



2019 FSU Relays

Final Schedule

Friday

Field Events

- 9:30 am Hammer (M & W follow)
11:30 am **FSU Senior Recognition**
12:00 pm Discus (M & W follow)
12:30 pm Pole Vault (M & W follow)
Long Jump (M)
Long Jump (W)
1:30 pm High Jump (M & W follow)
3:00 pm Shot Put (M)
3:00 pm Shot Put (W)
3:30 pm Triple Jump (M)
Triple Jump (W)
5:00 pm Javelin (M & W follow)

Running Events

- 1:30 pm **National Anthem**
1:40 pm 110 Hurdles (M)
100 Hurdles (W)
2:00 pm 800 (M & W follow)
800 (Boys & Girls follow)
2:40 pm 4x100 Relay (M)
4x100 Relay (W)
3:00 pm 400 (M)
400 (W)
3:30 pm 400 Hurdles (M)
400 Hurdles (W)
4:10 pm 100 (M)
100 (W)
4:30 pm 2k Steeplechase (M)
2k Steeplechase (W)
Dinner break for officials
5:10 pm 1500 (M)
1500 (W)
5:30 pm 200 (M & W follow)
200 (Boys & Girls follow)
6:10 pm **Women's 50th Celebration**
6:20 pm 5000 (M)
5000 (W)
7:10 pm 4x400 (M)
4x400 (W)
7:45 pm 3200 Invitational (B)
3200 Invitational (G)

Saturday

Field Events

- 10:00 am High Jump (Girls)
Shot Put (Girls)
Long Jump (Girls)
Pole Vault (B & G follow)
Discus (Boys)
Long Jump (Boys)
1:00 pm High Jump (Boys)
Shot Put (Boys)
Triple Jump (Boys)
Discus (Girls)
Triple Jump (Girls)

Running Events

- 7:30 am 3200 Consolation Boy
3200 Consolation Girls
1600 Consolation Boys
1600 Consolation Girls
11:00 am **National Anthem**
11:10 am 110 Hurdles
100 Hurdles
11:30 am 4x800 Boys
4x800 Girls
12:30 pm 400 Boys
400 Girls
12:50 pm 100 Boys
100 Girls

AWARDS – first 4 running events/6 field events (top3)

- 1:30 pm 4x100 Boys
4x100 Girls
3:10 pm 300 Hurdles Boys
300 Hurdles Girls
3:40 pm 1600 Boys
1600 Girls
4:10 pm 4x400 Boys
4x400 Girls

AWARDS – last 4 running events/6 field events (top3)

Team Awards

SCHEDULE FINALIZED March 19 at 4:30 p.m.!!!