



# SAN DIEGO STATE AZTECS

## 2019 Cross Country Notes

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**SDSU Official Athletics Website:** goaztecs.com  
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### Schedule/Results

Month	Date	Event	Time
August	21	Mark Covert Classic (5K) Brea, Calif. (Carbon Canyon Regional Park)	8th/21
September	14	UC Riverside Invitational (6K) Riverside, Calif. (UCR Ag Ops Course)	7:30 am
	28	Capital Cross Challenge (6K) Sacramento, Calif. (Haggin Oaks Golf Complex)	10:30 am
	28	Master's University (5K) Santa Clarita, Calif. (Central Park)	7:45 am
October	12	Triton Classic (6K) La Jolla, Calif. (UC San Diego Campus)	8 am
	19	Bronco Invitational (6K) Sunnyvale, Calif. (Baylands Regional Park)	9:30 am
	25	Titan Invitational (5K) Fullerton, Calif. (CS Fullerton Campus)	5 pm
November	1	Mountain West Championships (6K) Logan, Utah	TBA
	15	NCAA West Regional (6K) Colfax, Wash. (Colfax Golf Club)	TBA

### Roster

Name	Year	Hometown (Last School)
Sonja Andenmatten	Freshman	Visp, Switzerland (Kollegium Spiritus Sanctus Brig)
Paige Comiso	Sophomore	San Jose, Calif. (Presentation HS)
Marissa D'Atri	Sophomore	Martinez, Calif. (Alhambra HS)
Isabelle Davis	Sophomore	San Diego, Calif. (Del Norte HS)
Bella Goode	Freshman	Tustin, Calif. (Foothill HS)
Lauren Harper	Freshman	Weaverville, Calif. (Trinity HS)
Jessica Kain	Freshman	Scotts Valley, Calif. (Scotts Valley HS)
Alex Lomeli	Freshman	Los Angeles, Calif. (Notre Dame Academy)
Carlene Masar	Sophomore	Jamul, Calif. (Steele Canyon HS)
Nyjarri McNeil	Sophomore	Reistertown, Md. (Franklin HS)
Mackenzie Mora	Junior	Clovis, Calif. (Buchanan HS)
Renee Phillips	Junior	San Diego, Calif. (Coronado HS)
Natalie Regaldo	Sophomore	Lake Forest, Calif. (Trabuco Hills)
Sakura Roberson	Junior	San Diego, Calif. (La Jolla HS)
Danielle Scott	Junior	Long Beach, Calif. (Poly HS)
Naomi Smitham	Sophomore	San Diego, Calif. (Canyon Crest Academy)

**Head Coach:** Shelia Burrell (UCLA, 1995), 11th season  
**Assistant Coach:** Robert Lusitana (San Diego State, 1982), 3rd season

### Meet Week Preview

UC Riverside Invitational (6K)  
 Saturday, Sept. 14 | 7:30 a.m. PT | UCR Ag Ops Course | Riverside, Calif.  
 Media Coverage: Live Results (Finished Results)

**SAN DIEGO** - The San Diego State cross country team heads to Riverside, Calif. on Saturday to compete in the annual UC Riverside Invitational.

The 6k race begins at 7:30 a.m. and results will be available on the Finished Results app as well on GoAztecs.com. The UC Riverside course is mostly flat with a few rolling hills, winding through orange groves and eucalyptus trees. It has hard-packed dirt with pre-competition watering to reduce dust.

The Aztecs will be competing against Cal Poly, California Baptist, Fresno State, Hawai'i, Long Beach State, Pepperdine, Sacramento State, UC Irvine, UC Riverside, UC Santa Barbara and USC, among others.

Paige Comiso, Isabelle Davis, Bella Goode, Lauren Harper, Jessica Kain, Carlene Masar and Naomi Smitham will be running the 6k Invitational for the Aztecs. Sonja Andenmatten, Nyjarri McNeil and Sakura Roberson will be running in the 5k Open at 8:40 a.m.

### Last Time Out

The Aztecs finished in eighth place out of 21 teams at the Mark Covert Classic 5k two weeks ago. Sophomores Carlene Masar and Marissa D'Atri paced the Aztecs with a time of 19:15.4.

"Given the fact it was our first race of the season, I thought we ran reasonably well," Coach Robert Lusitana said after the race. "Conditions were warm and humid, which affected everyone's race times. We had good grouping one through five and one through seven, which is a good sign overall."

SDSU had four returners competing in their first collegiate meet: Lauren Harper (47th; 19:34.2), Jessica Kain (51st; 19:36.2), Alex Lomeli (19:47.6) and Bella Goode (90th; 20:22.5).

