College Prep

Simone Johnson

5-7 | Fr. | Fresno, Calif. | Central HS

Long Jump (PR: 17-00.00 (Feb. 25, 2021))

17-00.00	3rd	Utah Dual Meet	Feb. 25
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Triple Jump (PR: 39-02.25 (April 10, 2021))

38-09.75	3rd	Utah Dual Meet	Feb. 25
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37-10.75	7th	Aztec Invitational	March 27
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39-02.25	2nd	Triton Invitational	April 10
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Jessica Kain

5-7 | So. | Scotts Valley, Calif. | Scotts Valley HS

800 Meter (PR: 2:20.17 (Feb. 25, 2021))

2:20.17	6th	Utah Dual Meet	Feb. 25
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1,500 Meters (PR: 4:31.18 (March 27, 2021))

4:35.09	1st	Utah Dual Meet	Feb. 25
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4:31.18 (7)	4th	Aztec Invitational	March 27
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3,000 Meters (PR: 10:01.50 (April 7, 2021))

10:01.50	1st	Mountain West Challenge	April 7
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Alex Lomeli

5-3 | So. | Los Angeles, Calif. | Notre Dame Academy HS

800 Meters (PR: 2:16.11 (March 27, 2021))

2:19.74	5th	Utah Dual Meet	Feb. 25
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2:16.11	6th	Aztec Invitational	March 27
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1,500 Meters (PR: 4:41.77 (April 7, 2021))

4:41.77	5th	Mountain West Challenge	April 7
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4x400 Meter Relay

4:07.47	4th	Mountain West Challenge	April 7
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Carlene Masar

5-7 | Jr. | Jamul, Calif. | Steele Canyon HS

1,500 Meters (PR: 4:37.98 (April 7, 2021))

4:37.98	3rd	Mountain West Challenge	April 7
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3,000 Meters (PR: 10:15.02 (Feb. 25, 2021))

10:15.02	3rd	Utah Dual Meet	Feb. 25
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5,000 Meters (PR: 17:34.01 (March 27, 2021))

17:34.01	3rd	Aztec Invitational	March 27
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Tai McDonald

5-4 | Jr. | Sacramento, Calif. | Sheldon HS

100 Meters (PR: 12.09 (March 27, 2021))

12.26	3rd	Utah Dual Meet	Feb. 25
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12.09	13th	Aztec Invitational	March 27
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200 Meters (PR: 24.69 (April 19, 2019))

25.01	21st	Aztec Invitational	March 27
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4x100-Meter Relay

45.36	1st	Utah Dual Meet	Feb. 25
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45.20	4th	Aztec Invitational	March 27
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45.99	1st	Triton Invitational	April 10
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4x400-Meter Relay

3:49.87	3rd	Utah Dual Meet	Feb. 25
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Nyari McNeil

5-8 | Jr. | Reisterstown, Md. | Franklin HS

200 Meters (PR: 25.53 (April 7, 2021))

25.53	9th	Mountain West Challenge	April 7
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400 Meters (PR: 53.52 (May 11, 2019))

55.88	1st	Utah Dual Meet	Feb. 25
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800 Meters (PR: 2:05.27 (May 11, 2019))

2:12.82	5th	Aztec Invitational	March 27
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2:10.46	1st	Triton Invitational	April 10
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1,500 Meters (PR: 4:43.35 (Apr. 12, 2019))

4:53.83	10th	Mountain West Challenge	April 7
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4x400-Meter Relay

3:42.44	1st	Utah Dual Meet	Feb. 25
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Jada Moore

5-4 | So. | St. Louis, Mo. | Pattonville HS

100 Meters (PR: 11.83 (April 7, 2021))

11.50 (w)	4th	Aztec Invitational	March 27
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11.83	2nd	Mountain West Challenge	April 7
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200 Meters (PR: 23.96 (March 27, 2021))

24.54	2nd	Utah Dual Meet	Feb. 25
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23.96	11th	Aztec Invitational	March 27
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24.00	1st	Mountain West Challenge	April 7
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24.63	1st	Triton Invitational	April 10
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4x100-Meter Relay

