



# SAN DIEGO STATE AZTECS

## 2021 Cross Country Notes

**Ben Pearson (Primary Contact)**  
 Assistant Media Relations Director  
**Office Phone Number:** (619) 594-5549  
**E-Mail Address:** ben.pearson@sdsu.edu  
**News Release Date:** October 21, 2021

**SDSU Official Athletics Website:** goaztecs.com  
**SDSU Official Athletics Twitter:** @GoAztecs  
**SDSU Official Athletics Instagram:** @GoAztecs  
**SDSU Official Athletics Facebook:** facebook.com/goaztecs  
**SDSU Official Athletics YouTube:** youtube.com/goaztecscom

### Schedule/Results

#### September

1	Anteater Opener (4k) Irvine, Calif. (UCI Arc Fields)	3rd/4
10	Stump Invitational (6k) Davis, Calif. (Wildhorse Golf Club)	4th/8
17	USD Invitational (6k) San Diego, Calif. (Tecolote Shores - Mission Bay)	No Team Score
25	Cougar Challenge (6k) San Marcos, Calif. (Mangrum Track & Field Complex)	No Team Score

#### October

1	Dave Murray Invitational (6k) Tucson, Ariz.	2nd/5
16	Highlander Invitational (6k) Riverside, Calif. (UCR Ag Ops Course)	5th/25
22	<b>Titan Invitational (5k)</b> <b>Fullerton, Calif. (Titan Track Complex)</b>	<b>5 p.m.</b>
29	Mountain West Championships (6k) Albuquerque, N.M.	TBA

#### November

12	NCAA West Regional (6k) Sacramento, Calif. (Haggin Oaks Golf Complex)	TBA
----	--	-----

### Roster

Name	Year	Hometown (Last School)
Anaya Alexander	Senior	Long Beach, Calif. (Iowa)
Emily Burd	Senior	Havertown, Pa. (Pittsburgh)
Vanessa Cabello	Freshman	Los Altos, Calif. (Saint Francis HS)
Paige Comiso	Senior	San Jose, Calif. (Presentation HS)
Isabelle Davis	Senior	San Diego, Calif. (Del Norte HS)
Amber Elias	Sophomore	Napa, Calif. (Vintage HS)
Lauren Harper	Freshman	Weaverville, Calif. (Trinity HS)
Jessica Kain	Junior	Scotts Valley, Calif. (Scotts Valley HS)
Alex Lomeli	Junior	Los Angeles, Calif. (Notre Dame Academy)
Taylor Lustyan	Junior	Clovis, Calif. (Chico State)
Carlene Masar	Senior	Jamul, Calif. (Steele Canyon HS)
Nyjarri McNeil	Sophomore	Reistertown, Md. (Franklin HS)
Nicole Meyer	Freshman	Orange, Calif. (Orange Lutheran HS)
Natalie Regalado	Senior	Lake Forest, Calif. (Trabuco Hills)
Naomi Smitham	Senior	San Diego, Calif. (Canyon Crest Academy)
Bailey Watts	Freshman	Foothill Ranch, Calif. (Trabuco Hills HS)

**Head Coach:** Shelia Burrell (UCLA, 1995), 13th season  
**Assistant Coach:** Robert Lusitana (San Diego State, 1982), 5th season

### Meet Week Preview

Titan Invitational (5k)  
 Friday, Oct. 21 | 5 p.m. PT | Fullerton, Calif. | Titan Track Complex  
 Media Coverage: Live Results (Finished Results)

**SAN DIEGO** – The San Diego State cross country team will be competing at Cal State Fullerton's Titan Invitational 5k Friday at 5 p.m.

The Aztecs will have Paige Comiso, Isabelle Davis, Kennedy Jennings, Nyjarri McNeil, Natalie Regalado and Bailey Watts competing. It will be the first XC race of the year for Jennings and McNeil, who are mid-distance runners on the Aztec track and field team.

The forecast calls for clear skies and temperatures in the low 70's to high 60's and minimal wind.

This will be SDSU's final race before the Mountain West Championships Oct. 29 in Albuquerque, N.M.

The race is being run at the Titan Track Complex. Runners will start and finish on the track and run multiple loops around grass recreation fields and concrete pathways throughout the Cal State Fullerton Sports Complex.

#### Aztec Storylines

- The Aztecs took fifth (out of 25) at the UC Riverside's Highlander Invitational on last Saturday (Oct. 16). Running in a big field, eight of the 20 schools they beat were DI programs and SDSU placed five runners in the top 50.
- This was the second fastest team time on a 6k course in program history.
- The 24.8 second spread among SDSU's top five runners was their smallest of the year by a large margin. Their previous best in a 6k was 51.6 at the Dave Murray Invitational.
- Emily Burd was second among Aztec runners for the second consecutive race and for the third time this season.
- Taylor Lustyan, a Chico State transfer, finished third among Aztec runners, her first time being in the SDSU top five.
- Alex Lomeli paced the Aztecs at both the USD Invitational (Sept. 17) and Cougar Challenge (Sept. 24).
- Jessica Kain has been the top Aztec finisher in the last five of the last six races she's run in.
- Kain, Masar, Emily Burd, Lauren Harper, Amber Elias and Naomi Smitham all recorded career-best 6k times at the Stump Invitational on Sept. 10.

