



2020 SAN DIEGO STATE TRACK & FIELD

2020 Schedule

January

24-25	MLK Collegiate Invitational	Albuquerque, N.M.
31-F1	UW Invitational	Seattle, Wash.
31-F1	NAU Mountain T's Challenge	Flagstaff, Ariz.

February

7-8 New Mexico Collegiate Classic Albuquerque, N.M.

13-14	Don Kirby Collegiate Invitational	Albuquerque, N.M.
27-29	MW Indoor Championships	Albuquerque, N.M.

March

7	San Diego Collegiate Challenge	La Jolla, Calif.
7	Oxy Distance Carnival	Los Angeles, Calif.
13-14	NCAA Indoor Championships	Albuquerque, N.M.
14	Ross & Sharon Irwin Invite (PV only)	Point Loma, Calif.
26-28	42nd Annual Aztec Invitational	SDSU Sports Deck
27	Bob Larsen Distance Carnival	Los Angeles, Calif.

April

3	Mountain West Challenge	SDSU Sports Deck
10-11	Triton Invitational	La Jolla, Calif.
15-17	Bryan Clay Invitational	Azusa, Calif.
17-18	Beach Invitational	Long Beach, Calif.
18	Mt. SAC Relays	Torrance, Calif.
25	Robison Invitational	Provo, Utah

May

2	Steve Scott Invitational	Irvine, Calif.
2	Desert Heat Classic	Tucson, Ariz.
9	Oxy Invitational	Eagle Rock, Calif.
13-16	MW Outdoor Championships	Clovis, Calif.
28-30	NCAA West Prelims	Lawrence, Kan.

June

10-13	NCAA Outdoor Championships	Austin, Texas
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This Week's Entries

60m Dash

Alexus Alexander
Jalyn Harris
Jada Moore
Tiana Osk Whitworth
Tai McDonald
Vanessa Spizewski

60m Hurdles

Sara Absten
Danae Dyer
Neele Schuten
Asia Smith

4x400m Relay

A Team

Danae Dyer
Jalyn Harris
Nyjari McNeil
Jada Moore
Sakura Roberson

A Team

Maya Brosch
Kasey Ebb
Jada Moore
Tiana Osk Whitworth
Tai McDonald

200m Dash

Alexus Alexander
Maya Brosch
Danae Dyer
Kasey Ebb
Jalyn Harris
Jada Moore
Tiana Osk Whitworth
Tai McDonald
Neele Schuten

Long Jump

Vanessa Spizewski
Dejanae Thompson

High Jump

Sara Absten
Jade Cany

Triple Jump

Lauryn Moore
Dejanae Thompson

Shot Put

Felicia Crenshaw

600m Run

Sonja Andenmatten

800m Run

Sonja Andenmatten
Nyjari McNeil

Meet Week Preview

New Mexico Collegiate Classic

February 7-8, 2020

Albuquerque, N.M. - Albuquerque Convention Center

Live Stream: FloTrack (\$)

Aztecs Return to Albuquerque for New Mexico Collegiate Classic

The Aztec track and field team will return to Albuquerque, N.M. for the second time in three weeks for the New Mexico Collegiate Challenge this weekend (Feb. 7-8). The meet will be streamed on FloTrack, which requires a paid subscription to view.

SDSU will send 19 athletes to compete in 11 events, primarily track events. Friday's competition will begin with the high jump (Sara Absten and Jade Cany) and the long jump (Vanessa Spizewski and Dejanae Thompson) at 3 p.m. PT. The Aztecs will compete in three track events Friday evening beginning with the unseeded 400m run (Maya Brosch and Nyjari McNeil) at 4:45 p.m. PT and followed by the 600m (Sonja Andenmatten) at 5:40 p.m. PT and finished with the 200m dash where nine Aztecs will be competing.

Saturday's field events for the Aztecs include the shot put (Felicia Crenshaw) and triple jump (Lauryn Moore and Dejanae Thompson). SDSU's track events include the 60m hurdles, 60m dash, 400m dash, 800m run and concludes with the 4x400m relay.

Aztec Tidbits

- Last weekend the Aztecs were split between the Northern Arizona Mountain T's Invitational and the UW Invitational.
- Nyjari McNeil set a new indoor school record in the 800m with a time of 2:08.30 at the UW Invite. McNeil, just a sophomore, now has top three times in SDSU's indoor history in the 400m (3rd, 54.02), 600m (2nd, 1:29.93) and the 800m (1st, 2:08.30).
- Danae Dyer won the 60m hurdles and tied the second-best time in school history (8.24) at the Mountain T's Invitational.
- Jada Moore won the 60m dash and set a new SDSU record for freshman (7.49).
- On the first day of the NAU Mountain T's Invitational, the Aztecs took the top three spots in the pentathlon. Asia Smith (3,797 points), freshman Neele Schuten (3,660) and Sara Absten (3,501) all won at least one event to help the Aztecs claim first, second and third.
- At the UW Invitational, the Aztecs ran the third best distance medley relay in program history. The group of Emily Burd, Nyjari McNeil, Lauren Harper and Jessica Kain finished in 12:12.44.
- Pole vault newcomers Elizabeth Funk and Molly Scharmann, a transfer from Washington State, both cleared 12-11.50 in their second meet as an Aztec becoming the 13th and 14th SDSU vaulter to clear that height in the program's indoor history.
- This will be the Aztecs second of five competitions in Albuquerque, N.M. They will be back next weekend (Feb. 13-14) for the Don Kirby Invitational and then have the MW Indoor Championships (Feb. 27-29) and the NCAA Indoor Championships (March 13-14) there as well.
- The Aztecs have 36 underclassmen on the 2020 team and just five seniors.
- In addition to the 14 freshmen that joined the team, SDSU added five transfers giving them 19 newcomers.
- 38 of the 53 members on the team are from California.

