



2019 SAN DIEGO STATE TRACK & FIELD

2019 Schedule

January

18-19 UCS Pole Vault Summit Reno, Nev.
 18-19 MLK Invitational Albuquerque, N.M.

February

1-2 **New Mexico Collegiate Classic Albuquerque, N.M.**
 8-9 Don Kirby Collegiate Invitational Albuquerque, N.M.
 21-23 MW Indoor Championships Albuquerque, N.M.
 March
 8-9 NCAA Indoor Championships Birmingham, Ala.
 9 San Diego Collegiate Challenge La Jolla, Calif.
 9 Oxy Distance Carnival Los Angeles, Calif.
 16 Ross & Sharon Irwin Invite (PV only) Point Loma, Calif.
 16 Aztec Spring All-Comers Meet SDSU Sports Deck
 21-23 41st Annual Aztec Invitational SDSU Sports Deck
 29-30 UCLA Legends Invitational Los Angeles, Calif.

April

5 Mountain West Challenge Las Vegas, Nev.
 11-12 Triton Invitational La Jolla, Calif.
 17-19 Bryan Clay Invitational Azusa, Calif.
 19-20 Beach Invitational Long Beach, Calif.
 20 Mt. SAC Relays Torrance, Calif.
 27 Desert Heat Classic Tucson, Ariz.
 27 Steve Scott Invitational Irvine, Calif.

May

8-11 MW Outdoor Championships Clovis, Calif.
 23-25 NCAA West Prelims Sacramento, Calif.

June

6 & 8 NCAA Outdoor Championships Austin, Texas

60m Dash

Bonnie Draxler
 Callista Fletcher
 Tai McDonald

400m Dash

Lisa-Anne Barrow
 Maya Brosch
 Kasey Ebb
 Jalyn Harris
 Nyjari McNeil
 Danielle Scott

600m Run

Sara Absten
 Asia Smith

800m Run

Nyjari McNeil
 Sakura Roberson
 Danielle Scott
 Angela Wilson

60m Hurdles

Sara Absten
 Danae Dyer
 Asia Smith

4x400m Relay (A)

Lisa-Anne Barrow
 Kasey Ebb
 Jalyn Harris
 Nyjari McNeil

4x400m Relay (B)

Maya Brosch
 Danae Dyer
 Callista Fletcher
 Tai McDonald

High Jump

Sara Absten
 Asia Smith

Pole Vault

Taylor Alexander
 Alysia Allen
 Marissa Berry
 Bonnie Draxler
 Kaitlin Heri

Shot Put

Jordyn Bryant
 Asia Smith

Meet Week Preview

New Mexico Collegiate Classic
 Albuquerque Convention Center | Albuquerque, N.M.
 February 1-2, 2019

Aztecs Back in Albuquerque for Second Meet of the Indoor Season

San Diego State will be competing their second meet of the indoor season this weekend. This will be their second of four consecutive meets in Albuquerque, N.M. Only two Aztecs will be competing on Friday. Freshman Sara Absten and sophomore Asia Smith the high jump (4:00 p.m. MT) and the 600 meter run (7:00 p.m. MT) as they prepare for the pentathlon at the Mountain West Championships at the end of the month.

On Saturday, the rest of the squad will be in action beginning with Smith and Jordyn Bryant in the shotput at 10:00 a.m. MT. Bryant, a freshman from Oakland, had a fantastic collegiate debut two weeks ago. Next up will be the qualifying rounds for the 60m hurdles (10:15 a.m. MT) and 60m dash (10:55 a.m. MT). The Aztecs will have three athletes competing in each event. After the prelims for those events will be the pole vault, where the Aztecs will have five competitors, including Bonnie Draxler who owns both the indoor and outdoor school records. SDSU will wrap up the meet with the 60m hurdle finals (1:25 p.m. MT), the 400 meter run (1:50 p.m. MT), the 60m dash finals (2:15 p.m. MT), the 800 meter run (2:40 p.m. MT) and the 4x400m relay (3:10 p.m. MT).

Need to Know

- Senior Bonnie Draxler set a new school record in the first meet of the year. She cleared 14-3.75 at the UCS Pole Vault Summit in Reno, Nev. to best her previous school record by two inches. Her mark is a new Mountain West record and is currently seventh best in the nation. Draxler also topped her outdoor school record in the annual Red-Black All-Comers Meet back in December (14-6.00).

