



SAN DIEGO STATE AZTECS

2019 Cross Country Notes

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Schedule/Results

August		
21	Mark Covert Classic (5K) Brea, Calif. (Carbon Canyon Regional Park)	8th/21
September		
14	UC Riverside Invitational (6K) Riverside, Calif. (UCR Ag Ops Course)	11th/19
28	Capital Cross Challenge (6K) Sacramento, Calif. (Arcade Creek Golf Course)	32nd/40
October		
12	UC San Diego Triton Classic (6K) La Jolla, Calif. (UC San Diego Campus)	N/A
19	Bronco Invitational (6K) Sunnyvale, Calif. (Baylands Regional Park)	19th/26
November		
1	Mountain West Championships (6K) Logan, Utah	10th/11
15	NCAA West Regional (6K) Colfax, Wash. (Colfax Golf Club)	TBA

Roster

Name	Year	Hometown (Last School)
Sonja Andenmatten	Freshman	Visp, Switzerland (Kollegium Spiritus Sanctus Brig)
Paige Comiso	Sophomore	San Jose, Calif. (Presentation HS)
Marissa D'Atri	Sophomore	Martinez, Calif. (Alhambra HS)
Isabelle Davis	Sophomore	San Diego, Calif. (Del Norte HS)
Bella Goode	Freshman	Tustin, Calif. (Foothill HS)
Lauren Harper	Freshman	Weaverville, Calif. (Trinity HS)
Jessica Kain	Freshman	Scotts Valley, Calif. (Scotts Valley HS)
Alex Lomeli	Freshman	Los Angeles, Calif. (Notre Dame Academy)
Carlene Masar	Sophomore	Jamul, Calif. (Steele Canyon HS)
Nyjari McNeil	Sophomore	Reistertown, Md. (Franklin HS)
Mackenzie Mora	Junior	Clovis, Calif. (Buchanan HS)
Renee Phillips	Junior	San Diego, Calif. (Coronado HS)
Natalie Regaldo	Sophomore	Lake Forest, Calif. (Trabuco Hills)
Sakura Roberson	Junior	San Diego, Calif. (La Jolla HS)
Danielle Scott	Junior	Long Beach, Calif. (Poly HS)
Naomi Smitham	Sophomore	San Diego, Calif. (Canyon Crest Academy)

Head Coach: Shelia Burrell (UCLA, 1995), 11th season
Assistant Coach: Robert Lusitana (San Diego State, 1982), 3rd season

Meet Week Preview

NCAA West Regionals (6K)
 Friday, Nov. 14 | 11:30 a.m. PT | Colfax, Wash. | Colfax Golf Club
 Media Coverage: Flotrack (S) | Live Results

SAN DIEGO - The San Diego State cross country team wraps up their 2019 season Friday morning at the NCAA West Regionals in Colfax, Wash. The women's 6K is set for 11:30 a.m. at the Colfax Golf Club. The race will be streamed by FloTrack, which requires a subscription.

Teams competing include: Arizona, Arizona State, Boise State, Cal Poly, Cal St. Fullerton, California, Eastern Washington, Fresno State, Gonzaga, Grand Canyon, Hawai'i, Idaho, Long Beach St., Loyola Marymount, Oregon, Oregon State, Pacific, Pepperdine, Portland, Portland State, Sacramento St., San Diego, San Diego State, San Francisco, San Jose St., Santa Clara, Seattle U., St. Mary's (Cal.), Stanford, UC Davis, UC Irvine, UC Riverside, UC Santa Barbara, UCLA, UNLV, Washington and the host, Washington State.

Slated to run for SDSU: Paige Comiso, Marissa D'Atri, Lauren Harper, Alex Lomeli, Carlene Masar, Renee Phillips and Naomi Smitham. The forecast calls for rain and temperatures in the mid 40's.

Last Time Out

The Aztec cross country team finished 10th at the Mountain West Championships in Logan, Utah.

Running in temperatures below freezing, SDSU was paced by the sophomore duo of Carlene Masar (22:26.2) and Marissa D'Atri (22:34.1), who finished in 59th and 61st respectively.