Roster Breakdown

By Class

Seniors (5)

Taylor Alexander, Molly Scharmann, Hannah Taylor, Angela Wilson, Jael Wyatt

Juniors (12)

Cari Acosta, Maya Brosch, Emily Burd, Callista Fletcher, Jalyn Harris, Kaitlin Heri Lauryn Moore, Mackenzie Mora, Renee Phillips, Sakura Roberson, Danielle Scott, Asia Smith

Sophomores (22)

Sara Absten, Alysia Allen, Sonja Andenmatten, Jordyn Bryant, Jade Cany, Carina Clark, Nia Collins, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Kasey Ebb, Erica Grotegeer, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Quinn Wiley

Freshmen (14)

Alexus Alexander, Onyi Anigbogu, Elizabeth Funk, Izzy Gartner, Bella Goode, Ruthie Grant-Williams, Lauren Harper, Jessica Kain, Alex Lomeli, Jada Moore, Tiana Ösk Whitworth, Sophia Pace, Neele Schuten, Aisha Watt

By Home State/Country

California (38) - Cari Acosta, Alexis Alexander, Onyi Anigbogu, Maya Brosch, Jordyn Bryant, Jade Cany, Nia Collins, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Callista Fletcher, Elizabeth Funk, Bella Goode, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jessica Kain, Alex Lomeli, Carlene Masar, Tai McDonald, Lauryn Moore, Mackenzie Mora, Sophia Pace, Renee Phillips, Natalie Regalado, Sakura Roberson, Danielle Scott, Molly Scharmann, Asia Smith, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Angela Wilson, Jael Wyatt

Washington (3) - Sara Absten, Aisha Watt, Quinn Wiley

Maryland (2) - Kasey Ebb, Nyjari McNeil

Colorado (1) - Taylor Alexander

Florida (1) - Carina Clark

Minnesota (1) - Izzy Gartner

Missouri (1) - Jada Moore

Nevada (1) - Alysia Allen

New Jersey (1) - Hannah Taylor

Pennsylvania (1) - Emily Burd

Germany (1) - Neele Schuten

Iceland (1) - Tiana Ösk Whitworth

Switzerland (1) - Sonja Andenmatten

By Event Group

Distance (7)

Emily Burd, Paige Comiso, Isabelle Davis, Carlene Masar, Mackenzie Mora, Renee Phillips, Naomi Smitham

Hurdles (6)

Maya Brosch, Carina Clark, Nia Collins, Danae Dyer, Asia Smith, Quinn Wiley

Jumps (9)

Jade Cany, Izzy Gartner, Lauryn Moore, Sophia Pace, Asia Smith, Vanessa Spizewski, Alanna Stein, Hannah Taylor, Dejanae Thompson

Mid-Distance (13)

Sonja Andenmatten, Emily Burd, Bella Goode, Lauren Harper, Jessica Kain, Alex Lomeli, Nyjari McNeil, Mackenzie Mora, Renee Phillips, Sakura Roberson, Danielle Scott, Naomi Smitham, Angela Wilson

Multi's (4)

Sara Absten, Ruthie Grant-Williams, Neele Schuten, Asia Smith

Pole Vault (5)

Taylor Alexander, Alysia Allen, Elizabeth Funk, Kaitlin Heri, Molly Scharmann

Sprints (15)

Alexus Alexander, Carina Clark, Danae Dyer, Kasey Ebb, Callista Fletcher, Jalyn Harris, Tiana Ösk Whitworth, Tai McDonald, Jada Moore, Lauryn Moore, Sophia Pace, Vanessa Spizewski, Quinn Wiley, Aisha Watt, Jael Wyatt

Throws (5)