45.36	1st	Utah Dual Meet	Feb. 25
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45.20	4th	Aztec Invitational	March 27
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45.99	1st	Triton Invitational	April 10
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4x400-Meter Relay

3:49.87	3rd	Utah Dual Meet	Feb. 25
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3:42.83	4th	Aztec Invitational	March 27
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Lauryn Moore

5-8 | Sr. | Oakland, Calif. | Bishop O'Dowd HS

Long Jump (PR: 17-02.00 (Feb. 25, 2021))

17-02.00	1st	Utah Dual Meet	Feb. 25
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16-03.25	9th	Triton Invitational	April 10
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Triple Jump (PR: 36-03.50 (March 7, 2020))

2021 SDSU TRACK & FIELD PERFORMANCE LIST

Molly Scharmann

5-9 | R-Sr. | Trabuco Canyon, Calif. | Tesoro HS
(Washington State)
Pole Vault (PR: 13-08.25 (May, 13, 2018))

Asia Smith

5-9 | Sr. | Escondido, Calif. (Mission Hills HS)
200 Meters (PR: 25.26 (May 8, 2019))

26.49 (hp)	7th	Franson Classic	April 9
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800 Meters (PR: 2:33.78 (May 10, 2018))

100-Meter Hurdles (PR: 14.06 (May 8, 2019))

14.40	2nd	Utah Dual Meet	Feb. 25
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14.37 (hp)	2nd	Franson Classic	April 9
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High Jump (PR: 5-07.25 (May 10, 2019))

5-05.00	3rd	Utah Dual Meet	Feb. 25
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5-05.00 (hp)	T-1st	Franson Classic	April 9
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Long Jump (PR: 19-03.50 (April 27, 2019))

Shot Put (PR: 43-07.25 (May 8, 2019))

38-11.00	4th	Utah Dual Meet	Feb. 25
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37-08.75 (hp)	3rd	Aztec Invitational	March 25
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39-08.50	12th	Aztec Invitational	March 27
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40-06.25	7th	Mountain West Challenge	April 7
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40-01.50 (hp)	1st	Franson Classic	April 9
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Javelin Throw (PR: 108-4 (March 30, 2019))

91-2 (hp)	5th	Aztec Invitational	March 26
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91-5	14th	Aztec Invitational	March 27
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99-8	7th	Mountain West Challenge	April 7
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85-3 (hp)	7th	Franson Classic	April 10
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Heptathlon (PR: 5,309 (May 9, 2019))

4x400-Meter Relay

4:02.23	4th	Utah Dual Meet	Feb. 25
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Naomi Smitham

5-8 | Jr. | San Diego, Calif. | Canyon Crest Academy
3000 Meters (PR: 11:01.16 (March 7, 2020))

11:06.33	7th	Utah Dual Meet	Feb. 25
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5000 Meters (PR: 18:45.32 (March 27, 2021))

18:45.32	17th	Aztec Invitational	March 27
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Vanessa Spizewski

5-9 | Jr. | San Diego, Calif. | Rancho Buena Vista HS
100 Meters (PR: 12.85 (April 10, 2021))

12.85	4th	Triton Invitational	April 10
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Long Jump (PR: 18-08.00 (March 27, 2021))

18-08.00	2nd	Aztec Invitational	March 27
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18-03.00	5th	Mountain West Challenge	April 7
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18-02.50	1st	Triton Invitational	April 10
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4x100-Meter Relay

46.54	1st	Mountain West Challenge	April 7
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Alanna Stein

5-6 | Jr. | Temecula, Calif. | Great Oak HS
(Sacramento State)

High Jump (PR: 4-11.00 (April 26, 2019))

Long Jump (PR: 16-03.00 (Feb. 25, 2021))

16-03.00	4th	Utah Dual Meet	Feb. 25
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Triple Jump (PR: 35-03.75 (March 7, 2020))

33-09.50	6th	Utah Dual Meet	Feb. 25
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Kaitlyn Swenson

5-7 | Fr. | Temecula, Calif. | Great Oak HS
Pole Vault (PR: 12-10.50 (March 27, 2021))