"The top two girls [Masar & D'Atri] ran well today," coach Shelia Burrell said after the race. "Considering the elements and this being the first time many of the girls have run at high altitude, our performance today indicates we are moving in the right direction toward developing a more competitive team."

Rounding out the top five for SDSU was junior Renee Phillips (75th; 23:23.0), freshman Alex Lomeli (78th; 23:33.3) and sophomore Paige Comiso (80th; 23:39.0). Also competing for the Aztecs were freshman Lauren Harper (84th; 24:04.3) and sophomore Naomi Smitham (88th; 24:40.7).

New Mexico, who is ranked No. 11 in the country, took first place and had three runners in the top five. Lobo All-American Weini Kelati was the first to finish, crossing the line in 19.11.15, 49 seconds ahead of the second-place finisher.

Aztec Storylines

- The Aztecs had the same top five finishers as they did in their last race, the Bronco Invitational.
- Carlene Masar has finished in the top two among Aztecs in every race of her career.
- When both are healthy, Masar and Marissa D'Atri have been the top two finishers in every race.
- Junior Renee Phillips has finished top five among Aztec finishers in every race this season.
- This will be the second straight race the Aztecs have run in temperatures in the 40s or below. It is forecasted to be their first race of the year in the rain.

2019 AZTEC CROSS COUNTRY TEAM RESULTS

Date	Meet (Distance)	Finish	Spread (Top 5)	Spread (Top 7)	Top Finisher
Aug. 31	~ Mark Covert Classic (5K) <i>Top Five: Masar, D'Atri, Harper, Phillips, Kain</i>	8th/21	20.8	39.2	Carlene Masar (19:15.4)
Sept. 14	! UC Riverside Invitational (6K) <i>Top Five: Masar, Phillips, Harper, Kain, Comiso</i>	11th/19	1:02.7	3:29.9	Carlene Masar (21:51.7)
Sept. 28	# Capital Cross Challenge (6K) <i>Top Five: Masar, D'Atri, Phillips, Comiso, Harper</i>	32nd/40	27.3	N/A	Carlene Masar (22:53.2)
Oct. 12	\$ Triton Classic (6K)	N/A	N/A	N/A	Alex Lomeli (23:33.7)
Oct. 19	% Bronco Invitational (6K) <i>Top Five: D'Atri, Masar, Lomeli, Comiso, Phillips</i>	19th/26	1:10.7	1:26.2	Marissa D'Atri (21:45.1)
Nov. 1	& Mountain West Championships (6K) <i>Top Five: Masar, D'Atri, Phillips, Lomeli, Comiso</i>	10th/11	1:13.4	2:14.5	Carlene Masar (22:26.22)
Nov. 15	* NCAA West Regional (6K)				

~ Mark Covert Classic at Carbon Canyon Regional Park in Brea, Calif.

! UC Riverside Invitational at UCR Agricultural Operations Course in Riverside, Calif.

Capital Cross Challenge at Haggin Oaks Golf Complex in Sacramento, Calif.

\$ Triton Classic on UC San Diego Campus in La Jolla, Calif.

% Bronco Invitational at Baylands Regional Park in Sunnyvale, Calif.

^ Titan Invitational on CS Fullerton Campus in Fullerton, Calif.

& Mountain West Championships in Logan, Utah

* NCAA West Regional at Colfax Golf Club in Colfax, Wash.

2019 AZTEC CROSS COUNTRY INDIVIDUAL RESULTS

Sonja Andenmatten (Fr.)