Cari Acosta, Onyi Anigbogu, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

2020 SDSU Track and Field Alphabetical Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	So.	Burlington, Wash. (IMG Academy)
Cari Acosta	Throws	Jr.	Clovis, Calif. (Buchanan High)
Alexus Alexander	Sprints	Fr.	Compton, Calif. (Lakewood High)
Taylor Alexander	Pole Vault	Sr.	Vail, Colo. (Vail Christian High)
Alysia Allen	Pole Vault	So.	Reno, Nev. (Reed High)
Sonja Andenmatten	Mid-Distance	So.	Visp, Switzerland (North Florida)
Onyi Anigbogu	Throws	Fr.	Corona, Calif. (Santiago HS)
Maya Brosch	Hurdles	Jr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	So.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Jr.	Havertown, Pa. (Pittsburgh)
Jade Cany	Jumps	So.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	So.	Winter Springs, Fla. (Winter Springs High)
Nia Collins	Hurdles	So.	Sacramento, Calif. (Monterey Trail High)
Paige Comiso	Distance	So.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	So.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	So.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	So.	Temecula, Calif. (Temecula Valley High)
Kasey Ebb	Sprints	So.	Accokeek, Md. (Bullis High)
Callista Fletcher	Sprints	Jr.	San Diego, Calif. (Scripps Ranch High)
Elizabeth Funk	Pole Vault	Fr.	Fresno, Calif. (Clovis West High)
Izzy Gartner	Jumps	Fr.	Byron, Minn. (Byron High)
Bella Goode	Mid-Distance	Fr.	Tustin, Calif. (Foothill High)
Ruthie Grant-Williams	Multi's	Fr.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	So.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	Fr.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Jr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Jr.	Redondo Beach, Calif. (Redondo Union High)
Jessica Kain	Mid-Distance	Fr.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	Fr.	Los Angeles, Calif. (Notre Dame Academy High)
Carlene Masar	Distance	So.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	So.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	So.	Reistertown, Md. (Franklin High)
Jada Moore	Sprints	Fr.	St. Louis, Mo. (Pattonville High)
Lauryn Moore	Sprints/Jumps	Jr.	Oakland, Calif. (Bishop O'Dowd High)
Mackenzie Mora	Mid-Distance/Distance	Jr.	Clovis, Calif. (Buchanan HS)
Tiana Ösk Whitworth	Sprints	Fr.	Kopavogur, Iceland (Verzlunarskoli Islands)
Sophia Pace	Sprints/Jumps	Fr.	San Carlos, Calif. (St. Francis High)
Renee Phillips	Mid-Distance/Distance	Jr.	San Diego, Calif. (Coronado High)
Natalie Regalado	Mid-Distance	So.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Jr.	San Diego, Calif. (La Jolla High)
Danielle Scott	Mid-Distance	Jr.	Long Beach, Calif. (Poly High)
Molly Scharmann	Pole Vault	RS-Sr.	Trabuco Canyon, Calif. (Washington State)
Naomi Smitham	Distance	So.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	So.	San Diego, Calif. (Rancho Buena Vista High)
Alanna Stein	Jumps	So.	Temecula, Calif. (Sacramento State)
Asia Smith	Multi's	Jr.	Escondido, Calif. (Mission Hills High)
Hannah Taylor	Jumps	Sr.	Montgomery, N.J. (Montgomery High)
Dejanae Thompson	Jumps	So.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	Fr.	Seattle, Wash. (Seattle Prep)
Quinn Wiley	Sprints/Hurdles	So.	Seattle, Wash. (Chief Sealth High)
Angela Wilson	Mid-Distance	RS-Sr.	Lancaster, Calif. (Antelope Valley College)
Jael Wyatt	Sprints	Sr.	San Diego, Calif. (Helix High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 11th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Seventh season

Assistant Coach (Throws)/Director of Operations: Greg Garza (UCLA, 2008), Seventh season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Third season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 25th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Third season

Assistant Coach: Brad Johnson

2020 SDSU TRACK & FIELD PERFORMANCE LIST (as of Feb. 2, 2020)

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay); Note that all personal records (PR) are collegiate personal records

Sara Absten

5-7 | So. | Burlington, Wash. | IMG Academy

INDOOR SEASON

60 Meter (PR: 8.07 (Jan. 18, 2019))

600 Meter (PR: 1:40.34 (Feb. 8, 2019))

800 Meter (PR: 2:23.67 (Jan. 31, 2020))

2:23.67 (pn) 3rd NAU Mountain T's Invitational Jan. 31

60-Meter Hurdles (PR: 8.97 (Feb. 21, 2019))

9.10 (pn, a) 6th NAU Mountain T's Invitational Jan. 31

High Jump (PR: 5-05.75 (Jan. 31, 2020))

5-05.75 (T-7th, pn) T-1st NAU Mountain T's Invitational Jan. 31

Long Jump (PR: 17-10.25 (Feb. 21, 2019))

16-10.00 (pn) 6th NAU Mountain T's Invitational Jan. 31

Shot Put (PR: 31-07.50 (Jan. 31, 2020))

31-07.50 (pn) 8th NAU Mountain T's Invitational Jan. 31

Pentathlon (PR: 3,501 (Jan. 31, 2020))

3,501 3rd NAU Mountain T's Invitational Jan. 31

Cari Acosta

5-10 | So. | Clovis, Calif. | Buchanan HS

Alexus Alexander

5-7 | Fr. | Compton, Calif. | Lakewood HS

INDOOR SEASON

60 Meters (PR: 7.68 (Feb. 1, 2020))

7.68 (p, a) 11th NAU Mountain T's Invitational Feb. 1

200 Meter (PR: 25.10 (Jan. 31, 2020))

25.61 (a) 39th MLK Invitational Jan. 24

25.10 (a) 11th NAU Mountain T's Invitational Jan. 31

4x400-Meter Relay

3:46.53 (a) 2nd MLK Invitational Jan. 25

Pole Vault (PR: 11-09.75 (Jan. 25, 2020))

11-09.75 17th MLK Invitational Jan. 25

Taylor Alexander

5-6 | Sr. | Vail, Colo. | Vail Christian HS

INDOOR SEASON

Pole Vault (PR: 12-03.50 (Jan. 19, 2019))

11-05.75 12th UW Invitational Jan. 31

Alysia Allen

5-7 | So. | Reno, Nev. | Reed HS

INDOOR SEASON

Pole Vault (PR: 13-00.75 (Feb. 22, 2019))

Sonja Andenmatten

5-9 | So. | Visp, Switzerland | Kollegium Spiritus Sanctus

Brig (North Florida)