- Senior Lisa-Anne Barrow will be making her season debut in the 400 meter this weekend. She transitioned to the 400 last outdoor season and ended up winning the Mountain West championship and qualifying for the NCAA Championships. Her best time of 51.86 was the third best in school history.

- A trio of freshmen cracked the SDSU record books in their first collegiate meet of their careers. Nyjari McNeil set a new school record in the 600 meter run (1:30.22) and had the sixth best time in school history in the 800 (2:14.09). Danae Dyer (Temecula, Calif.) ran the 60 meter hurdles in 8.36, the seventh best time in program history and Jordyn Bryant had the ninth best shotput throw (45-01.00).

- The Aztecs are in the midst of four straight meets in Albuquerque, essentially their entire indoor season. Following this weekend, they will be back for the Don Kirby Collegiate Invitational (Feb. 8-9) and then the Mountain West Championships (Feb. 23-24).

- The 2019 Aztec squad is very young. Of the 48 student-athletes, there are just six seniors and five juniors. There are 25 freshmen, although many of them double as cross country runners.

Roster Breakdown

By Class

Seniors (6)

Je'Neal Ainsworth, Lisa-Anne Barrow, Marissa Berry, Bonnie Draxler, Lakin Hatcher, Angela Wilson

Juniors (5)

Taylor Alexander, Rachel Craft, Hannah Taylor, Kambridge Van Der Veur, Jael Wyatt

Sophomores (12)

Cari Acosta, Maya Brosch, Callista Fletcher, Jalyn Harris, Kaitlin Heri, Kiana Hunter, Lauryn Moore, Mackenzie Mora, Renee Phillips, Sakura Roberson, Danielle Scott, Asia Smith

Freshmen (25)

Sara Absten, Alysia Allen, Jordyn Bryant, Carina Clark, Nia Collins, Paige Comiso, Caitlyn Couch, Felicia Crenshaw, Marris D'Atri, Isabelle Davis, Danae Dyer, Kasey Ebb, Erica Grotegeer, Alize Hartke, Maro Kapetani, Renee Laurenzana, Carlene Masar, Tai McDonald, Nyjari McNeil, Natalie Media, Natalie Regalado, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Quinn Wiley

By Home State/Country

California (37)

Cari Acosta, Je'Neal Ainsworth, Maya Brosch, Jordyn Bryant, Nia Collins, Paige Comiso, Caitlyn Couch, Rachel Craft, Felicia Crenshaw, Marissa D'Atri, Isabelle Davis, Danae Dyer, Callista Fletcher, Erica Grotegeer, Jalyn Harris, Melody Harris, Alize Hartke, Kaitlin Heri, Kiana Hunter, Renee Laurenzana, Carlene Masar, Tai McDonald, Natalie Medina, Lauryn Moore, Mackenzie Mora, Renee Phillips, Natalie Regalado, Sakura Roberson, Danielle Scott, Asia Smith, Naomi Smitham, Vanessa Spizewski, Dejanae Thompson, Cassidy Townner, Angela Wilson, Jael Wyatt, Jasmine Young

Maryland (4)

Lisa-Anne Barrow, Kasey Ebb, Lakin Hatcher, Nyjari McNeil

Washington (3)

Sara Absten, Marissa Berry, Quinn Wiley

Colorado (1)

Taylor Alexander

Florida (1)

Carina Clark

Nevada (1)

Alysia Allen

Utah (1)

Kambridge Van Der Veur

Wisconsin (1)

Bonnie Draxler

Greece (1)

Maro Kapetani

By Event Group

Distance (12)

Paige Comiso, Caitlyn Couch, Marissa D'Atri, Isabelle Davis, Alize Hartke, Maro Kapetani, Renee Laurenzana, Carlene Masar, Mackenzie Mora, Renee Phillips, Naomi Smitham, Cassidy Townner

Hurdles (7)

Carina Clark, Je'Neal Ainsworth, Lisa-Anne Barrow, Maya Brosch, Danae Dyer, Asia Smith, Quinn Wiley

Jumps (5)

Je'Neal Ainsworth, Lisa-Anne Barrow, Vanessa Spizewski, Hannah Taylor, Dejanae Thompson