Date	Meet (Distance)	Finish	Time
Sept. 14	UC Riverside Invitational 5K	127th/190	20:38.9

Collegiate Career Best: 5K - 20:38.9; 6K - N/A

Paige Comiso (So.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	68th/200	19:54.6
Sept. 14	UC Riverside Invitational 6K	101st/164	22:54.4
Sept. 28	Capital Cross Challenge 6K	201st/322	23:04.3
Oct. 9	Bronco Invitational 6K	140th/204	22:36.4
Nov. 1	Mountain West Championships	80th/89	23:39.03

Collegiate Career Best: 5K - 18:22.1; 6K - 22:09.4

Marissa D'Atri (So.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	37th/200	19:15.4
Sept. 28	Capital Cross Challenge 6K	187th/322	22:57.7
Oct. 9	Bronco Invitational 6K	66th/204	21:45.1
Nov. 1	Mountain West Championships	61st/89	22:34.07

Collegiate Career Best: 5K - 18:07.0; 6K - 21:45.1

Isabelle Davis (So.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	115th/200	20:52.3
Sept. 14	UC Riverside Invitational 6K	140th/164	24:11.3
Sept. 28	Master's University Invite 5K	127th/305	20:04.5
Oct. 12	UC San Diego Triton Classic 6K	55th/75	25:37.3

Collegiate Career Best: 5K - 19:49.7; 6K - 23:51.1

Bella Goode (Fr.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	90th/200	20:22.5

Collegiate Career Best: 5K - 20:22.5; 6K - N/A

Lauren Harper (Fr.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	47th/200	19:34.2
Sept. 14	UC Riverside Invitational 6K	76th/164	22:27.3
Sept. 28	Capital Cross Challenge 6K	220th/322	23:20.5
Oct. 19	Bronco Invitational 6K	166th/204	22:59.3
Nov. 1	Mountain West Championships	84th/89	24:04.26

Collegiate Career Best: 5K - 19:34.2; 6K - 22:27.3

Jessica Kain (Fr.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	51st/200	19:36.2
Sept. 14	UC Riverside Invitational 6K	82nd/164	22:35.6
Oct. 12	UC San Diego Triton Classic 6K	49th/75	25:20.5

Collegiate Career Best: 5K - 19:36.2; 6K - 22:35.6

Alex Lomeli (Fr.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	63rd/200	19:47.6
Oct. 12	UC San Diego Triton Classic 6K	16th/75	23:33.7
Oct. 19	Bronco Invitational 6K	11th/204	22:15.5

Nov. 1 Mountain West Championships 78th/89 23:33.28

Collegiate Career Best: 5K - 19:47.6; 6K - 22:15.5

Carlene Masar (So.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	36th/200	19:15.4
Sept. 14	UC Riverside Invitational 6K	48th/164	21:51.7
Sept. 28	Capital Cross Challenge 6K	176th/322	22:53.2
Oct. 19	Bronco Invitational 6K	72nd/204	21:47.6
Nov. 1	Mountain West Championships	59th/89	22:26.22

Collegiate Career Best: 5K - 19:03.4; 6K - 21:47.0

Nyari McNeil (So.)

Date	Meet (Distance)	Finish	Time
Sept. 14	UC Riverside Invitational 5K	75th/190	19:47.8

Collegiate Career Best: 5K - 19:47.8; 6K - N/A

Mackenzie Mora (Jr.)

Collegiate Career Best: 5K - 18:28; 6K - 22:01.8

Renee Phillips (Jr.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	49th/200	19:34.6
Sept. 14	UC Riverside Invitational 6K	64th/164	22:18.7
Sept. 28	Capital Cross Challenge 6K	198th/322	23:01.0
Oct. 19	Bronco Invitational 6K	162nd/204	22:55.8
Nov. 1	Mountain West Championships	75th/89	23:23.0

Collegiate Career Best: 5K - 18:52.8; 6K - 22:18.7

Natalie Regalado (So.)

Date	Meet (Distance)	Finish	Time
Sept. 14	UC Riverside Invitational 5K	114th/190	20:24.8

Collegiate Career Best: 5K - 19:21.0; 6K - 23:18.6

Sakura Roberson (Jr.)

Date	Meet (Distance)	Finish	Time
Sept. 14	UC Riverside Invitational 5K	114th/190	20:24.8

Collegiate Career Best: 5K - 20:24.8; 6K - 29:50.5

Danielle Scott (Jr.)