INDOOR SEASON

400 Meters (PR: 58.24 (Jan. 24, 2020))

58.24 (u, a) 11th MLK Invitational Jan. 24

800 Meters (PR: 2:12.60 (Feb. 1, 2020))

2:13.82 (a) 6th MLK Invitational Jan. 25

2:12.60 (7) 16th UW Invitational Feb. 1

Onyi Anigbogu

6-2 | Fr. | Corona, Calif. | Santiago HS

Maya Brosch

5-7 | Jr. | South Lake Tahoe, Calif. | South Tahoe HS

INDOOR SEASON

200 Meters (PR: 25.94 (Jan. 24, 2020))

25.94 (a) 47th MLK Invitational Jan. 24

400 Meters (PR: 56.43 (Feb. 22, 2019))

58.37 (u, a) 13th MLK Invitational Jan. 24

4x400-Meter Relay

3:46.53 (a) 2nd MLK Invitational Jan. 25

Jordyn Bryant

5-10 | So. | Oakland, Calif. | Miramonte HS

INDOOR SEASON

Shotput (PR: 45-01.00 (Jan. 19, 2019))

41-07.75 10th MLK Invitational Jan. 25

42-06.75 20th UW Invitational Feb. 1

Emily Burd

5-6 | Jr. | Havertown, Pa. | Friends' Central School

(Pittsburgh)

INDOOR SEASON

Distance Medley Relay

12:12.44 (3) 12th UW Invitational Jan. 31

Jade Cany

5-11 | So. | San Diego, Calif. | Torrey Pines HS (Sacramento St.)

INDOOR SEASON

High Jump (PR: 5-05.00 (Jan. 31, 2020))

5-05.00 (T-10) 3rd NAU Mountain T's Invitational Jan. 31

Carina Clark

5-6 | So. | Winter Springs, Fla. | Winter Springs HS

Nia Collins

5-4 | So. | Sacramento, Calif. | Monterey Trail HS

INDOOR SEASON

200 Meters (PR: 26.45 (Jan. 18, 2019))

400 Meters (PR: 59.80 (Jan. 18, 2019))

Paige Comiso

5-4 | So. | San Jose, Calif. | Presentation HS

Felicia Crenshaw

5-7 | So. | Costa Mesa, Calif. | Costa Mesa HS

INDOOR SEASON

Shot Put (PR: 42-08.00 (Jan. 25, 2020))

42-08.00 9th MLK Invitational Jan. 25

39-03.75 31st UW Invitational Feb. 1

Isabelle Davis

5-2 | So. | San Diego, Calif. | Del Norte HS

Danae Dyer

5-9 | So. | Temecula, Calif. | Temecula Valley HS

INDOOR SEASON

60 Meters (PR: 7.660 (Feb. 1, 2020))

7.78 (a) 10th MLK Invitational Jan. 25

7.660 (p, a) 10th NAU Mountain T's Invitational Feb. 1

200 Meters (PR: 24.31 (Jan. 18, 2019))

60-Meter Hurdles (PR: 8.24 (Feb. 1, 2020))

8.27 (p, a) 2nd NAU Mountain T's Invitational Feb. 1

8.24 (T-2nd, f, a) 1st NAU Mountain T's Invitational Feb. 1

4x400-Meter Relay

3:41.20 (3, a) 1st MLK Invitational Jan. 25

Kasey Ebb

5-5 | So. | Accokeek, Md. | Bullis HS

INDOOR SEASON

200 Meters (PR: 25.46 (Jan. 18, 2019))

25.68 (a) 41st MLK Invitational Jan. 24

400 Meters (PR: 56.02 (Feb. 22, 2019))

58.33 (u, a) 12th MLK Invitational Jan. 24

4x400-Meter Relay

Callista Fletcher

5-7 | Jr. | San Diego, Calif. | Scripps Ranch HS

INDOOR SEASON

60 Meters (PR: 7.40 (Feb. 9, 2019))

7.651 (p, a) 9th NAU Mountain T's Invitational Feb. 1

200 Meters (PR: 24.00 (Feb. 23, 2019))

24.93 (a) 23rd MLK Invitational Jan. 24

24.68 (a) 6th NAU Mountain T's Invitational Jan. 31

Elizabeth Funk

5-7 | Fr. | Fresno, Calif. | Clovis West HS

INDOOR SEASON

Pole Vault (PR: 12-11.50 (Feb. 1, 2020))

12-09.50 5th MLK Invitational Jan. 25

12-11.50 (i) 10th UW Invitational Feb. 1

Izzy Gartner

6-0 | Fr. | Byron, Minn. | Byron HS

Bella Goode

5-5 | Fr. | Tustin, Calif. | Foothill HS

Ruthie Grant-Williams

5-9 | Fr. | Coronado, Calif. | Coronado HS

INDOOR SEASON

60-Meter Hurdles (PR: 9.25 (Jan. 31, 2020))

9.25 (pn, a) 7th NAU Mountain T's Invitational Jan. 31

High Jump (PR: 5-4.50 (Jan. 31, 2020))

5-4.50 (pn) T-3rd NAU Mountain T's Invitational Jan. 31

Shot Put (PR: 33-06.00 (Jan. 31, 2020))

33-06.00 (pn) 5th NAU Mountain T's Invitational Jan. 31

Long Jump (PR: 16-08.75 (Jan. 31, 2020))

16-08.75 (pn) 7th NAU Mountain T's Invitational Jan. 31

Pentathlon (PR: 2,771 (Jan. 31, 2020))