Mid-Distance (9)

Caitlyn Couch, Marissa D'Atri, Maro Kapetani, Mackenzie Mora, Renee Phillips, Sakura Roberson, Danielle Scott, Naomi Smitham, Angela Wilson

Multi's (2)

Sara Absten, Asia Smith

Pole Vault (6)

Taylor Alexander, Alysia Allen, Marissa Berry, Rachel Craft, Bonnie Draxler, Kaitlin Heri

Sprints (12)

Carina Clark, Bonnie Draxler, Danae Dyer, Kasey Ebb, Callista Fletcher, Jalyn Harris, Kiana Hunter, Tai McDonald, Lauryn Moore, Vanessa Spizewski, Quinn Wiley, Jael Wyatt

Throws (4)

Cari Acosta, Jordyn Bryant, Felicia Crenshaw, Kambridge Van Der Veur

2019 SDSU Track and Field Alphabetical Roster

Name	Events	Yr.	Hometown (Previous School)
Sara Absten	Multi's	Fr.	Burlington, Wash. (IMG Academy)
Cari Acosta	Throws	So.	Clovis, Calif. (Buchanan High)
Je'Neal Ainsworth	Hurdles/Jumps	Sr.	Long Beach, Calif. (Long Beach Polytechnic High)
Taylor Alexander	Pole Vault	Jr.	Vail, Colo. (Vail Christian High)
Alysia Allen	Pole Vault	Fr.	Reno, Nev. (Reed High)
Lisa-Anne Barrow	Sprints/Jumps	Sr.	Hyattsville, Md. (Holton-Arms High)
Marissa Berry	Pole Vault	Sr.	Kennewick, Wash. (Southridge High)
Maya Brosch	Hurdles	So.	South Lake Tahoe, Calif. (South Tahoe High)
Jordyn Bryant	Throws	Fr.	Oakland, Calif. (Miramonte High)
Carina Clark	Sprints/Hurdles	Fr.	Winter Springs, Fla. (Winter Springs High)
Nia Collins	Hurdles	Fr.	Sacramento, Calif. (Monterey Trail High)
Paige Comiso	Distance	Fr.	San Jose, Calif. (Presentation High)
Caitlyn Couch	Mid-Distance/Distance	Fr.	La Crescenta, Calif. (Crescenta Valley High)
Rachel Craft	Pole Vault	Jr.	Thousand Oaks, Calif. (Thousand Oaks High)
Felicia Crenshaw	Throws	Fr.	Costa Mesa, Calif. (Costa Mesa High)
Marissa D'Atri	Mid-Distance/Distance	Fr.	Martinez, Calif. (Alhambra High)
Isabelle Davis	Distance	Fr.	San Diego, Calif. (Del Norte High)
Bonnie Draxler	Pole Vault	RS-Sr.	Wrightstown, Wis. (Wrightstown High)
Danae Dyer	Sprints/Hurdles	Fr.	Temecula, Calif. (Temecula Valley High)
Kasey Ebb	Sprints	Fr.	Accokeek, Md. (Bullis High)
Callista Fletcher	Sprints	So.	San Diego, Calif. (Scripps Ranch High)
Erica Grotegeer	Throws	Fr.	Plumas Lake, Calif. (Wheatland Union High)
Jalyn Harris	Sprints	So.	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Alize Hartke	Distance	Fr.	Roseville, Calif. (Oakmont HS)
Lakin Hatcher	Sprints	Sr.	Woodstock, Md. (McDonogh High)
Kaitlin Heri	Pole Vault	So.	Redondo Beach, Calif. (Redondo Union High)
Kiana Hunter	Sprints	So.	Simi Valley, Calif. (Chaminade College Prep)
Maro Kapetani	Mid-Distance/Distance	Fr.	Athens, Greece (Campion International School)
Renee Laurenzana	Distance	Fr.	Escondido, Calif. (San Pasqual High)
Carlene Masar	Distance	Fr.	Jamul, Calif. (Steele Canyon High)
Tai McDonald	Sprints	Fr.	Sacramento, Calif. (Sheldon High)
Nyjari McNeil	Mid-Distance	Fr.	Reistertown, Md. (Franklin High)
Natalie Medina	Distance	Fr.	Spring Valley, Calif. (Bonita Vista High)
Lauryn Moore	Sprints	So.	Oakland, Calif. (Bishop O'Dowd High)
Mackenzie Mora	Mid-Distance/Distance	So.	Clovis, Calif. (Buchanan High)
Renee Phillips	Mid-Distance/Distance	So.	San Diego, Calif. (Coronado High)
Natalie Regalado	Mid-Distance	Fr.	Lake Forest, Calif. (Trabuco Hills High)
Sakura Roberson	Mid-Distance	So.	San Diego, Calif. (La Jolla High)
Danielle Scott	Mid-Distance	So.	Long Beach, Calif. (Poly High)
Naomi Smitham	Distance	Fr.	San Diego, Calif. (Canyon Crest Academy)
Vanessa Spizewski	Sprints/Jumps	Fr.	San Diego, Calif. (Rancho Buena Vista High)
Asia Smith	Multi's	So.	Escondido, Calif. (Mission Hills High)
Hannah Taylor	Jumps	Jr.	Montgomery, N.J. (Montgomery High)
Dejanae Thompson	Jumps	Fr.	San Diego, Calif. (Morse High)
Kambridge Van Der Veur	Throws	Jr.	Park City, Utah (Park City High)
Quinn Wiley	Sprints/Hurdles	Fr.	Seattle, Wash. (Chief Sealth High)
Angela Wilson	Mid-Distance	Sr.	Lancaster, Calif. (Antelope Valley College)
Jael Wyatt	Sprints	Jr.	San Diego, Calif. (Helix High)