12-00.50	3rd	Utah Dual Meet	Feb. 25
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12-10.25	4th	Aztec Invitational	March 27
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12-06.25	4th	Mountain West Challenge	April 7
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12-02.00	T-2nd	Triton Invitational	April 10
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Dejanae Thompson

5-6 | Jr. | San Diego, Calif. | Morse HS

Long Jump (PR: 17-06.00 (March 7, 2020))

16-07.25	10th	Mountain West Challenge	April 7
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17-05.50	3rd	Triton Invitational	April 10
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Triple Jump (PR: 35-03.00 (March 7, 2020))

Aisha Watt

5-4 | So. | Seattle, Wash. | Seattle Prep
100 Meters (PR: 12:05 (April 10, 2021))

12:05	2nd	Triton Invitational	April 10
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200 Meters (PR: 24.57 (April 7, 2021))

25.00	3rd	Utah Dual Meet	Feb. 25
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25.12	24th	Aztec Invitational	March 27
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24.57	3rd	Mountain West Challenge	April 7
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24.71	2nd	Triton Invitational	April 10
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4x100-Meter Relay

48.19	3rd	Utah Dual Meet	Feb. 25
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46.54	1st	Mountain West Challenge	April 7
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4x400-Meter Relay

3:42.83	4th	Aztec Invitational	March 27
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4:07.47	4th	Mountain West Challenge	April 7
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Bailey Watts

5-4 | Fr. | Foothill Ranch, Calif. | Trabuco Hills HS
1,500 Meters (PR: 4:44.28 (April 7, 2021))

4:48.07	15th	Aztec Invitational	March 27
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4:44.28	7th	Mountain West Challenge	April 7
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Quinn Wiley

5-3 | Jr. | Seattle, Wash. | Chief Sealth HS

400-Meter Hurdles (PR: 1:03.63 (March 7, 2020))

1:05.09	4th	Utah Dual Meet	Feb. 25
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4x100-Meter Relay

48.19	3rd	Utah Dual Meet	Feb. 25
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Thaila Wilson

5-3 | Fr. | St. Catherine, Jamaica | Hydrel HS

High Jump (PR: 5-03.25 (March 25, 2021))

5-03.25 (hp)	T-4th	Aztec Invitational	March 25
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Long Jump (PR: 5-03.00 (March 27, 2021))

5-03.00	10th	Aztec Invitational	March 27
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Triple Jump (PR: 36-06.75 (Feb. 25, 2021))

36-06.75	2nd	Utah Dual Meet	Feb. 25
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Shot Put (PR: 38-03.25 (Feb. 25, 2021))

38-03.25	5th	Utah Dual Meet	Feb. 25
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38-00.25 (hp)	2nd	Aztec Invitational	March 25
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37-11.50	14th	Aztec Invitational	March 27
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37-10.00	10th	Mountain West Challenge	April 7
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36-11.75	8th	Triton Invitational	April 10
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Javelin Throw (PR: 132-6 (Feb. 25, 2021))

132-6	1st	Utah Dual Meet	Feb. 25
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128-10	6th	Aztec Invitational	March 27
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126-9	4th	Mountain West Challenge	April 7
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128-1	1st	Triton Invitational	April 10
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*KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay);
Note that all personal records (PR) are collegiate personal records*

OUTDOOR

2021 SDSU TRACK & FIELD PERFORMANCE LIST

100 METERS

School Record: 10.96 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
11.50	Jada Moore	4th	Wind	Aztec Invitational	Mar. 27
11.83	Jada Moore	2nd		Mountain West Challenge	Apr. 7
11.97	Jalyn Harris	1st		Triton Invitational	Apr. 10
12.00	Alexus Alexander	12th		Aztec Invitational	Mar. 27
12.05	Aisha Watt	2nd		Triton Invitational	Apr. 10
12.12	Alexus Alexander	5th		Mountain West Challenge	Apr. 7
12.19	Alexus Alexander	3rd		Triton Invitational	Apr. 10
12.09	Tai McDonald	13th		Aztec Invitational	Mar. 27
12.23	Alexus Alexander	2nd		Utah Dual Meet	Feb. 25
12.26	Tai McDonald	3rd		Utah Dual Meet	Feb. 25
12.85	Vanessa Spizewski	4th		Triton Invitational	Apr. 10