#### Last Time Out

The Aztec cross country team placed fifth in the 25-school field at UC Riverside's Highlander Invitational Saturday morning. Out of the 20 schools SDSU beat eight were DI programs.

With 261 runners in the 6k, the entire SDSU top five was inside the top 50. Jessica Kain and Emily Burd paced the Aztecs, finishing in 21:35.0 and 21:38.0, good for 23rd and 25th place.

Taylor Lustyan was the third Aztec to finish, crossing the finish line in 21:54.5 (42nd place), her best time in her three races as an Aztec.

Rounding out the top five for the Aztecs was sophomore Amber Elias (46th place, 21:58.0) and freshman Nicole Meyer (47th, 21:59.8).

Other SDSU runners that finished in the top 100 were Naomi Smitham (74th, 22:33.1), Alex Lomeli (76th, 22:34.6) and Carlene Masar (82nd, 22:40.7).

Other Aztecs competing included Bailey Watts, who posted a career best time of 23:10.8, Paige Comiso (24:10.2), Natalie Regalado (24:53.2) and Isabelle Davis (25:00.3).

# 2021 AZTEC CROSS COUNTRY TEAM RESULTS

Date	Meet (Distance)	Finish	Spread (Top 5)	Spread (Top 7)	Top Finisher
Sept. 1	Anteater Opener (4k) <i>Top Five: Kain, Burd, Harper, Meyer, Elias</i>	3rd/4	50.5	57.7	Jessica Kain (14:22.5)
Sept. 10	Stump Invitational (6k) <i>Top Five: Kain, Masar, Burd, Harper, Elias</i>	4th/8	1:40.2	2:01.2	Jessica Kain (20:56.1)
Sept. 17	USD Invitational (6k) <i>Runners: Lomeli, Comiso, Regalado</i>	No Team Score	N/A	N/A	Alex Lomeli (23:21.10)
Sept. 24	Cougar Challenge (6k) <i>Runners: Lomeli, Comiso, Regalado, Davis</i>	No Team Score	N/A	N/A	Alex Lomeli (21:42.5)
Oct. 1	Dave Murray Invitational (6k) <i>Top Five: Masar, Burd, Lomeli, Meyer, Kain</i>	2nd/5	51.6	1:06.2	Carlene Masar (21:29.5)
Oct. 16	Highlander Invitational (6k) <i>Top Five: Kain, Burd, Lustyan, Elias, Meyer</i>	5th/25	24.8	59.4	Jessica Kain (21:35.0)

## 2021 AZTEC CROSS COUNTRY INDIVIDUAL RESULTS

**Emily Burd (Sr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4K	11th/53	14:37.9
Sept. 10	Stump Invitational	22nd/93	21:02.8
Oct. 1	Dave Murray Invitational 6k	7th/40	21:55.7
Oct. 16	Highlander Invitational 6k	25th/261	21:38.0

**Collegiate Career Best: 5K - 19:05.20; 6K - 21:02.8**

**Paige Comiso (Sr.)**

Date	Meet (Distance)	Finish	Time
Sept. 17	USD Invitational 6k	17th/28	25:21.8
Sept. 24	Cougar Challenge 6k	79th/139	23:55.3
Oct. 16	Highlander Invitational 6k	172nd/261	24:10.7

**Collegiate Career Best: 5K - 18:22.1; 6K - 22:09.4**

**Isabelle Davis (Sr.)**

Date	Meet (Distance)	Finish	Time
Sept. 24	Cougar Challenge 6k	117th/139	25:20.6
Oct. 16	Highlander Invitational 6k	207th/261	25:00.3

**Collegiate Career Best: 5K - 19:49.7; 6K - 23:51.1**

**Amber Elias (So.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	26th/53	15:13.0
Sept. 10	Stump Invitational 6k	37th/93	21:36.2
Oct. 1	Dave Murray Invitational 6k	19th/40	22:22.2
Oct. 16	Highlander Invitational 6k	46th/261	21:58.0

**Collegiate Career Best: 5K - N/A; 6K - 21:36.2**

**Lauren Harper (Jr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	17th/53	14:55.9
Sept. 10	Stump Invitational 6k	32nd/93	21:32.8
Oct. 1	Dave Murray Invitational 6k	23rd/40	22:35.7