Coaching Staff

Head Coach: Shelia Burrell (UCLA, 1995), Tenth season

Assistant Coach/Recruiting Coordinator: Alrick Munroe (Wayland Baptist Univ., 1988), Sixth season

Assistant Coach (Throws)/Director of Operations: Greg Garza (UCLA, 2008), Sixth season

Assistant Coach (Cross Country/Distance): Robert Lusitana (San Diego State, 1982), Second season

Assistant Coach (Pole Vault): Richard Fox (San Diego State, 1992), 24th season

Assistant Coach (Jumps): Craig Poole (Utah, 1970), Second season

Assistant Coach: Brad Johnson

2019 SDSU TRACK & FIELD PERFORMANCE LIST (as of January 19, 2019)

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 meters/second); conv - converted from 4x400-yard relay); Note that all personal records (PR) are collegiate personal records

Sara Absten

5-7 | Fr. | Burlington, Wash. | IMG Academy
INDOOR SEASON

60 Meter (PR: 8.07 (Jan. 18, 2019))			
8.07 (q, a)	20th	MLK Invitational	Jan. 18
600 Meter (PR: 1:45.45 (Jan. 18, 2019))			
1:45.45 (a)	27th	MLK Invitational	Jan. 18
High Jump (PR: 5-01.25 (Jan. 18, 2019))			
5-01.25	19th	MLK Invitational	Jan. 18
Shot Put (PR: 28-01.75 (Jan. 19, 2019))			
28-01.75	28th	MLK Invitational	Jan. 19

Taylor Alexander

5-6 | Jr. | Vail, Colo. | Vail Christian HS
INDOOR SEASON

Pole Vault (PR: 12-3.50 (Jan. 19, 2019))			
12-3.50	13th	UCS Pole Vault Summit	Jan. 19

Alysia Allen

5-7 | Fr. | Reno, Nev. | Reed HS
INDOOR SEASON

Pole Vault (PR: 12-11.50 (Jan. 19, 2019))			
12-11.50	4th	UCS Pole Vault Summit	Jan. 19

Marissa Berry

5-4 | Sr. | Kennewick, Wash. | Southridge HS
INDOOR SEASON

Pole Vault (PR: 13-9.25 (Feb. 24, 2017))			
12-3.50	11th	UCS Pole Vault Summit	Jan. 19

Maya Brosch

5-7 | So. | South Lake Tahoe, Calif. | South Tahoe HS
INDOOR SEASON

400 Meters (PR: 59.01 (Jan. 18, 2019))			
59.01 (a)	5th	MLK Invitational	Jan. 18
4x400-Meter Relay			
3:48.36 (a)	4th	MLK Invitational	Jan. 19