200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
23.96	Jada Moore	11th		Aztec Invitational	Mar. 27
24.00	Jada Moore	1st		Mountain West Challenge	Apr. 7
24.08	Jalyn Harris	2nd		Mountain West Challenge	Apr. 7
24.42	Jalyn Harris	1st		Utah Dual Meet	Feb. 25
24.54	Jada Moore	2nd		Utah Dual Meet	Feb. 25
24.57	Aisha Watt	3rd		Mountain West Challenge	Apr. 7
24.63	Jada Moore	1st		Triton Invitational	Apr. 10
24.71	Aisha Watt	2nd		Triton Invitational	Apr. 10
24.87	Rhea Hoyte	20th		Aztec Invitational	Mar. 27
24.96	Sara Absten	2nd	heptathlon	Franson Classic	Apr. 9
25.01	Tai McDonald	21st		Aztec Invitational	Mar. 27
25.00	Aisha Watt	3rd		Utah Dual Meet	Feb. 25
25.12	Aisha Watt	24th		Aztec Invitational	Mar. 27
25.39	Maya Brosch	3rd		Triton Invitational	Apr. 10
25.46	Alexus Alexander	28th		Aztec Invitational	Mar. 27
25.53	Nyjarl McNeil	9th		Mountain West Challenge	Apr. 7
25.93	Ruthie Grant-Williams	5th	wind, heptathlon	Franson Classic	Apr. 9
26.49	Asia Smith	7th	heptathlon	Franson Classic	Apr. 9
26.74	Ruthie Grant-Williams	4th	wind, heptathlon	Aztec Invitational	Mar. 25

400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
54.09	Jalyn Harris	3rd		Aztec Invitational	Mar. 27
54.15	Jalyn Harris	1st		Mountain West Challenge	Apr. 7
55.88	Nyjarl McNeil	1st		Utah Dual Meet	Feb. 25
56.96	Rhea Hoyte	4th		Utah Dual Meet	Feb. 25

800 METERS

School Record: 2:02.88 (Renee Chambers-Ross, 1985)

Time	Athlete	Place	Notes	Meet	Date
2:10.46	Nyjarl McNeil	1st		Triton Invitational	Apr. 10
2:12.82	Nyjarl McNeil	5th		Aztec Invitational	Mar. 27
2:16.01	Lauren Harper	6th		Mountain West Challenge	Apr. 7
2:16.11	Alex Lomeli	6th		Aztec Invitational	Mar. 27
2:19.39	Lauren Harper	4th		Utah Dual Meet	Feb. 25
2:19.74	Alex Lomeli	5th		Utah Dual Meet	Feb. 25
2:20.17	Jessica Kain	6th		Utah Dual Meet	Feb. 25
2:20.70	Emily Burd	7th		Utah Dual Meet	Feb. 25
2:25.77	Sara Absten	4th	heptathlon	Franson Classic	Apr. 10
2:41.90	Ruthie Grant-Williams	7th	heptathlon	Franson Classic	Apr. 10

1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
4:31.18	Jessica Kain	4th	No. 7 all-time	Aztec Invitational	Mar. 27
4:35.09	Jessica Kain	1st		Utah Dual Meet	Feb. 25
4:36.58	Emily Burd	2nd		Mountain West Challenge	Apr. 7
4:36.64	Lauren Harper	3rd		Utah Dual Meet	Feb. 25
4:37.98	Carlene Masar	3rd		Mountain West Challenge	Apr. 7
4:38.07	Emily Burd	4th		Utah Dual Meet	Feb. 25
4:39.05	Emily Burd	9th		Aztec Invitational	Mar. 27
4:41.77	Alex Lomeli	5th		Mountain West Challenge	Apr. 7
4:43.18	Renee Phillips	6th		Mountain West Challenge	Apr. 7
4:48.07	Bailey Watts	15th		Aztec Invitational	Mar. 27

