



2020 SAN DIEGO STATE TRACK & FIELD

2020 Schedule

January		
24-25	MLK Collegiate Invitational	Albuquerque, N.M.
31-F.1	UW Invitational	Seattle, Wash.
31-F.1	NAU Mountain T's Challenge	Flagstaff, Ariz.
February		
7-8	New Mexico Collegiate Classic	Albuquerque, N.M.
13-14	Don Kirby Collegiate Invitational	Albuquerque, N.M.
27-29	MW Indoor Championships	Albuquerque, N.M.
March		
7	San Diego Collegiate Challenge	La Jolla, Calif.
7	Oxy Distance Carnival	Los Angeles, Calif.
13-14	NCAA Indoor Championships	Albuquerque, N.M.
14	Ross & Sharon Irwin Invite (PV only)	Point Loma, Calif.
26-28	42nd Annual Aztec Invitational	SDSU Sports Deck
27	Bob Larsen Distance Carnival	Los Angeles, Calif.
April		
3	Mountain West Challenge	SDSU Sports Deck
10-11	Triton Invitational	La Jolla, Calif.
15-17	Bryan Clay Invitational	Azusa, Calif.
17-18	Beach Invitational	Long Beach, Calif.
18	Mt. SAC Relays	Torrance, Calif.
25	Robison Invitational	Provo, Utah
May		
2	Steve Scott Invitational	Irvine, Calif.
2	Desert Heat Classic	Tucson, Ariz.
9	Oxy Invitational	Eagle Rock, Calif.
13-16	MW Outdoor Championships	Clovis, Calif.
28-30	NCAA West Prelims	Lawrence, Kan.
June		
10-13	NCAA Outdoor Championships	Austin, Texas

This Week's Entries

Mountain T's Invite Northern Ariz. Univ.

60m Dash

Alexus Alexander
Danae Dyer
Callista Fletcher
Jalyn Harris
Jada Moore
Tiana Osk Whitworth
Tai McDonald
Vanessa Spizewski

200m Dash

Alexus Alexander
Callista Fletcher
Jalyn Harris
Jada Moore
Tiana Osk Whitworth
Tai McDonald

60m Hurdles

Danae Dyer

Long Jump

Lauryn Moore
Vanessa Spizewski
Dejanae Thompson

High Jump

Jade Cany

Triple Jump

Dejanae Thompson

Pentathlon

Sara Absten
Ruthie Grant-Williams
Neele Schuten
Asia Smith

UW Preview

800m Run

Sonja Andenmatten
Lauren Harper
Nyjari McNeil
Sakura Roberson

Distance Medley

Relay
TBD

Pole Vault

Alysia Allen
Elizabeth Funk
Kaitlin Heri
Molly Scharmann

Shot Put

Jordyn Bryant
Felicia Crenshaw
Erica Grotegeer

Meet Week Preview

UW Invitational & Northern Arizona Mountain T's Challenge

January 31 - February 1, 2020

Seattle, Wash. (Dempsey Indoor Center) | Flagstaff, Ariz. (Walkup Skydome)

Aztecs Split Up Squad For Second Weekend of Indoor Season

The San Diego State track and field team officially will be competing in two meets this Friday and Saturday. 15 athletes will head to Seattle, Wash. for the UW Invitational while another 15 will be competing at the Mountain T's Invitational at Northern Arizona University in Flagstaff, Ariz.

On Friday, four Aztecs will compete in the pentathlon at NAU. Freshmen Neele Schuten and Ruthie Grant-Williams will join returners Sara Absten and Asia Smith. Later that day, the Aztec jumpers will compete. Lauryn Moore, Vanessa Spizewski and Dejanae Thompson will be in the long jump at 2 p.m. PT and Jade Cany will compete in the high jump at 4 p.m. PT. For Friday's running events, six Aztecs will compete in the 200m dash at 4:50 p.m. PT led by juniors Jalyn Harris and Callista Fletcher.

On Saturday at NAU, eight Aztecs will run the 60m dash, Danae Dyer will compete in the 60m hurdles and Dejanae Thompson will be in the triple jump.

The UW Invitational will feature the Aztec pole vaulters, four 800m runners and three shot putters. The vaulters kick off the meet beginning Friday at 5 p.m. PT whereas the shot put (1 p.m.) and 800m (4:20 p.m.) are Saturday afternoon.

Aztec Tidbits

- Last week at the MLK Invitational in Albuquerque, N.M. Sakura Roberson set a new school record in the 600m with a time of 1:29.84 to beat her teammate Nyjari McNeil's record from last season (1:29.93).

- Roberson also set a new PR in the 400m, finishing in 54.74 the seventh best time in school history.

- SDSU took the top two spots in the 4x400m relay last weekend with their A team of Jalyn Harris, Danae Dyer, Jada Moore and Nyjari McNeil finishing in 3:41.20, the third fastest time in school history.

- Erica Grotegeer had the top mark among Aztecs in the shot put with a throw of 44-10.75, the 10th best in program history.