Jordyn Bryant

5-10 | Fr. | Oakland, Calif. | Miramonte HS
INDOOR SEASON

Shotput (PR: 45-01.00 (Jan. 19, 2019))			
45-01.00 (9)	4th	MLK Invitational	Jan. 19

Nia Collins

5-4 | Fr. | Sacramento, Calif. | Monterey Trail HS
INDOOR SEASON

200 Meters (PR: 26.45 (Jan. 18, 2019))			
26.45 (a)	41st	MLK Invitational	Jan. 18
400 Meters (PR: 59.80 (Jan. 18, 2019))			
59.80 (u, a)	8th	MLK Invitational	Jan. 18
4x400-Meter Relay			
3:48.36 (a)	4th	MLK Invitational	Jan. 19

Rachel Craft

5-6 | Jr. | Thousand Oaks, Calif. | Thousand Oaks HS
INDOOR SEASON

Pole Vault (PR: 11-04.50 (Jan. 27, 2018))			
NH		UCS Pole Vault Summit	Jan. 19

Bonnie Draxler

5-5 | RS-Sr. | Wrightstown, Wis. | Wrightstown HS
INDOOR SEASON

Pole Vault (PR: 14-3.75 (Jan. 18, 2019))			
14-3.75 (SR)	3rd	UCS Pole Vault Summit	Jan. 18

Danae Dyer

5-9 | Fr. | Temecula, Calif. | Temecula Valley HS
INDOOR SEASON

60 Meters (PR: 7.71 (Jan. 19, 2019))			
7.71 (q, a)	3rd	MLK Invitational	Jan. 19
7.80 (p, a)	16th	MLK Invitational	Jan. 19
200 Meters (PR: 24.31 (Jan. 18, 2019))			
24.31 (a)	8th	MLK Invitational	Jan. 18
60 Meter Hurdles (PR: 8.36 (Jan. 19, 2019))			
8.36 (p, a, 7)	5th	MLK Invitational	Jan. 19
8.41 (f, a)	7th	MLK Invitational	Jan. 19

Kasey Ebb

5-5 | Fr. | Accokeek, Md. | Bullis HS
INDOOR SEASON

200 Meters (PR: 25.46 (Jan. 18, 2019))			
25.46 (a)	22nd	MLK Invitational	Jan. 18
400 Meters (PR: 57.80 (Jan. 19, 2019))			
57.80 (a)	11th	MLK Invitational	Jan. 19
4x400-Meter Relay			
3:48.36 (a)	4th	MLK Invitational	Jan. 19

Callista Fletcher

5-7 | So. | San Diego, Calif. | Scripps Ranch HS
INDOOR SEASON

60 Meters (PR: 7.49 (Jan. 19, 2019))			
7.55 (q, a)	1st	MLK Invitational	Jan. 19
7.49 (p, a)	9th	MLK Invitational	Jan. 19
7.55 (f, a)	6th	MLK Invitational	Jan. 19
200 Meters (PR: 24.46 (Feb. 23, 2018))			
24.50 (a)	9th	MLK Invitational	Jan. 19

Jalyn Harris

5-10 | So. | Rancho Cucamonga, Calif. | Rancho Cucamonga HS
INDOOR SEASON

4x400-Meter Relay			
3:48.36 (a)	4th	MLK Invitational	Jan. 19

Lakin Hatcher

5-6.5 | Sr. | Woodstock, Md. | McDonogh HS
INDOOR SEASON

200 Meters (PR: 24.95 (Feb. 10, 2018))			
25.71 (a)	29th	MLK Invitational	Jan. 19
400 Meters (PR: 56.94 (Feb. 10, 2018))			
59.01 (a)	16th	MLK Invitational	Jan. 19

Kaitlin Heri

5-6 | So. | Redondo Beach, Calif. | Redondo Union
INDOOR SEASON

Pole Vault (PR: 12.3.50 (Jan. 19, 2019))			
12-3.50	9th	UCS Pole Vault Summit	Jan. 19

Tai McDonald

5-4 | Fr. | Sacramento, Calif. | Sheldon HS
INDOOR SEASON

60 Meters (PR: 7.84 (Jan. 19, 2019))			
7.86 (q, a)	7th	MLK Invitational	Jan. 19
7.84 (p, a)	19th	MLK Invitational	Jan. 19
200 Meters (PR: 26.18 (Jan. 19, 2019))			
26.18 (a)	37th	MLK Invitational	Jan. 19