### Aztec Storylines

- The Aztecs have been running in the UC Riverside Invitational since 2003, but have only been running the 6k event since 2014. The SDSU course record for the 6k is held by Christine Kent, who finished in 20:47.8 in 2016. Caitlyn Couch was the Aztecs' top finisher last year with a time of 21:46.6 and SDSU took seventh place out of 21 teams. Carlene Masar had the second-best time for the Aztecs, finishing in 21:47.0.
- This will be the first collegiate 6k for freshmen Bella Goode, Lauren Harper and Jessica Kain. Sonja Andenmatten will be making her collegiate debut by running the 5k Open.
- Carlene Masar has finished top two among Aztec runners in every race she has run.

# 2019 AZTEC CROSS COUNTRY TEAM RESULTS

Date	Meet (Distance)	Finish	Spread (Top 5)	Spread (Top 7)	Top Finisher
Aug. 31	~ Mark Covert Classic (5K) <i>Top Five: Masar, D'Atri, Harper, Phillips, Kain</i>	8th /21	20.8	39.2	Carlene Masar (19:15.4)
Sept. 14	! UC Riverside Invitational (6K) <i>Top Five:</i>				
Sept. 28	# Capital Cross Challenge (6K) <i>Top Five:</i>				
Oct. 12	\$ Triton Classic (6K)				
Oct. 19	% Bronco Invitational (6K)				
Oct. 25	^ Titan Invitational (5K)				
Nov. 1	& Mountain West Championships (6K)				
Nov. 15	* NCAA West Regional (6K)				

~ Mark Covert Classic at Carbon Canyon Regional Park in Brea, Calif.  
 ! UC Riverside Invitational at UCR Agricultural Operations Course in Riverside, Calif.  
 # Capital Cross Challenge at Haggin Oaks Golf Complex in Sacramento, Calif.  
 \$ Triton Classic on UC San Diego Campus in La Jolla, Calif.  
 % Bronco Invitational at Baylands Regional Park in Sunnyvale, Calif.  
 ^ Titan Invitational on CS Fullerton Campus in Fullerton, Calif.  
 & Mountain West Championships in Logan, Utah  
 \* NCAA West Regional at Colfax Golf Club in Colfax, Wash.

## 2019 AZTEC CROSS COUNTRY INDIVIDUAL RESULTS

**Paige Comiso (So.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	68th/200	19:54.6

*Collegiate Career Best: 5K - 18:22.1; 6K - 22:09.4*

**Marissa D'Atri (So.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	37th/200	19:15.4

*Collegiate Career Best: 5K - 18:07.0; 6K - 21:58.3*

**Isabelle Davis (So.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	115th/200	20:52.3

*Collegiate Career Best: 5K - 19:49.7; 6K - 23:51.1*

**Bella Goode (Fr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	90th/200	20:22.5

*Collegiate Career Best: 5K - 20:22.5; 6K - N/A*

**Lauren Harper (Fr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	47th/200	19:34.2

*Collegiate Career Best: 5K - 19:34.2; 6K - N/A*

**Jessica Kain (Fr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	51st/200	19:36.2

*Collegiate Career Best: 5K - 19:36.2; 6K - N/A*

**Alex Lomeli (Fr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	63rd/200	19:47.6

*Collegiate Career Best: 5K - 19:47.6; 6K - N/A*

**Carlene Masar (So.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	36th/200	19:15.4

*Collegiate Career Best: 5K - 19:03.4; 6K - 21:47.0*

**Nyari McNeil (So.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K		

*Collegiate Career Best: 5K - 20:15.3; 6K - N/A*

**Mackenzie Mora (Jr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K		

*Collegiate Career Best: 5K - 18:28; 6K - 22:01.8*

**Renee Phillips (Jr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	49th/200	19:34.6

*Collegiate Career Best: 5K - 18:52.8; 6K - 23:08.5*

**Natalie Regalado (So.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K		

*Collegiate Career Best: 5K - 19:21.0; 6K - 23:18.6*

**Sakura Roberson (Jr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K		

*Collegiate Career Best: 5K - 21:48.4; 6K - 29:50.5*

**Danielle Scott (Jr.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K		

*Collegiate Career Best: 5K - 22:55.5; 6K - N/A*

**Naomi Smitham (So.)**

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	76th/200	20:09.1

*Collegiate Career Best: 5K - 20:09.1; 6K - N/A*

# 2019 AZTEC CROSS COUNTRY TOP-10 TIMES

## 2019 Top-10 Times -- 5K (With Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date</b>
1. Carlene Masar	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
2. Marissa D'Atri	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
3. Lauren Harper	19:34.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
4. Renee Phillips	19:34.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
5. Jessica Kain	19:36.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
6. Alex Lomeli	19:47.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
7. Paige Comiso	19:54.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
8. Naomi Smitham	20:09.1	Mark Covert Classic (Brea, Calif.)	Aug. 31
9. Bella Goode	20:22.5	Mark Covert Classic (Brea, Calif.)	Aug. 31
10. Isabelle Davis	20:52.3	Mark Covert Classic (Brea, Calif.)	Aug. 31