2,771 10th NAU Mountain T's Invitational Jan. 31

Erica Grotegeer

5-7 | So. | Plumas Lake, Calif. | Wheatland Union HS

INDOOR SEASON

Shot Put (PR: 44-10.75 (Jan. 25, 2020))

44-10.75 (10) 6th MLK Invitational Jan. 25

42-11.50 16th UW Invitational Feb. 1

Lauren Harper

5-11 | Fr. | Weaverville, Calif. | Trinity HS

INDOOR SEASON

800 Meters (PR: 2:15.39 (Feb. 1, 2020))

2:15.39 28th UW Invitational Feb. 1

Distance Medley Relay

12:12.44 (3) 12th UW Invitational Jan. 31

Jalyn Harris

5-10 | Jr. | Rancho Cucamonga, Calif. | Rancho Cucamonga HS

INDOOR SEASON

60 Meters (PR: 7.54 (Feb. 1, 2020))

7.61 (p, a) 5th NAU Mountain T's Invitational Feb. 1

7.54 (f, a) 3rd NAU Mountain T's Invitational Feb. 1

200 Meters (PR: 23.93 (Feb. 22, 2019))

24.27 (a) 3rd NAU Mountain T's Invitational Jan. 31

400 Meters (PR: 54.20 (Feb. 9, 2019))

54.75 (a) 9th MLK Invitational Jan. 25

4x400-Meter Relay

3:41.20 (3, a) 1st MLK Invitational Jan. 25

Kaitlin Heri

5-6 | Jr. | Redondo Beach, Calif. | Redondo Union

INDOOR SEASON

Pole Vault (PR: 13-00.75 (Feb. 22, 2019))

12-09.50 T-4th MLK Invitational Jan. 25

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12-05.50 (i) 13th UW Invitational Feb. 1

Jessica Kain

5-7 | Fr. | Scotts Valley, Calif. | Scotts Valley HS

INDOOR SEASON

Distance Medley Relay

12:12.44 (3) 12th UW Invitational Jan. 31

Alex Lomeli

5-3 | Fr. | Los Angeles, Calif. | Notre Dame Academy HS

Carlene Masar

5-7 | So. | Jamul, Calif. | Steele Canyon HS

Tai McDonald

5-4 | So. | Sacramento, Calif. | Sheldon HS

INDOOR SEASON

60 Meters (PR: 7.62 (Feb. 1, 2020))

7.83 (a) 11th MLK Invitational Jan. 25

7.62 (p, a) 7th NAU Mountain T's Invitational Feb. 1

7.63 (f, a) 5th NAU Mountain T's Invitational Feb. 1

200 Meters (PR: 24.82 (Jan. 31, 2020))

25.66 (a) 40th MLK Invitational Jan. 24

24.82 (a) 8th NAU Mountain T's Invitational Jan. 31

Nyjari McNeil

5-8 | So. | Reisterstown, Md. | Franklin HS

INDOOR SEASON

400 Meters (PR: 54.02 (Feb. 1, 2019))

55.50 (a) 12th MLK Invitational Jan. 25

600 Meters (PR: 1:29.93 (Feb. 8, 2019))

800 Meters (PR: 2:08.30 (Feb. 1, 2020))

2:08.30 (SR, i) 16th UW Invitational Feb. 1

4x400-Meter Relay

3:41.20 (3, a) 1st MLK Invitational Jan. 25

Distance Medley Relay

12:12.44 (3) 12th UW Invitational Jan. 31

Jada Moore

5-4 | Fr. | St. Louis, Mo. | Pattonville HS

INDOOR SEASON

60 Meters (PR: 7.49 (Feb. 1, 2020))

7.51 (p, a) 3rd NAU Mountain T's Invitational Feb. 1

7.49 (f, a) 1st NAU Mountain T's Invitational Feb. 1

200 Meters (PR: 24.35 (Jan. 24, 2020))

24.35 (a) 14th MLK Invitational Jan. 24

4x400-Meter Relay

3:41.20 (3, a) 1st MLK Invitational Jan. 25

Laurn Moore

5-8 | Jr. | Oakland, Calif. | Bishop O'Dowd HS

INDOOR SEASON

Long Jump (PR: 17-00.75 (Jan. 31, 2020))

17-00.75 13th NAU Mountain T's Invitational Jan. 31

Triple Jump (PR: 37-03.25 (Feb. 1, 2020))

37-03.25 T-8th NAU Mountain T's Invitational Feb. 1

Mackenzie Mora

5-2 | Jr. | Clovis, Calif. | Buchanan HS

Tiana Ósk Whitworth

5-5 | Fr. | Kopavogur, Iceland | Verzlunarskóli Íslands

INDOOR SEASON

60 Meters (PR: 7.63 (Feb. 1, 2020))

7.63 (p, a) 8th NAU Mountain T's Invitational Feb. 1

7.65 (f, a) 7th NAU Mountain T's Invitational Feb. 1

200 Meters (PR: 24.64 (Jan. 31, 2020))

24.64 (a) 5th NAU Mountain T's Invitational Jan. 31

Sophia Pace

5-5 | Fr. | San Carlos, Calif. | St. Francis HS

Renee Phillips

5-4 | Jr. | San Diego, Calif. | Coronado HS

Natalie Regalado

5-4 | So. | Lake Forest, Calif. | Trabuco Hills HS

Sakura Roberson

5-11 | Jr. | San Diego, Calif. | La Jolla HS

INDOOR SEASON

400 Meters (PR: 54.74 (Jan. 25, 2020))

54.74 (7, a) 8th MLK Invitational Jan. 25

600 Meters (PR: 1:29.84 (Jan. 24, 2020))

1:29.84 (SR, a) 1st MLK Invitational Jan. 24

800 Meters (PR: 2:10.35 (Feb. 1, 2020))

2:10.35 (3) 8th UW Invitational Feb. 1

4x400-Meter Relay

3:46.53 (a) 2nd MLK Invitational Jan. 25

Molly Scharmann

5-9 | R-Sr. | Trabuco Canyon, Calif. | Tesoro HS (Washington State)