**Collegiate Career Best: 5K - 19:34.2; 6K - 21:32.8**

**Jessica Kain (Jr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	6th/53	14:22.5
Sept. 10	Stump Invitational 6k	19th/93	20:56.1
Oct. 1	Dave Murray Invitational 6k	17th/40	22:21.1
Oct. 16	Highlander Invitational 6k	23rd/261	21:38.0

**Collegiate Career Best: 5K - 19:36.2; 6K - 20:56.1**

**Alex Lomeli (Jr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	35th/53	15:40.6
Sept. 17	USD Invitational 6k	4th/28	23:21.10
Sept. 24	Cougar Challenge 6k	13th/139	21:42.5
Oct. 1	Dave Murray Invitational 6k	10th/40	21:59.4

**Collegiate Career Best: 5K - 19:47.6; 6K - 21:42.5**

**Taylor Lustyan (Jr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	27th/53	15:16.2
Sept. 10	Stump Invitational 6k	51st/93	21:57.3
Oct. 1	Highlander Invitational	29th/40	23:15.1
Oct. 16	Highlander Invitational 6k	76th/261	22:34.6

**Collegiate Career Best: 5K - N/A; 6K - 21:37**

**Carlene Masar (Sr.)**

Date	Meet (Distance)	Finish	Time
Sept. 10	Stump Invitational 6k	21st/93	21:00.9

Oct. 1	Dave Murray Invitational 6k	4th/40	21:29.5
Oct. 16	Highlander Invitational 6k	82nd/261	22:40.7

**Collegiate Career Best: 5K - 19:03.4; 6K - 21:00.9**

**Nicole Meyer (Fr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	22nd/53	15:03.6
Sept. 10	Stump Invitational 6k	43rd/93	21:45.5
Oct. 1	Dave Murray Invitational 6k	13th/40	22:10.7
Oct. 16	Highlander Invitational 6k	47th/261	21:59.8

**Collegiate Career Best: 5K - N/A; 6K - 21:45.5**

**Natalie Regalado (Sr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	46th/53	17:25.6
Sept. 17	USD Invitational 6k	22nd/28	26:16.90
Sept. 24	Cougar Challenge 6k	79th/139	24:07.9
Oct. 16	Highlander Invitational 6k	201st/261	24:53.2

**Collegiate Career Best: 5K - 19:20.0; 6K - 23:18.6**

**Naomi Smitham (Sr.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	28th/53	15:20.2
Sept. 10	Stump Invitational 6k	53rd/93	22:01.2
Oct. 1	Dave Murray Invitational 6k	26th/40	22:52.6
Oct. 16	Highlander Invitational 6k	74th/261	22:33.1

**Collegiate Career Best: 5K - 20:09.1; 6K - 22:01.2**

**Bailey Watts (So.)**

Date	Meet (Distance)	Finish	Time
Sept. 1	Anteater Opener 4k	40th/53	16:05.4
Oct. 16	Highlander Invitational 6k	114th/261	23:10.8

**Collegiate Career Best: 5K - N/A; 6K - 22:47.0**

# 2021 AZTEC CROSS COUNTRY TOP-10 TIMES

## 2021 Top-10 Times -- 6k (With Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date</b>
1. Jessica Kain	20:56.1	Stump Invitational	Sept. 10
2. Carlene Masar	21:00.9	Stump Invitational	Sept. 10
3. Carlene Masar	21:29.5	Dave Murray Invitational	Oct. 1
4. Emily Burd	21:02.8	Stump Invitational	Sept. 10
5. Lauren Harper	21:32.8	Stump Invitational	Sept. 10
6. Jessica Kain	21:35.0	Highlander Invitational	Oct. 16
7. Amber Elias	21:36.2	Stump Invitational	Sept. 10
8. Emily Burd	21:38.0	Highlander Invitational	Oct. 16
9. Alex Lomeli	21:42.5	Cougar Challenge	Sept. 24
10. Nicole Meyer	21:45.5	Stump Invitational	Sept. 10

## 2021 Top-10 Times -- 6k (Without Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date</b>
1. Jessica Kain	20:56.1	Stump Invitational	Sept. 10
2. Carlene Masar	21:00.9	Stump Invitational	Sept. 10
3. Emily Burd	21:02.8	Stump Invitational	Sept. 10
4. Lauren Harper	21:32.8	Stump Invitational	Sept. 10
5. Amber Elias	21:36.2	Stump Invitational	Sept. 10
6. Alex Lomeli	21:42.5	Cougar Challenge	Sept. 24
7. Nicole Meyer	21:45.5	Stump Invitational	Sept. 10
8. Taylor Lustyan	21:54.5	Highlander Invitational	Oct. 16
9. Naomi Smitham	22:01.2	Stump Invitational	Sept. 10
10. Bailey Watts	23:10.8	Highlander Invitational	Oct. 16