## 2019 Top-10 Times -- 5K (Without Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date</b>
1. Carlene Masar	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
2. Marissa D'Atri	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
3. Lauren Harper	19:34.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
4. Renee Phillips	19:34.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
5. Jessica Kain	19:36.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
6. Alex Lomeli	19:47.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
7. Paige Comiso	19:54.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
8. Naomi Smitham	20:09.1	Mark Covert Classic (Brea, Calif.)	Aug. 31
9. Bella Goode	20:22.5	Mark Covert Classic (Brea, Calif.)	Aug. 31
10. Isabelle Davis	20:52.3	Mark Covert Classic (Brea, Calif.)	Aug. 31

## 2019 Top-10 Times -- 6K (With Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date</b>
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## 2019 Top-10 Times -- 6K (Without Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date</b>
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# ALL-TIME AZTEC CROSS COUNTRY TOP-10 TIMES

## Top-10 Times -- 5K (With Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date/Year</b>
1. Monica Joyce	16:28.9	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
2. Lynn Kanuka	16:54.4	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
3. Monica Joyce	16:55.0	WCAA Championships	1981
4. Monica Joyce	16:56.0	Aztec Invitational (San Diego, Calif.)	1981
5. Lital Azulay	17:03.1	Santa Clara Invitational (Belmont, Calif.)	Oct. 15, 2005
6. Monica Joyce	17:05.0	UCLA Invitational (Los Angeles, Calif.)	1981
7. Lynn Kanuka	17:07.3	WCAA Championships	1981
8. Christine Kent	17:07.59	Highlander Invitational (Riverside, Calif.)	Oct. 15, 2016
9. Eva Ernstrom	17:08.0	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
10. Laurie Crisp	17:09.1	UCLA Invitational (Los Angeles, Calif.)	Sept. 19, 1982

## Top-10 Times -- 5K (Without Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date/Year</b>
1. Monica Joyce	16:28.9	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
2. Lynn Kanuka	16:54.1	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
3. Lital Azulay	17:03.1	Santa Clara Invitational (Belmont, Calif.)	Oct. 15, 2005
4. Christine Kent	17:07.59	Highlander Invitational (Riverside, Calif.)	Oct. 15, 2016
5. Eva Ernstrom	17:08.0	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
6. Laurie Crisp	17:09.1	UCLA Invitational (Los Angeles, Calif.)	Sept. 19, 1982
7. Liz Baker	17:26.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982
8. Debra Chaddock	17:31.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982
9. Lisa Crampton	17:32.6	Willamette Invitational (Salem, Ore.)	Oct. 1, 2005
10. Eric Sherman	17:35.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982

## Top-10 Times -- 6K (With Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date/Year</b>
1. Christine Kent	20:47.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
2. Marie Nilsson	21:04.0	NCAA West Regional (Fairview, Ore.)	Nov. 15, 2003
3. Lital Azulay	21:05.8	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
4. Lital Azulay	21:14.2	MW Championships (Fort Collins, Colo.)	Oct. 29, 2005
5. Elaine Ribeiro	21:22.3	Capital Cross Challenge (Sacramento, Calif.)	Oct. 1, 2016
6. Elaine Ribeiro	21:22.5	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
7. Christine Kent	21:25.3	Capital Cross Challenge (Sacramento, Calif.)	Oct. 1, 2016
8. Lily Seynaeve	21:30.0	UC Riverside Invitational (Riverside, Calif.)	Sept. 16, 2017
9. Lily Seynaeve	21:30.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 12, 2015
10. Marianne Hogan	21:32.0	Stanford Invitational (Stanford, Calif.)	Sept. 25, 2010

## Top-10 Times -- 6K (Without Replacement)

<b>Athlete</b>	<b>Time</b>	<b>Meet</b>	<b>Date/Year</b>
1. Christine Kent	20:47.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
2. Marie Nilsson	21:04.0	NCAA West Regional (Fairview, Ore.)	Nov. 15, 2003
3. Lital Azulay	21:05.8	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
4. Elaine Ribeiro	21:22.3	Capital Cross Challenge (Sacramento, Calif.)	Oct. 1, 2016
5. Lily Seynaeve	21:30.0	UC Riverside Invitational (Riverside, Calif.)	Sept. 16, 2017
6. Marianne Hogan	21:32.0	Stanford Invitational (Stanford, Calif.)	Sept. 25, 2010
7. Lisa Crampton	21:32.3	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
8. Cassidy Towner	21:38.0	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
9. Chelsea Kruthers	21:39.0	NCAA West Regional (Sacramento, Calif.)	Nov. 15, 2013
10. Laura Vazquez	21:40.0	NCAA West Regional (Seattle, Wash.)	Nov. 9, 2012