INDOOR SEASON

Pole Vault (PR: 12-11.50 (Feb. 1, 2020))

12-09.50 T-7th MLK Invitational Jan. 25

12-11.50 (i) 9th UW Invitational Feb. 1

Neele Schuten

5-11 | Fr. | Gladbeck, Germany | Paul-spiegel Berufskollege

INDOOR SEASON

800 Meters (PR: 2:37.69 (Jan. 31, 2020))

2:37.69 (pn) 7th NAU Mountain T's Invitational Jan. 31

60-Meter Hurdles (PR: 8.58 (Jan. 31, 2020))

8.64 (p, a) 10th MLK Invitational Jan. 25

8.58 (pn, a) 2nd NAU Mountain T's Invitational Jan. 31

4x400-Meter Relay

3:46.53 (a) 2nd MLK Invitational Jan. 25

Long Jump (PR: 18-03.75 (Jan. 31, 2020))

17-06.00 18th MLK Invitational Jan. 24

18-03.75 (pn) 1st NAU Mountain T's Invitational Jan. 31

High Jump (PR: 5-2.25 (Jan. 31, 2020))

5-2.25 (pn) 7th NAU Mountain T's Invitational Jan. 31

Shot Put (PR: 39-10.00 (Jan. 25, 2020))

39-10.00 13th MLK Invitational Jan. 25

37-06.75 (pn) 3rd NAU Mountain T's Invitational Jan. 31

Pentathlon (PR: 3,660 (Jan. 31, 2020))

3,660 (8) 2nd NAU Mountain T's Invitational Jan. 31

Danielle Scott

5-6 | Jr. | Long Beach, Calif. (Poly HS)

INDOOR SEASON

400 Meters (PR: 58.74 (Feb. 1, 2019))

600 Meters (PR: 1:39.64 (Jan. 19, 2019))

800 Meters (PR: 2:23.02 (Feb. 2, 2019))

Asia Smith

5-9 | Jr. | Escondido, Calif. (Mission Hills HS)

INDOOR SEASON

600 Meters (PR: 1:51.31 (Feb. 1, 2019))

800 Meters (PR: 2:35.12 (Jan. 31, 2020))

2:35.12 (pn) 6th NAU Mountain T's Invitational Jan. 31

60-Meter Hurdles (PR: 8.74 (Jan. 31, 2020))

8.79 (p, a) 11th MLK Invitational Jan. 25

8.74 (pn, a) 3rd NAU Mountain T's Invitational Jan. 31

High Jump (PR: 5-7.00 (Feb. 21, 2019))

5-5.75 (pn) T-1st NAU Mountain T's Invitational Jan. 31

Long Jump (PR: 19-00.75 (Feb. 21, 2019))

18-04.25 10th MLK Invitational Jan. 24

18-01.50 (pn) T-2nd NAU Mountain T's Invitational Jan. 31

Shot Put (PR: 41-01.75 (Feb. 21, 2019))

40-05.00 11th MLK Invitational Jan. 25

40-02.25 (pn) 1st NAU Mountain T's Invitational Jan. 31

Pentathlon (PR: 3,916 (Feb. 21, 2019))

3,797 1st NAU Mountain T's Invitational Jan. 31

Naomi Smitham

5-8 | So. | San Diego, Calif. | Canyon Crest Academy

Vanessa Spizewski

5-9 | So. | San Diego, Calif. | Rancho Buena Vista HS

INDOOR SEASON

60 Meters (PR: 7.91 (Feb. 1, 2020))

7.96 (a) 22nd MLK Invitational Jan. 25

7.91 (p, a) 20th NAU Mountain T's Invitational Feb. 1

Long Jump (PR: 18-04.25 (Jan. 31, 2020))

17-07.50 16th MLK Invitational Jan. 24

18-04.25 2nd NAU Mountain T's Invitational Jan. 31

Alanna Stein

5-6 | So. | Temecula, Calif. | Great Oak HS (Sacramento State)

Hannah Taylor

5-11 | Sr. | Montgomery, N.J. | Montgomery HS

INDOOR SEASON

High Jump (PR: 5-07.00 (Jan. 28, 2017))

Dejanae Thompson

5-6 | So. | San Diego, Calif. | Morse HS

INDOOR SEASON

Long Jump (PR: 17-10.25 (Jan. 24, 2020))

17-10.25 13th MLK Invitational Jan. 24

17-04.24 7th NAU Mountain T's Invitational Jan. 31

Triple Jump (PR: 33-07.50 (Feb. 1, 2020))