Nyjari McNeil

5-8 | Fr. | Reistertown, Md. | Franklin HS
INDOOR SEASON

600 Meters (PR: 1:30.22 (Jan. 18, 2019))			
1:30.22 (SR, a)	2nd	MLK Invitational	Jan. 18
800 Meters (PR: 2:14.09 (Jan. 19, 2019))			
2:14.09 (6, a)	4th	MLK Invitational	Jan. 19

Sakura Roberson

5-11 | So. | San Diego, Calif. | La Jolla HS
INDOOR SEASON

600 Meters (PR: 1:32.32 (Jan. 18, 2019))			
1:32.32 (a, 3)	4th	MLK Invitational	Jan. 18
800 Meters (PR: 2:19.59 (Jan. 19, 2019))			
2:19.59 (a)	6th	MLK Invitational	Jan. 19

Danielle Scott

5-6 | So. | Long Beach, Calif. (Poly HS)
INDOOR SEASON

800 Meters (PR: 2:27.68 (Jan. 19, 2019))			
2:27.68 (a)	12th	MLK Invitational	Jan. 19

Vanessa Spizewski

5-9 | Fr. | San Diego, Calif. (Rancho Buena Vista HS)
INDOOR SEASON

Long Jump (PR: 16-08.50 (Jan. 19, 2019))			
16-08.50	23rd	MLK Invitational	Jan. 19

Asia Smith

5-9 | So. | Escondido, Calif. (Mission Hills HS)
INDOOR SEASON

600 Meters (PR: 1:52.57 (Jan. 18, 2019))			
1:52.57 (a)	31st	MLK Invitational	Jan. 18
60-Meter Hurdles (PR: 8.77 (Feb. 22, 2018))			
8.84 (p, a)	11th	MLK Invitational	Jan. 19
High Jump (PR: 5-03.25 (Jan. 19, 2019))			
5-03.25	T-7th	MLK Invitational	Jan. 19
Shot Put (PR: 37-3.75 (Jan. 27, 2018))			
36-00.25	22nd	MLK Invitational	Jan. 19

Hannah Taylor

5-11 | Jr. | Montgomery, N.J. | Montgomery HS
INDOOR SEASON

High Jump (PR: 5-7.00 (Jan. 28, 2017))			
5-01.25	18th	MLK Invitational	Jan. 19

Angela Wilson

5-8 | Sr. | Lancaster, Calif. | Antelope Valley College
INDOOR SEASON

600 Meters (PR: 1:39.12 (Jan. 18, 2019))			
1:39.12 (a, 9)	17th	MLK Invitational	Jan. 18
800 Meters (PR: 2:19.38 (February 24, 2018))			
2:22.06	9th	MLK Invitational	Jan. 19

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarterfinals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay); Note that all personal records (PR) are collegiate personal records

INDOOR

2019 SDSU TRACK & FIELD PERFORMANCE LIST (as of January 19, 2019)

60 METERS

School Record: 7.17 (Ashley Henderson, 2017)

Time	Athlete	Place	Notes	Meet	Date
7.49	Callista Fletcher	4th	No. 9 all-time; Prelims; Altitude	MLK Invite	Jan. 19
7.55	Callista Fletcher	6th	Finals; Altitude	MLK Invite	Jan. 19
7.55	Callista Fletcher	1st	Qualifying; Altitude	MLK Invite	Jan. 19
7.71	Danae Dyer	3rd	Qualifying; Altitude	MLK Invite	Jan. 19
7.80	Danae Dyer	16th	Prelims; Altitude	MLK Invite	Jan. 19
7.84	Tai McDonald	19th	Prelims; Altitude	MLK Invite	Jan. 19
7.86	Tai McDonald	7th	Qualifying; Altitude	MLK Invite	Jan. 19
8.07	Sara Absten	20th	Qualifying; Altitude	MLK Invite	Jan. 19

200 METERS

School Record: 22.41 (Ashley Henderson, 2018)