- Pole vault newcomers Elizabeth Funk and Molly Scharmann, a transfer from Washington State, both cleared 12-09.50 in their first meet as an Aztec becoming the 15th and 16th SDSU vaulter to clear that height.

- The Aztecs have 36 underclassmen on the 2020 team and just five seniors.

- In addition to the 14 freshmen that joined the team, SDSU added five transfers giving them 19 newcomers.

- 38 of the 53 members on the team are from California.

- Last season, the Aztecs won the 4x400m relay at both the indoor and outdoor Mountain West Championships. The indoor squad set a school record and all four runners return this year. The outdoor squad returns three runners and has made the NCAA's the last two years after not making it since 2006.

- SDSU is one of the top pole vault programs in the country and have crowned 26 Mountain West Championships under assistant coach Rich Fox. Bonnie Draxler, who was the NCAA runner-up in both indoor and outdoor last season, has graduated but SDSU returns four vaulters and added Washington State transfer Molly Scharmann, who finished fourth at last year's Pac-12 Outdoor Championships.

Roster Breakdown

By Class

Seniors (5)

Taylor Alexander, Molly Scharmann, Hannah Taylor, Angela Wilson, Jael Wyatt

Juniors (12)

Cari Acosta, Maya Brosch, Emily Burd, Callista Fletcher, Jalyn Harris, Kaitlin Heri Lauryn Moore, Mackenzie Mora, Renee Phillips, Sakura Roberson, Danielle Scott, Asia Smith

Sophomores (22)

Sara Absten, Alysia Allen, Sonja Andenmatten, Jordyn Bryant, Jade Cany, Carina Clark, Nia Collins, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Kasey Ebb, Erica Grotegeer, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Quinn Wiley

Freshmen (14)

Alexus Alexander, Onyi Anigbogu, Elizabeth Funk, Izzy Gartner, Bella Goode, Ruthie Grant-Williams, Lauren Harper, Jessica Kain, Alex Lomeli, Jada Moore, Tiana Ösk Whitworth, Sophia Pace, Neele Schuten, Aisha Watt

By Home State/Country

California (38) - Cari Acosta, Alexis Alexander, Onyi Anigbogu, Maya Brosch, Jordyn Bryant, Jade Cany, Nia Collins, Paige Comiso, Felicia Crenshaw, Isabelle Davis, Danae Dyer, Callista Fletcher, Elizabeth Funk, Bella Goode, Ruthie Grant-Williams, Erica Grotegeer, Lauren Harper, Jalyn Harris, Kaitlin Heri, Jessica Kain, Alex Lomeli, Carlene Masar, Tai McDonald, Lauryn Moore, Mackenzie Mora, Sophia Pace, Renee Phillips, Natalie Regalado, Sakura Roberson, Danielle Scott, Molly Scharmann, Asia Smith, Naomi Smitham, Vanessa Spizewski, Alanna Stein, Dejanae Thompson, Angela Wilson, Jael Wyatt

Washington (3) - Sara Absten, Aisha Watt, Quinn Wiley

Maryland (2) - Kasey Ebb, Nyjari McNeil

Colorado (1) - Taylor Alexander

Florida (1) - Carina Clark

Minnesota (1) - Izzy Gartner

Missouri (1) - Jada Moore

Nevada (1) - Alysia Allen

New Jersey (1) - Hannah Taylor

Pennsylvania (1) - Emily Burd

Germany (1) - Neele Schuten

Iceland (1) - Tiana Ösk Whitworth

Switzerland (1) - Sonja Andenmatten

By Event Group

Distance (7)

Emily Burd, Paige Comiso, Isabelle Davis, Carlene Masar, Mackenzie Mora, Renee Phillips, Naomi Smitham

Hurdles (6)

Maya Brosch, Carina Clark, Nia Collins, Danae Dyer, Asia Smith, Quinn Wiley

Jumps (9)

Jade Cany, Izzy Gartner, Lauryn Moore, Sophia Pace, Asia Smith, Vanessa Spizewski, Alanna Stein, Hannah Taylor, Dejanae Thompson

Mid-Distance (13)

Sonja Andenmatten, Emily Burd, Bella Goode, Lauren Harper, Jessica Kain, Alex Lomeli, Nyjari McNeil, Mackenzie Mora, Renee Phillips, Sakura Roberson, Danielle Scott, Naomi Smitham, Angela Wilson

Multi's (4)

Sara Absten, Ruthie Grant-Williams, Neele Schuten, Asia Smith

Pole Vault (5)

Taylor Alexander, Alysia Allen, Elizabeth Funk, Kaitlin Heri, Molly Scharmann

Sprints (15)

Alexus Alexander, Carina Clark, Danae Dyer, Kasey Ebb, Callista Fletcher, Jalyn Harris, Tiana Ösk Whitworth, Tai McDonald, Jada Moore, Lauryn Moore, Sophia Pace, Vanessa Spizewski, Quinn Wiley, Aisha Watt, Jael Wyatt