Date	Meet (Distance)	Finish	Time
Sept. 14	UC Riverside Invitational 5K	114th/190	20:24.8

Collegiate Career Best: 5K - 22:55.5; 6K - N/A

Naomi Smitham (So.)

Date	Meet (Distance)	Finish	Time
Aug. 31	Mark Covert Classic 5K	76th/200	20:09.1
Sept. 14	UC Riverside Invitational 6K	153rd/164	25:20.6
Sept. 28	Capital Cross Challenge 6K	270th/322	23:59.7
Oct. 12	UC San Diego Triton Classic 6K	38th/75	24:41.6
Oct. 19	Bronco Invitational 6K	172nd/204	23:11.3
Nov. 1	Mountain West Championships	88th/89	24:40.68

Collegiate Career Best: 5K - 20:09.1; 6K - 23:11.3

2019 AZTEC CROSS COUNTRY TOP-10 TIMES

2019 Top-10 Times -- 5K (With Replacement)

Athlete	Time	Meet	Date
1. Carlene Masar	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
2. Marissa D'Atri	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
3. Lauren Harper	19:34.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
4. Renee Phillips	19:34.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
5. Jessica Kain	19:36.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
6. Alex Lomeli	19:47.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
7. Nyjari McNeil	19:47.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
8. Paige Comiso	19:54.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
9. Isabelle Davis	20:04.5	Master's University Invite (Santa Clarita, Calif.)	Sept. 28
10. Naomi Smitham	20:09.1	Mark Covert Classic (Brea, Calif.)	Aug. 31

2019 Top-10 Times -- 5K (Without Replacement)

Athlete	Time	Meet	Date
1. Carlene Masar	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
2. Marissa D'Atri	19:15.4	Mark Covert Classic (Brea, Calif.)	Aug. 31
3. Lauren Harper	19:34.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
4. Renee Phillips	19:34.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
5. Jessica Kain	19:36.2	Mark Covert Classic (Brea, Calif.)	Aug. 31
6. Alex Lomeli	19:47.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
7. Nyjari McNeil	19:47.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
8. Paige Comiso	19:54.6	Mark Covert Classic (Brea, Calif.)	Aug. 31
9. Isabelle Davis	20:04.5	Master's University Invite (Santa Clarita, Calif.)	Sept. 28
10. Naomi Smitham	20:09.1	Mark Covert Classic (Brea, Calif.)	Aug. 31

2019 Top-10 Times -- 6K (With Replacement)

Athlete	Time	Meet	Date
1. Marissa D'Atri	21:45.1	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
2. Carlene Masar	21:47.6	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
3. Carlene Masar	21:51.7	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
4. Alex Lomeli	22:15.5	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
5. Renee Phillips	22:18.7	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
6. Carlene Masar	22:26.2	Mountain West Championships (Logan, Utah)	Nov. 1
7. Lauren Harper	22:27.3	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
8. Marissa D'Atri	22:34.1	Mountain West Championships (Logan, Utah)	Nov. 1
9. Jessica Kain	22:35.6	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
10. Paige Comiso	22:36.4	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19

2019 Top-10 Times -- 6K (Without Replacement)

Athlete	Time	Meet	Date
1. Marissa D'Atri	21:45.1	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
2. Carlene Masar	21:47.6	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
3. Alex Lomeli	22:15.5	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
4. Renee Phillips	22:18.7	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
5. Lauren Harper	22:27.3	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
6. Jessica Kain	22:35.6	UC Riverside Invitational (Riverside, Calif.)	Sept. 14
7. Paige Comiso	22:36.4	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
8. Naomi Smitham	23:11.3	Bronco Invitational (Sunnyvale, Calif.)	Oct. 19
9. Isabelle Davis	24:11.3	UC Riverside Invitational (Riverside, Calif.)	Sept. 14

ALL-TIME AZTEC CROSS COUNTRY TOP-10 TIMES

Top-10 Times -- 5K (With Replacement)