4:53.83 Nyjarl McNeil 10th Mountain West Challenge Apr. 7

3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
10:01.50	Jessica Kain	1st		Mountain West Challenge	Apr. 7
10:15.02	Carlene Masar	3rd		Utah Dual Meet	Feb. 25
10:33.67	Amber Elias	4th		Mountain West Challenge	Apr. 7
10:37.85	Amber Elias	5th		Utah Dual Meet	Feb. 25
10:43.24	Renee Phillips	6th		Utah Dual Meet	Feb. 25
11:01.29	Paige Comiso	6th		Mountain West Challenge	Apr. 7
11:06.33	Naomi Smitham	7th		Utah Dual Meet	Feb. 25
11:10.19	Naomi Smitham	7th		Mountain West Challenge	Apr. 7
11:26.41	Isabelle Davis	8th		Utah Dual Meet	Feb. 25
11:29.85	Isabelle Davis	10th		Mountain West Challenge	Apr. 7
11:49.05	Natalie Regaldo	9th		Utah Dual Meet	Feb. 25

5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Time	Athlete	Place	Notes	Meet	Date
17:34.01	Carlene Masar	3rd		Aztec Invitational	Mar. 27
18:05.19	Renee Phillips	7th		Aztec Invitational	Mar. 27
18:16.58	Amber Elias	12th		Aztec Invitational	Mar. 27
18:45.32	Naomi Smitham	17th		Aztec Invitational	Mar. 27
19:26.73	Paige Comiso	21st		Aztec Invitational	Mar. 27

100-METER HURDLES

School Record: 12.82 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
13.42	Danae Dyer	1st		Mountain West Challenge	Apr. 7
13.57	Danae Dyer	1st		Triton Invitational	Apr. 10
13.68	Danae Dyer	4th		Aztec Invitational	Mar. 27
13.87	Danae Dyer	1st		Utah Dual Meet	Feb. 25
14.37	Asia Smith	2nd	heptathlon	Franson Classic	Apr. 9
14.40	Asia Smith	2nd		Utah Dual Meet	Feb. 25
14.50	Sara Absten	4th		Utah Dual Meet	Feb. 25
14.50	Sara Absten	2nd	wind, heptathlon	Aztec Invitational	Mar. 25
14.64	Sara Absten	4th	heptathlon	Franson Classic	Apr. 9
14.86	Ruthie Grant-Williams	3rd	wind, heptathlon	Aztec Invitational	Mar. 25
14.95	Ruthie Grant-Williams	7th	wind, heptathlon	Franson Classic	Apr. 9
15.18	Ruthie Grant-Williams	5th		Utah Dual Meet	Feb. 25
16.18	Sara Absten	17th		Aztec Invitational	Mar. 27

400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Time	Athlete	Place	Notes	Meet	Date
58.74	Maya Brosch	1st	No. 9 all-time	Aztec Invitational	Mar. 27
58.99	Maya Brosch	1st		Mountain West Challenge	Apr. 7
1:01.85	Rhea Hoyte	3rd		Mountain West Challenge	Apr. 7
1:02.04	Rhea Hoyte	1st		Triton Invitational	Apr. 10
1:02.05	Maya Brosch	1st		Utah Dual Meet	Feb. 25
1:03.27	Carina Clark	3rd		Triton Invitational	Apr. 10
1:04.63	Carina Clark	6th		Mountain West Challenge	Apr. 7
1:04.87	Carina Clark	3rd		Utah Dual Meet	Feb. 25
1:05.09	Quinn Wiley	4th		Utah Dual Meet	Feb. 25
1:05.32	Carina Clark	10th		Aztec Invitational	Mar. 27

3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
11:39.3	Isabelle Davis	4th		Aztec Invitational	Mar. 27

4x100-METER RELAY

School Record: 42.99 (Auzenne, Glenn, Smith, Henderson, 2017)