33-04.50 20th MLK Invitational Jan. 25

33-07.50 17th NAU Mountain T's Invitational Feb. 1

Aisha Watt

5-4 | Fr. | Seattle, Wash. | Seattle Prep

Quinn Wiley

5-3 | So. | Seattle, Wash. | Chief Sealth HS

Angela Wilson

5-8 | R-Sr. | Lancaster, Calif. | Antelope Valley College

INDOOR SEASON

600 Meters (PR: 1:39.12 (Jan. 18, 2019))

800 Meters (PR: 2:19.38 (Feb. 24, 2018))

Jael Wyatt

5-6 | Sr. | San Diego, Calif. | Helix HS

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarter-finals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

INDOOR

2020 SDSU TRACK & FIELD PERFORMANCE LIST (as of Feb. 2, 2020)

60 METERS

School Record: 7.17 (Ashley Henderson, 2017)

Time	Athlete	Place	Notes	Meet	Date
7.49	Jada Moore	1st	SDSU Freshman Record; Altitude	NAU Mountain T's Invite	Feb. 1
7.51	Jada Moore	3rd	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.54	Jalyn Harris	3rd	Finals; Altitude	NAU Mountain T's Invite	Feb. 1
7.61	Jalyn Harris	5th	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.62	Tai McDonald	7th	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.63	Tai McDonald	5th	Finals; Altitude	NAU Mountain T's Invite	Feb. 1
7.63	Tiana Osk Whitworth	8th	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.65	Tiana Osk Whitworth	7th	Finals; Altitude	NAU Mountain T's Invite	Feb. 1
7.651	Callista Fletcher	9th	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.660	Danae Dyer	10th	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.68	Alexus Alexander	11th	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.78	Danae Dyer	10th	Qualifying; Altitude	MLK Invitational	Jan. 25
7.83	Tai McDonald	11th	Qualifying; Altitude	MLK Invitational	Jan. 25
7.91	Vanessa Spizewski	20th	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1
7.96	Vanessa Spizewski	22nd	Qualifying; Altitude	MLK Invitational	Jan. 25

200 METERS

School Record: 22.41 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
24.27	Jalyn Harris	3rd	Altitude	NAU Mountain T's Invite	Jan. 31
24.35	Jada Moore	14th	Altitude	MLK Invitational	Jan. 24
24.64	Tiana Osk Whitworth	5th	Altitude	NAU Mountain T's Invite	Jan. 31
24.68	Callista Fletcher	6th	Altitude	NAU Mountain T's Invite	Jan. 31
24.82	Tai McDonald	8th	Altitude	NAU Mountain T's Invite	Jan. 31
24.93	Callista Fletcher	23rd	Altitude	MLK Invitational	Jan. 24
25.10	Alexus Alexander	11th	Altitude	NAU Mountain T's Invite	Jan. 31
25.61	Alexus Alexander	39th	Altitude	NAU Mountain T's Invite	Jan. 31
25.66	Tai McDonald	40th	Altitude	MLK Invitational	Jan. 24
25.68	Kasey Ebb	41st	Altitude	MLK Invitational	Jan. 24
25.94	Maya Brosch	47th	Altitude	MLK Invitational	Jan. 24

400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
54.74	Sakura Roberson	8th	No. 7 all-time; Altitude	MLK Invitational	Jan. 25
54.75	Jalyn Harris	9th	Altitude	MLK Invitational	Jan. 25
55.50	Nyari McNeil	12th	Altitude	MLK Invitational	Jan. 25
58.24	Sonja Andenmatten	11th	Unseeded; Altitude	MLK Invitational	Jan. 24
58.33	Kasey Ebb	12th	Unseeded; Altitude	MLK Invitational	Jan. 24
58.37	Maya Brosch	13th	Unseeded; Altitude	MLK Invitational	Jan. 24

600 METERS

School Record: 1:29.93 (Nyari McNeil, 2019)

Time	Athlete	Place	Notes	Meet	Date
1:29.84	Sakura Roberson	1st	School Record; Altitude	MLK Invitational	Jan. 24

800 METERS

School Record: 2:08.30 (Nyari McNeil, 2020)

Time	Athlete	Place	Notes	Meet	Date
2:08.30	Nyari McNeil	16th	School Record; Invite	UW Invitational	Feb. 1
2:10.35	Sakura Roberson	8th	No. 3 all-time	UW Invitational	Feb. 1
2:12.60	Sonja Andenmatten	16th	No. 7 all-time	UW Invitational	Feb. 1
2:15.39	Lauren Harper	28th		UW Invitational	Feb. 1
2:23.67	Sara Absten	3rd	Altitude	NAU Mountain T's Invitational	Jan. 31
2:35.12	Asia Smith	6th	Altitude	NAU Mountain T's Invitational	Jan. 31
2:37.69	Neele Schuten	7th	Altitude	NAU Mountain T's Invitational	Jan. 31

1,000 METERS

School Record: 2:52.69 (Ellison Grove, 2017)

Time	Athlete	Place	Notes	Meet	Date
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MILE

School Record: 4:37.4 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
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60-METER HURDLES

School Record: 8.11 (Micha Auzenne, 2017)

Time	Athlete	Place	Notes	Meet	Date
8.24	Danae Dyer	1st	T-No. 2 all-time; Altitude	NAU Mountain T's Invite	Feb. 1
8.27	Danae Dyer	2nd	Prelims; Altitude	NAU Mountain T's Invite	Feb. 1