Time	Athlete	Place	Notes	Meet	Date
24.31	Danae Dyer	8th	Altitude	MLK Invite	Jan. 18
24.50	Callista Fletcher	9th	Altitude	MLK Invite	Jan. 18
25.46	Kasey Ebb	22nd	Altitude	MLK Invite	Jan. 18
25.71	Lakin Hatcher	29th	Altitude	MLK Invite	Jan. 18
26.18	Tai McDonald	37th	Altitude	MLK Invite	Jan. 18
26.45	Nia Collins	41st	Altitude	MLK Invite	Jan. 18

400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
57.80	Kasey Ebb	11th	Altitude	MLK Invite	Jan. 19
59.01	Lakin Hatcher	16th	Altitude	MLK Invite	Jan. 19
59.01	Maya Brosch	5th	Unseeded; Altitude	MLK Invite	Jan. 19
59.80	Nia Collins	8th	Unseeded; Altitude	MLK Invite	Jan. 19

600 METERS

School Record: 1:30.22 (Nyjari McNeil, 2019)

Time	Athlete	Place	Notes	Meet	Date
1:30.22	Nyjari McNeil	2nd	School Record; Altitude	MLK Invite	Jan. 18
1:32.32	Sakura Roberson	4th	No. 3 all-time; Altitude	MLK Invite	Jan. 18
1:39.12	Angela Wilson	17th	No. 9 all-time; Altitude	MLK Invite	Jan. 18
1:39.64	Danielle Scott	18th	Altitude	MLK Invite	Jan. 18
1:45.45	Sara Absten	27th	Altitude	MLK Invite	Jan. 18
1:52.57	Asia Smith	31st	Altitude	MLK Invite	Jan. 18

800 METERS

School Record: 2:09.67 (Ellison Grove, 2016)

Time	Athlete	Place	Notes	Meet	Date
2:14.09	Nyjari McNeil	4th	No. 6 all-time; Altitude	MLK Invite	Jan. 19
2:19.59	Sakura Roberson	6th	Altitude	MLK Invite	Jan. 19
2:22.06	Angela Wilson	9th	Altitude	MLK Invite	Jan. 19
2:27.68	Danielle Scott	12th	Altitude	MLK Invite	Jan. 19

1,000 METERS

School Record: 2:52.69 (Ellison Grove, 2017)

Time	Athlete	Place	Notes	Meet	Date
------	---------	-------	-------	------	------

MILE

School Record: 4:37.4 (Lynn Kanuka, 1981)

Time	Athlete	Place	Notes	Meet	Date
------	---------	-------	-------	------	------

60-METER HURDLES

School Record: 8.11 (Micha Auzenne, 2017)

Time	Athlete	Place	Notes	Meet	Date
8.36	Danae Dyer	5th	No. 7 all-time; Prelims Altitude	MLK Invite	Jan. 19
8.41	Danae Dyer	7th	Finals; Altitude	MLK Invite	Jan. 19
8.84	Asia Smith	11th	Prelims; Altitude	MLK Invite	Jan. 19

4x400-METER RELAY

School Record: 3:40.16 (McPherson, Lea, Glenn, Knight, 2017)

Time	Team	Place	Notes	Meet	Date
3:48.36	Ebb, Harris, Collins, Brosch	4th	Altitude	MLK Invite	Jan. 19

HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-03.25	Asia Smith	T-7th		MLK Invite	Jan. 18
5-01.25	Hannah Taylor	18th		MLK Invite	Jan. 18

5-01.25 Sara Absten

19th

MLK Invite Jan. 18

POLE VAULT

School Record: 14-03.75 (Bonnie Draxler, 2019)

Mark	Athlete	Place	Notes	Meet	Date
14-03.75	Bonnie Draxler	T-3rd	School Record; Invite	UCS PV Summit	Jan. 18
12-11.00	Alysia Allen	4th		UCS PV Summit	Jan. 19
12-03.50	Kaitlin Heri	9th		UCS PV Summit	Jan. 19
12-03.50	Marissa Berry	11th		UCS PV Summit	Jan. 19
12-03.50	Taylor Alexander	13th		UCS PV Summit	Jan. 19

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
16-08.50	Vanessa Spizewski	23rd	MLK Invite		Jan. 18

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
------	---------	-------	-------	------	------

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
45-01.00	Jordyn Bryant	4th	No. 9 all-time	MLK Invite	Jan. 19
36-00.25	Asia Smith	22nd		MLK Invite	Jan. 19
28-01.75	Sara Absten	28th		MLK Invite	Jan. 19