Time	Team	Place	Notes	Meet	Date
45.20	Moore, Harris, McDonald, Dyer	4th		Aztec Invitational	Mar. 27
45.36	Alexander, McDonald, Moore, Dyer	1st		Utah Dual Meet	Feb. 25
45.99	Alexander, McDonald, Moore, Dyer	1st		Triton Invitational	Apr. 10
46.54	Alexander, Watt, Hoyte, Spizewski	1st		Mountain West Challenge	Apr. 7
48.19	Watt, Hoyte, Brosch, Wiley	3rd		Utah Dual Meet	Feb. 25

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4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
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4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:42.44	Hoyte, Dyer, McNeil, Harris	1st		Utah Dual Meet	Feb. 25
3:42.83	Brosch, Hoyte, Watt, McNeil	4th		Aztec Invitational	Mar. 27
3:49.87	Brosch, Moore, McDonald, Alexander	3rd		Utah Dual Meet	Feb. 25
4:02.23	Absten, Grant-Williams, Smith, Clark	4th		Utah Dual Meet	Feb. 25
4:07.47	Harper, Burd, Watts, Lomeli	4th		Mountain West Challenge	Apr. 7

SHUTTLE HURDLES RELAY

School Record: 54.34 (Brabham-Lawrence, Auzenne, Knight, Ellis, 2017)

Mark	Athlete	Place	Notes	Meet	Date
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POLE VAULT

School Record: 14-09.50 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
14-00.00	Kaitlin Heri	1st	No. 5 all-time	Mountain West Challenge	Apr. 7
13-06.25	Kaitlin Heri	1st		Triton Invitational	Apr. 10
13-06.25	Kaitlin Heri	2nd		Aztec Invitational	Mar. 27
13-04.25	Kaitlin Heri	1st		Utah Dual Meet	Feb. 25
13-00.25	Elizabeth Funk	2nd		Mountain West Challenge	Apr. 7
13-00.25	Elizabeth Funk	2nd		Utah Dual Meet	Feb. 25
12-10.25	Kaitlyn Swenson	4th		Aztec Invitational	Mar. 27
12-10.25	Elizabeth Funk	8th		Aztec Invitational	Mar. 27
12-06.25	Kaitlyn Swenson	4th		Mountain West Challenge	Apr. 7
12-02.00	Kaitlyn Swenson	T-2nd		Triton Invitational	Apr. 10
12-02.00	Elizabeth Funk	T-2nd		Triton Invitational	Apr. 10
12-02.00	Delaney Fields	T-2nd		Triton Invitational	Apr. 10
12-00.50	Kaitlyn Swenson	3rd		Utah Dual Meet	Feb. 25
12-00.50	Delaney Fields	5th		Mountain West Challenge	Apr. 7
11-10.50	Delaney Fields	10th		Aztec Invitational	Mar. 27
NH	Alysia Allen	--		Utah Dual Meet	Feb. 25

HIGH JUMP

School Record: 5-11.75 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-07.25	Ruthie Grant-Williams	1st		Utah Dual Meet	Feb. 25
5-07.00	Jade Canary	T-1st		Triton Invitational	Apr. 10
5-07.00	Jade Canary	2nd		Mountain West Challenge	Apr. 7
5-05.75	Sara Absten	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.75	Ruthie Grant-Williams	T-1st	heptathlon	Aztec Invitational	Mar. 25
5-05.00	Asia Smith	T-1st	heptathlon	Franson Classic	Apr. 9
5-05.00	Ruthie Grant-Williams	T-1st	heptathlon	Franson Classic	Apr. 9
5-05.00	Jade Canary	7th		Aztec Invitational	Mar. 27
5-05.00	Sara Absten	2nd		Utah Dual Meet	Feb. 25
5-05.00	Asia Smith	3rd		Utah Dual Meet	Feb. 25
5-03.25	Thaila Wilson	T-4th	heptathlon	Aztec Invitational	Mar. 25
5-03.00	Thaila Wilson	10th		Aztec Invitational	Mar. 27
5-03.00	Ruthie Grant-Williams	11th		Aztec Invitational	Mar. 27
5-02.50	Sara Absten	T-3rd	heptathlon	Franson Classic	Apr. 9
5-01.25	Isabelle Gartner	4th		Utah Dual Meet	Feb. 25

LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
18-08.00	Vanessa Spizewski	2nd		Aztec Invitational	Mar. 27
18-06.00	Sara Absten	3rd		Aztec Invitational	Mar. 27
18-03.00	Vanessa Spizewski	5th		Mountain West Challenge	Apr. 7
18-02.50	Vanessa Spizewski	1st		Triton Invitational	Apr. 10
18-02.25	Sara Absten	3rd	heptathlon	Franson Classic	Apr. 10
17-09.00	Ruthie Grant-Williams	6th	heptathlon, wind	Franson Classic	Apr. 10
17-07.00	Ruthie Grant-Williams	3rd	heptathlon	Aztec Invitational	Mar. 26
17-06.75	Sara Absten	4th	heptathlon	Aztec Invitational	Mar. 26
17-05.50	Dejanae Thompson	3rd		Triton Invitational	Apr. 10
17-02.00	Lauryn Moore	1st		Utah Dual Meet	Feb. 25
17-00.00	Simone Johnson	3rd		Utah Dual Meet	Feb. 25
16-07.25	Dejanae Thompson	10th		Mountain West Challenge	Apr. 7
16-03.25	Lauryn Moore	9th		Triton Invitational	Apr. 10

16-03.00	Alanna Stein	4th		Utah Dual Meet	Feb. 25
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TRIPLE JUMP

School Record: 46-05.00 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
39-02.25	Simone Johnson	2nd		Triton Invitational	Apr. 10
38-09.75	Simone Johnson	1st		Utah Dual Meet	Feb. 25
37-10.75	Simone Johnson	7th		Aztec Invitational	Mar. 27
36-09.00	Lauryn Moore	4th	wind	Triton Invitational	Apr. 10
36-06.75	Thaila Wilson	2nd		Utah Dual Meet	Feb. 25
36-04.00	Jade Canary	6th		Mountain West Challenge	Apr. 7
35-05.00	Lauryn Moore	3rd		Utah Dual Meet	Feb. 25
34-11.75	Jade Canary	4th		Utah Dual Meet	Feb. 25
33-09.50	Alanna Stein	6th		Utah Dual Meet	Feb. 25

SHOT PUT

School Record: 58-03.50 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
49-05.00	Jordyn Bryant	3rd		Aztec Invitational	Mar. 27
48-10.25	Jordyn Bryant	1st		Mountain West Challenge	Apr. 7
47-07.00	Jordyn Bryant	1st		Triton Invitational	Apr. 10
45-07.75	Jordyn Bryant	1st		Utah Dual Meet	Feb. 25
44-09.00	Erica Grotegeer	2nd		Utah Dual Meet	Feb. 25
43-00.25	Onyi Anigbogu	3rd		Utah Dual Meet	Feb. 25
42-05.50	Erica Grotegeer	3rd		Triton Invitational	Apr. 10
41-03.25	Onyi Anigbogu	11th		Aztec Invitational	Mar. 27
40-10.25	Onyi Anigbogu	4th		Triton Invitational	Apr. 10
40-09.50	Erica Grotegeer	6th		Mountain West Challenge	Apr. 7
40-06.25	Asia Smith	7th		Mountain West Challenge	Apr. 7
40-04.75	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7
40-02.00	Felicia Crenshaw	9th		Mountain West Challenge	Apr. 7
40-01.50	Asia Smith	1st	heptathlon	Franson Classic	Apr. 9
39-08.50	Asia Smith	12th		Aztec Invitational	Mar. 27
39-06.75	Felicia Crenshaw	5th		Triton Invitational	Apr. 10
38-11.00	Asia Smith	4th		Utah Dual Meet	Feb. 25
38-03.25	Thaila Wilson	5th		Utah Dual Meet	Feb. 25
38-00.25	Thaila Wilson	2nd	heptathlon	Aztec Invitational	Mar. 25
37-10.00	Thaila Wilson	10th		Mountain West Challenge	Apr. 7
37-08.75	Asia Smith	3rd	heptathlon	Aztec Invitational	Mar. 25
37-11.50	Thaila Wilson	14th		Aztec Invitational	Mar. 27
36-11.75	Thaila Wilson	8th		Triton Invitational	Apr. 10
35-03.75	Sara Absten	11th		Mountain West Challenge	Apr. 7
35-03.00	Ruthie Grant-Williams	12th		Mountain West Challenge	Apr. 7
33-09.25	Ruthie Grant-Williams	5th	heptathlon	Aztec Invitational	Mar. 25
33-06.00	Ruthie Grant-Williams	6th	heptathlon	Franson Classic	Apr. 9
33-04.00	Sara Absten	7th	heptathlon	Franson Classic	Apr. 9
32-09.00	Ruthie Grant-Williams	6th		Utah Dual Meet	Feb. 25
31-04.50	Sara Absten	7th		Utah Dual Meet	Feb. 25
31-02.75	Sara Absten	T-7th	heptathlon	Aztec Invitational	Mar. 25

DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
172-5	Jordan Bryant	2nd	No. 8 all-time	Aztec Invitational	Mar. 27
171-5	Erica Grotegeer	1st		Mountain West Challenge	Apr. 7
167-2	Jordyn Bryant	2nd		Mountain West Challenge	Apr. 7
165-11	Erica Grotegeer	1st		Triton Invitational	Apr. 10
165-8	Erica Grotegeer	1st		Utah Dual Meet	Feb. 25
160-7	Felicia Crenshaw	2nd		Triton Invitational	Apr. 10
160-3	Jordyn Bryant	3rd		Triton Invitational	Apr. 10
155-4	Felicia Crenshaw	2nd		Utah Dual Meet	Feb. 25
149-5	Jordyn Bryant	3rd		Utah Dual Meet	Feb. 25
148-7	Cari Acosta	4th		Triton Invitational	Apr. 10
148-4	Felicia Crenshaw	4th		Mountain West Challenge	Apr. 7
147-9	Felicia Crenshaw	7th		Aztec Invitational	Mar. 27
144-2	Cari Acosta	10th		Aztec Invitational	Mar. 27
143-10	Cari Acosta	6th		Mountain West Challenge	Apr. 7
142-09	Cari Acosta	4th		Utah Dual Meet	Feb. 25
125-6	Onyi Anigbogu	16th		Aztec Invitational	Mar. 27
124-1	Onyi Anigbogu	7th		Triton Invitational	Apr. 10
113-7	Onyi Anigbogu	5th		Utah Dual Meet	Feb. 25
112-10	Onyi Anigbogu	8th		Mountain West Challenge	Apr. 7

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HAMMER THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
141-8	Cari Acosta	9th		Aztec Invitational	Mar. 26
139-2	Felicia Crenshaw	12th		Aztec Invitational	Mar. 25

JAVELIN THROW

School Record: 160-05.25 (Niki Oudenaarden, 2014)

Mark	Athlete	Place	Notes	Meet	Date
132-06	Thaila Wilson	1st		Utah Dual Meet	Feb. 25
128-10	Thaila Wilson	6th		Aztec Invitational	Mar. 27
128-1	Thaila Wilson	1st		Triton Invitational	Apr. 10
126-9	Thaila Wilson	4th		Mountain West Challenge	Apr. 7
97-9	Ruthie Grant-Williams	6th	heptathlon	Franson Classic	Apr. 10
93-6	Ruthie Grant-Williams	4th	heptathlon	Aztec Invitational	Mar. 26
91-5	Asia Smith	14th		Aztec Invitational	Mar. 27
91-2	Asia Smith	5th	heptathlon	Aztec Invitational	Mar. 26
85-3	Asia Smith	7th	heptathlon	Franson Classic	Apr. 10
70-11	Sara Absten	9th	heptathlon	Aztec Invitational	Mar. 25
63-6	Sara Absten	8th	heptathlon	Franson Classic	Apr. 10

HEPTATHLON

School Record: 5,917 (Allison Reaser, 2014)

Points	Athlete	Place	Notes	Meet	Date
4,780	Sara Absten	5th		Franson Classic	Apr. 10
4,687	Ruthie Grant-Williams	6th		Franson Classic	Apr. 10
3,554	Asia Smith	DN	Competed in 5 events	Franson Classic	Apr. 10