8.58	Neele Schuten	2nd	Pentathlon; Altitude	NAU Mountain T's Invite	Jan. 31
8.64	Neele Schuten	10th	Prelims; Altitude	MLK Invitational	Jan. 25
8.74	Asia Smith	3rd	Pentathlon; Altitude	NAU Mountain T's Invite	Jan. 31
8.79	Asia Smith	11th	Prelims; Altitude	MLK Invitational	Jan. 25
9.10	Sara Absten	6th	Pentathlon; Altitude	NAU Mountain T's Invite	Jan. 31
9.25	Ruthie Grant-Williams	7th	Pentathlon; Altitude	NAU Mountain T's Invite	Jan. 31

4x400-METER RELAY

School Record: 3:40.16 (McPherson, Lea, Glenn, Knight, 2017)

Time	Team	Place	Notes	Meet	Date
3:41.20	Harris, Dyer, Moore, McNeil	1st	No. 3 all-time; Altitude	MLK Invite	Jan. 25
3:46.53	Brosch, Schuten, Roberson, Alexander	2nd	Altitude	MLK Invite	Jan. 25

HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-05.75	Sara Absten	T-1st	T-No. 7 all-time	NAU Mountain T's Invite	Jan. 31
5-05.75	Asia Smith	T-1st		NAU Mountain T's Invite	Jan. 31
5-05.00	Jade Cany	3rd	T-10th all-time	NAU Mountain T's Invite	Jan. 31
5-04.50	Ruthie Grant-Williams	T-3rd		NAU Mountain T's Invite	Jan. 31
5-02.25	Neele Schuten	7th		NAU Mountain T's Invite	Jan. 31

POLE VAULT

School Record: 14-03.75 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
12-11.50	Molly Scharmann	9th	Invite	NAU Mountain T's Invite	Feb. 1
12-11.50	Elizabeth Funk	10th	Invite	NAU Mountain T's Invite	Feb. 1
12-09.50	Kaitlin Heri	T-4th		MLK Invitational	Jan. 25
12-09.50	Elizabeth Funk	5th		MLK Invitational	Jan. 25
12-09.50	Molly Scharmann	T-7th		MLK Invitational	Jan. 25
12-05.50	Kaitlin Heri	13th	Invite	NAU Mountain T's Invite	Feb. 1
11-09.75	Taylor Alexander	17th		MLK Invitational	Jan. 25
11-05.75	Taylor Alexander	12th		UW Invitational	Jan. 31

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
18-04.25	Vanessa Spizewski	2nd		NAU Mountain T's Invite	Jan. 31
18-04.25	Asia Smith	10th		MLK Invitational	Jan. 24
18-03.75	Neele Schuten	1st	Pentathlon	NAU Mountain T's Invite	Jan. 31
18-01.50	Asia Smith	T-2nd	Pentathlon	NAU Mountain T's Invite	Jan. 31
17-10.25	Dejanae Thompson	13th		MLK Invitational	Jan. 24
17-07.50	Vanessa Spizewski	16th		MLK Invitational	Jan. 24
17-06.00	Neele Schuten	18th		MLK Invitational	Jan. 24
17-04.24	Dejanae Thompson	7th		NAU Mountain T's Invite	Jan. 31
17-00.75	Laurn Moore	13th		NAU Mountain T's Invite	Jan. 31
16-10.00	Sara Absten	6th	Pentathlon	NAU Mountain T's Invite	Jan. 31
16-08.75	Ruthie Grant-Williams	7th	Pentathlon	NAU Mountain T's Invite	Jan. 31

TRIPLE JUMP

School Record: 46-02.50 (Shanika Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
37-03.25	Laurn Moore	T-8th		NAU Mountain T's Invite	Feb. 1
33-07.50	Dejanae Thompson	17th		NAU Mountain T's Invite	Feb. 1
33-04.50	Dejanae Thompson	20th		MLK Invitational	Jan. 25

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
44-10.75	Erica Grotegeer	6th	No. 10 all-time	MLK Invitational	Jan. 25
42-11.50	Erica Grotegeer	16th		NAU Mountain T's Invite	Feb. 1
42-08.00	Felicia Crenshaw	9th		MLK Invitational	Jan. 25
42-06.75	Jordyn Bryant	20th		NAU Mountain T's Invite	Feb. 1
41-07.75	Jordyn Bryant	10th		MLK Invitational	Jan. 25
40-05.00	Asia Smith	11th		MLK Invitational	Jan. 25
40-02.25	Asia Smith	1st	Pentathlon	NAU Mountain T's Invite	Jan. 31
39-10.00	Neele Schuten	13th		MLK Invitational	Jan. 25
39-03.75	Felicia Crenshaw	31st		NAU Mountain T's Invite	Feb. 1
37-06.75	Neele Schuten	3rd	Pentathlon	NAU Mountain T's Invite	Jan. 31
33-06.00	Ruthie Grant-Williams	5th	Pentathlon	NAU Mountain T's Invite	Jan. 31
31-07.50	Sara Absten	8th	Pentathlon	NAU Mountain T's Invite	Jan. 31

DISTANCE MEDLEY

School Record:

Time	Team	Place	Notes	Meet	Date
12:12.44	Burd, McNeil, Harper, Kain	12th		UW Invitational	Jan. 31

Pentathlon

School Record: 4,145 (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
3,797	Asia Smith	1st		NAU Mountain T's Invite	Jan. 31
3,660	Neele Schuten	2nd	No. 8 all-time	NAU Mountain T's Invite	Jan. 31
3,501	Sara Absten	3rd		NAU Mountain T's Invite	Jan. 31
2,771	Ruthie-Grant Williams	10th	DNF 800m	NAU Mountain T's Invite	Jan. 31