Athlete	Time	Meet	Date/Year
1. Monica Joyce	16:28.9	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
2. Lynn Kanuka	16:54.4	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
3. Monica Joyce	16:55.0	WCAA Championships	1981
4. Monica Joyce	16:56.0	Aztec Invitational (San Diego, Calif.)	1981
5. Lital Azulay	17:03.1	Santa Clara Invitational (Belmont, Calif.)	Oct. 15, 2005
6. Monica Joyce	17:05.0	UCLA Invitational (Los Angeles, Calif.)	1981
7. Lynn Kanuka	17:07.3	WCAA Championships	1981
8. Christine Kent	17:07.59	Highlander Invitational (Riverside, Calif.)	Oct. 15, 2016
9. Eva Ernstrom	17:08.0	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
10. Laurie Crisp	17:09.1	UCLA Invitational (Los Angeles, Calif.)	Sept. 19, 1982

Top-10 Times -- 5K (Without Replacement)

Athlete	Time	Meet	Date/Year
1. Monica Joyce	16:28.9	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
2. Lynn Kanuka	16:54.1	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
3. Lital Azulay	17:03.1	Santa Clara Invitational (Belmont, Calif.)	Oct. 15, 2005
4. Christine Kent	17:07.59	Highlander Invitational (Riverside, Calif.)	Oct. 15, 2016
5. Eva Ernstrom	17:08.0	District 8 Championships (Stanford, Calif.)	Nov. 8, 1981
6. Laurie Crisp	17:09.1	UCLA Invitational (Los Angeles, Calif.)	Sept. 19, 1982
7. Liz Baker	17:26.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982
8. Debra Chaddock	17:31.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982
9. Lisa Crampton	17:32.6	Willamette Invitational (Salem, Ore.)	Oct. 1, 2005
10. Eric Sherman	17:35.0	District 8 Championships (Fresno, Calif.)	Nov. 13, 1982

Top-10 Times -- 6K (With Replacement)

Athlete	Time	Meet	Date/Year
1. Christine Kent	20:47.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
2. Marie Nilsson	21:04.0	NCAA West Regional (Fairview, Ore.)	Nov. 15, 2003
3. Lital Azulay	21:05.8	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
4. Lital Azulay	21:14.2	MW Championships (Fort Collins, Colo.)	Oct. 29, 2005
5. Elaine Ribeiro	21:22.3	Capital Cross Challenge (Sacramento, Calif.)	Oct. 1, 2016
6. Elaine Ribeiro	21:22.5	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
7. Christine Kent	21:25.3	Capital Cross Challenge (Sacramento, Calif.)	Oct. 1, 2016
8. Lily Seynaeve	21:30.0	UC Riverside Invitational (Riverside, Calif.)	Sept. 16, 2017
9. Lily Seynaeve	21:30.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 12, 2015
10. Marianne Hogan	21:32.0	Stanford Invitational (Stanford, Calif.)	Sept. 25, 2010

Top-10 Times -- 6K (Without Replacement)

Athlete	Time	Meet	Date/Year
1. Christine Kent	20:47.8	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
2. Marie Nilsson	21:04.0	NCAA West Regional (Fairview, Ore.)	Nov. 15, 2003
3. Lital Azulay	21:05.8	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
4. Elaine Ribeiro	21:22.3	Capital Cross Challenge (Sacramento, Calif.)	Oct. 1, 2016
5. Lily Seynaeve	21:30.0	UC Riverside Invitational (Riverside, Calif.)	Sept. 16, 2017
6. Marianne Hogan	21:32.0	Stanford Invitational (Stanford, Calif.)	Sept. 25, 2010
7. Lisa Crampton	21:32.3	NCAA West Regional (Stanford, Calif.)	Nov. 12, 2005
8. Cassidy Towner	21:38.0	UC Riverside Invitational (Riverside, Calif.)	Sept. 17, 2016
9. Chelsea Kruthers	21:39.0	NCAA West Regional (Sacramento, Calif.)	Nov. 15, 2013
10. Laura Vazquez	21:40.0	NCAA West Regional (Seattle, Wash.)	Nov. 9, 2012