Throws (5)

Cari Acosta, Onyi Anigbogu, Jordyn Bryant, Felicia Crenshaw, Erica Grotegeer

2020 SDSU Track and Field Alphabetical Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	So.	Burlington, Wash. (IMG Academy)
Cari Acosta	Throws	Jr.	Clovis, Calif. (Buchanan High)
Alexus Alexander	Sprints	Fr.	Compton, Calif. (Lakewood High)
Taylor Alexander	Pole Vault	Sr.	Vail, Colo. (Vail Christian High)
Alysia Allen	Pole Vault	So.	Reno, Nev. (Reed High)
Sonja Andenmatten	Mid-Distance	So.	Visp, Switzerland (North Florida)
Onyi Anigbogu	Throws	Fr.	Corona, Calif. (Santiago HS)
Maya Brosch	Hurdles	Jr.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	So.	Oakland, Calif. (Miramonte High)
Emily Burd	Mid-Distance/Distance	Jr.	Havertown, Pa. (Pittsburgh)
Jade Cany	Jumps	So.	San Diego, Calif. (Sacramento State)
Carina Clark	Sprints/Hurdles	So.	Winter Springs, Fla. (Winter Springs High)
Nia Collins	Hurdles	So.	Sacramento, Calif. (Monterey Trail High)
Paige Comiso	Distance	So.	San Jose, Calif. (Presentation High)
Felicia Crenshaw	Throws	So.	Costa Mesa, Calif. (Costa Mesa High)
Isabelle Davis	Distance	So.	San Diego, Calif. (Del Norte High)
Danae Dyer	Sprints/Hurdles	So.	Temecula, Calif. (Temecula Valley High)
Kasey Ebb	Sprints	So.	Accokeek, Md. (Bullis High)
Callista Fletcher	Sprints	Jr.	San Diego, Calif. (Scripps Ranch High)
Elizabeth Funk	Pole Vault	Fr.	Fresno, Calif. (Clovis West High)
Izzy Gartner	Jumps	Fr.	Byron, Minn. (Byron High)
Bella Goode	Mid-Distance	Fr.	Tustin, Calif. (Foothill High)
Ruthie Grant-Williams	Multi's	Fr.	Coronado, Calif. (Coronado High)
Erica Grotegeer	Throws	So.	Plumas Lake, Calif. (Wheatland Union High)
Lauren Harper	Mid-Distance	Fr.	Weaverville, Calif. (Trinity High)
Jalyn Harris	Sprints	Jr.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Kaitlin Heri	Pole Vault	Jr.	Redondo Beach, Calif. (Redondo Union High)
Jessica Kain	Mid-Distance	Fr.	Scotts Valley, Calif. (Scotts Valley High)
Alex Lomeli	Mid-Distance	Fr.	Los Angeles, Calif. (Notre Dame Academy High)
Carlene Masar	Distance	So.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	So.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	So.	Reistertown, Md. (Franklin High)
Jada Moore	Sprints	Fr.	St. Louis, Mo. (Pattonville High)
Lauryn Moore	Sprints/Jumps	Jr.	Oakland, Calif. (Bishop O'Dowd High)
Mackenzie Mora	Mid-Distance/Distance	Jr.	Clovis, Calif. (Buchanan HS)
Tiana Ösk Whitworth	Sprints	Fr.	Kopavogur, Iceland (Verzlunarskoli Islands)
Sophia Pace	Sprints/Jumps	Fr.	San Carlos, Calif. (St. Francis High)
Renee Phillips	Mid-Distance/Distance	Jr.	San Diego, Calif. (Coronado High)
Natalie Regalado	Mid-Distance	So.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	Jr.	San Diego, Calif. (La Jolla High)
Danielle Scott	Mid-Distance	Jr.	Long Beach, Calif. (Poly High)
Molly Scharmann	Pole Vault	RS-Sr.	Trabuco Canyon, Calif. (Washington State)
Naomi Smitham	Distance	So.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	So.	San Diego, Calif. (Rancho Buena Vista High)
Alanna Stein	Jumps	So.	Temecula, Calif. (Sacramento State)
Asia Smith	Multi's	Jr.	Escondido, Calif. (Mission Hills High)
Hannah Taylor	Jumps	Sr.	Montgomery, N.J. (Montgomery High)
Dejanae Thompson	Jumps	So.	San Diego, Calif. (Morse High)
Aisha Watt	Sprints	Fr.	Seattle, Wash. (Seattle Prep)
Quinn Wiley	Sprints/Hurdles	So.	Seattle, Wash. (Chief Sealth High)
Angela Wilson	Mid-Distance	RS-Sr.	Lancaster, Calif. (Antelope Valley College)
Jael Wyatt	Sprints	Sr.	San Diego, Calif. (Helix High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), 11th season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Seventh season

Assistant Coach (Throws)/Director of Operations: Greg Garza (UCLA, 2008), Seventh season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Third season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 25th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Third season

Assistant Coach: Brad Johnson